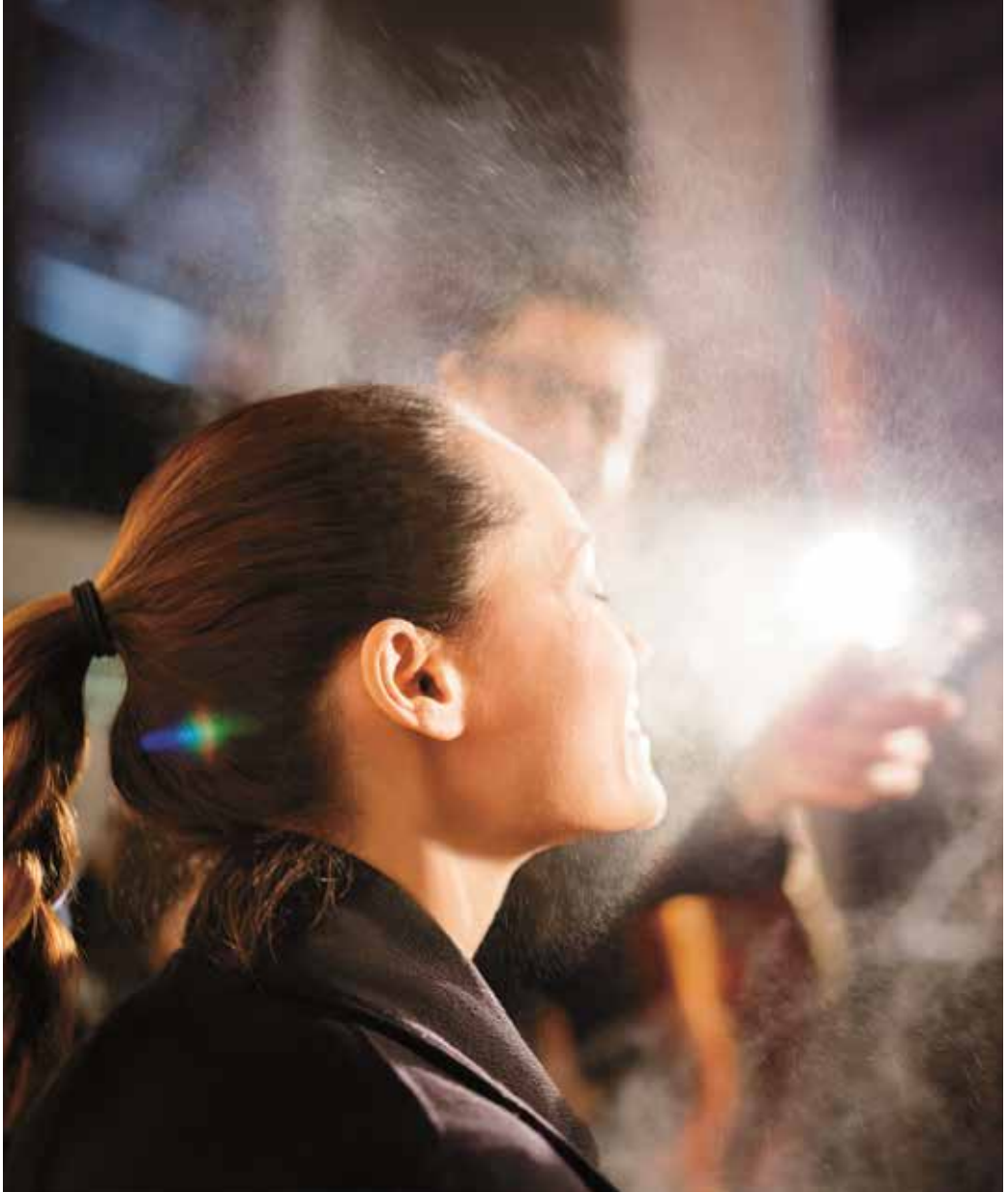


Dr. Hauschka



Cosmetics Culture 2018

“People need two kinds of beauty –
inner and outer.”

Elisabeth Sigmund



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We are still rebels.

Think that night time facial care has to be oily? Our products allow the skin to breathe. Think that men need their own skin care range? We focus on the skin condition rather than gender. Think that only global beauty groups can produce premium cosmetics? Ours come from a rural manufacturer of medicines.

“We naturally felt like rebels when we developed these unconventional cosmetics”, commented Elisabeth Sigmund, speaking about the early days of Dr.Hauschka in 1967. And we can honestly say that we are still not ‘ordinary’ today.



We keep everything natural.

Synthetic fragrances, dyes and preservatives? Not for us. Silicones, PEG and mineral oils? Nowhere to be found in our products. Dr. Hauschka Skin Care products are made using medicinal plants, the best natural substances, the results of our scientific research – along with lots and lots of effort.

As 100% natural cosmetics, our products are NATRUE-certified. However, we often go above and beyond just meeting the specifications of this international seal of quality with our own, even stricter criteria. Natural cosmetics are not a passing trend for us – they are a serious and stubborn tradition that we have maintained for 50 years.

We do things differently.

Our skin looks after itself and renews itself. Cosmetics can and should not take these tasks away from it. The Dr. Hauschka concept aims to cleanse, tone, moisturise and beautify, while also considering the skin's natural day/night rhythm.

We particularly believe in the importance of oil-free night care. As we come to rest, a period of regeneration begins. The skin should be able to breathe freely during this – and it cannot do so if trapped under a greasy layer. Despite this, we are relatively alone in our recommendation. And are therefore only able to sell half the amount of cream as others.





We are extremely selective.

Wilted herbs cannot be used to make a tasty soup or premium natural cosmetics. We are therefore rather meticulous when selecting our raw materials. Whenever possible, they grow in biodynamic quality in our own medicinal herb garden or on our biodynamic farm. Often, they are harvested in the early hours of the morning so that they retain their full natural strength.

What we do not cultivate ourselves, comes in part from wild collections in the Swabian Jura Mountains and in part from organic cultivation projects worldwide. Alternatively, from partners who work as fairly and sustainably as we do.

We stick to the rhythm.

Our company founder Dr. Rudolf Hauschka liked to do things differently. For example, he was dissatisfied with the fact that plant extracts often contained alcohol as a preservative. Therefore, he developed a procedure that used the rhythms of nature instead.

Even today, rhythmic extract procedures remain part of our complex manufacturing process. During these, we subject natural substances to the alternating influence of heat and cold, darkness and light and rest and movement. We retain the powers of nature and the effectiveness of our medicinal plants without synthetic preservatives.





We compose cosmetics.

You need more than a melody to create a symphony. Only through the complex interaction of the individual instruments in an orchestra can the music be produced in all its glory.

Similar applies to each and every Dr. Hauschka Skin Care formulation. As a manufacturer of medicines, we know that every plant, every natural ingredient and its specific properties contributes to making the overall composition of a product harmonious and effective. Even if this makes the manufacturing processes somewhat more complicated.

We have inner beauty too.

Our co-founder Elisabeth Sigmund once said: "People need two kinds of beauty – inner and outer." And we truly believe this: if you care for your skin with valuable natural cosmetics, look after yourself and find your inner balance, this is also reflected in your outer appearance.

The products in the Dr. Hauschka Make-up line highlight rather than conceal the personality. They provide balance and colour by allowing the user's natural vitality and beauty to shine through.



A harmonising
all-rounder:
the rose.

It is fascinating to see just how much roses can do for your skin. After all, they are masters of balance: strong but also soft, resilient yet tender. It is these contrasting characteristics that give the rose its harmonising cosmetic effect. It is therefore also no wonder that it was the rose with which Dr. Rudolf Hauschka developed his unique production process. As Dr. Hauschka obtains roses in an environmentally friendly and fair manner, the ecological and social balance is retained too.

The rose is an extraordinary plant in the truest sense of the word. It has sharp thorns yet also magnificent, delicate flowers. It has a firmly rooted, solid root system but also a beguiling scent. You could say that the rose moves between opposites, combining these polarities through harmonious balance. It likes to unfurl these properties, which also lead to its use as a medicinal plant, in Dr. Hauschka Skin care products; it is for good reason that rose preparations of one form or another are found in nearly all of these.

To date, over 400 different substances have been identified in essential rose oil alone. There are furthermore tannins, lipids, waxes and resins, which can also be used for cosmetics. This huge diversity has a balancing, normalising effect on the skin.

It is fascinating to see just how much roses can do for your skin.

Queen of the medicinal plants.



To make use of all aspects/facets of the rose, we use difference preparations for Dr. Hauschka Skin Care products:

Essential rose oil.

Every drop of rose oil contains the concentrated fragrance of countless, hand-picked rose petals. The oil is carefully obtained using steam distillation and therefore part of many of our fragrance mixtures. In strengthening **Rose Nurturing Body Oil**, for example, it helps to alleviate nervousness and mental exhaustion.

Rose wax.

The wax obtained from the rose petals forms a delicate and protective layer on the skin to prevent it from drying out. For example, in our rich **Rose Nurturing Body Cream**, which stimulates and strengthens the skin's natural barrier function, or our **Lipstick**, which offers intensive colour, soft shimmer and care in one.

Aqueous extract from wild rose fruits and rose petals.

Rose petal extracts produced ourselves using special procedures unfurl their harmonising force in many Dr. Hauschka products. One such example is **Rose Day Cream Light**, which strengthens the skin while also helping it retain moisture.

Oily extract.

The active substances from dried Damask rose petals are extracted at body temperature using vegetable oils and can therefore unfurl their skin care effect. In the case of the **Lip Care Stick**, the extract makes lips silky-smooth.

Rose water.

The rose water created when obtaining essential rose oil using steam distillation is harmonising and provides an elegantly subtle scent to products such as **Rose Deodorant**.

A remarkable family.

Roses in general are far more diverse than you may think and play an important part in our food supply. With fruit, nuts and herbs all belonging to this family, Roses support our health and wellbeing. It is no wonder that Dr. Hauschka Skin Care not only uses the rose but also many other members of this family in its products:

01 Blackthorn

Blackthorn extracts fortify and warm the skin for a revitalised and radiant appearance.

02 Quince

Quince seed extracts are characterised by excellent skin tolerability and anti-irritant properties. They furthermore regulate the skin's natural moisture level.

03 Almond

The almond oil pressed from the seeds is a mild and highly lipogenous skin care oil. The almond flour left over when obtaining almond oil is used in Cleansing Cream to gently cleanse the skin.

04 Apricot

Thanks to its ability to support the skin's moisture balance, apricot kernel oil is particularly ideal for use on sensitive, dry, chapped and cracked skin. It softens the skin, supports the tissue and promotes cell renewal.

05 Tormentil

Tormentil's rhizome contains more tannins than almost any other known plant. These natural ingredients soothe itchy skin and skin prone to inflammation. Their anti-inflammatory effect also makes tormentil extracts ideal for dental and oral care.

06 Apple

The apple is being used by Dr. Hauschka Skin Care for the first time in the oil-free Night Serum, which supports the skin during the night for a radiantly fresh appearance in the morning. Its freshly harvested flowers and fruits are prepared in a proprietary production process, obtaining a rhythmical extract from the apple blossom and apple water from the fruit.

07 Raspberry

The seeds from the rose's little sister are used to obtain a delicate oil with a wonderfully fruity scent that helps the skin retain moisture.



01



02



03



04



05



06



07

Roses instead of opium.

The rose is a very precious raw material for WALA. For example, it takes four tonnes of rose petals to create one kilogram of essential rose oil.

Every Dr. Hauschka Rose Day Cream contains the equivalent of about 35 rose buds. In Afghanistan, one of the poorest countries in the world, WALA has provided support and advice for a World Hunger Organisation project for many years. It offers people the opportunity to grow organic roses instead of poppies, which are used to produce opium and heroin. The project was launched in 2006 and

has developed so successfully that it can now be independently managed by an Afghan partner.

We use these kinds of cultivation projects to help people safeguard their livelihood and improve their economic and social situation. We also promote organic farming. At the same time, we ensure a reliable supply of raw materials that meet our high quality standards.



Individual and unique,
authentic and expressive,
your face reveals your love of life.

At one with yourself.

When you look in the mirror, you see more than just a familiar face: you pick up the signals that are emitted by your skin, your lips and your eyes. We believe that you can sense what is benefitting you today and what is helping you to be at one with yourself and the world.

We believe that your face cannot be observed as separate from your body, your body not separate from your mind and your inner being not separate from external influences. Our facial care affects more than just your skin.

Your skin is unique

Skin is a flexible, strong yet sensitive organ. You and your skin cannot be classified as a single 'type': you need the right care concepts for different days and

places, different seasons and different stages of life. At Dr. Hauschka, we therefore refer to skin conditions which appear and disappear, rather than static skin types. You are not a 'dry skin' or 'combination skin'.

You will tend to have certain skin conditions but do not retain these for life. For example, you may use *Quince Day Cream* for normal skin most days of the year but replace this with *Rose Day Cream* if your skin is feeling sensitive.

Dr. Hauschka facial care products are as diverse as you are. Whatever your skin condition at your current stage of life, the precious product compositions stimulate your skin's natural regeneration.

Welcome to your own personal balance.



A skin care concept as rhythmic as life itself.

Your skin during the day – your skin at night

During the day, your skin takes on a different task than in the night. Its activity relates to outside influences: the skin allows you to feel and experience the world up close, but with protective limits. At night the skin is not required to keep environmental influences away from the body and instead focuses its power inward for regeneration. The unique skin care concept of Dr. Hauschka respects and supports this rhythm.

**Our basic skin care routine for day and night.**

The Dr. Hauschka skin care concept accompanies your skin 24 hours a day. It comprises of three steps, for both mornings and nights: in the morning after cleansing and toning, your skin requires daytime skin care that suits your individual needs and protects you from environmental influences such as wind and rain. During the night, on the other hand, your skin is nurtured with non-oily skin care, which allows it to breathe freely; to tone, regenerate and vitalise. All Dr. Hauschka night time skin care products therefore give your skin stimuli that support its natural regeneration processes – so that you wake up the next morning with a fresh complexion.

Time for a treatment

The ampoules and intensive treatments support your skin's 28 day cycle – in other words, an entire regeneration cycle. The treatments remind your skin of its renewal processes, normalise its functions and restore its natural balance.

A little bit of extra care

Used once or twice a week, intensive skin care products compliment your skin care routine and give your skin a break: prepare your face for the treatment mask best suited for your skin's needs by first deeply cleansing with *Clarifying Steam Bath* and *Clarifying Clay Mask*.

Determine your skin condition here:
www.dr.hauschka.com/en_GB/carerituals/skin-consultation

For a personal skin care consultation, please visit your local Dr. Hauschka retailer, esthetician or call our Customer service team.

Normal skin

Fresh, moist, rosy with a slightly oily T-zone, not sensitive or reactive

Basic skin care	Day-time	Cleansing Cream	Facial Toner	Quince Day Cream
	Night-time	Soothing Cleansing Milk (make-up remover) Cleansing Cream	Facial Toner	Night Serum
Treatment	Day-time	Cleansing Cream	Facial Toner	Quince Day Cream
	Night-time	Soothing Cleansing Milk (make-up remover) Cleansing Cream	Renewing Night Conditioner	
Intensive skin care		Clarifying Steam Bath	Clarifying Clay Mask	Firming Mask or Revitalising Mask

Dehydrated, dry skin

Fine-pored, low oil content, dehydrated, premature wrinkling, feels tight, pale

Basic skin care	Day-time	Cleansing Cream	Facial Toner	Revitalising Day Cream and/or Rose Day Cream
	Night-time	Soothing Cleansing Milk (make-up remover) Cleansing Cream	Facial Toner	Night Serum
Treatment	Day-time	Cleansing Cream	Facial Toner	Revitalising Day Cream and/or Rose Day Cream
	Night-time	Soothing Cleansing Milk (make-up remover) Cleansing Cream	Renewing Night Conditioner	
Intensive skin care		Clarifying Steam Bath	Clarifying Clay Mask	Revitalising Mask, Firming Mask or Hydrating Cream Mask

Sensitive skin

Redness, thin skin, may have persistent redness in the cheeks / nose area, visible blood vessels

Basic skin care	Day-time	Soothing Cleansing Milk	Facial Toner	Rose Day Cream Light or Rose Day Cream
	Night-time	Soothing Cleansing Milk (also as make-up remover)	Facial Toner	Night Serum
Treatment	Day-time	Soothing Cleansing Milk	Sensitive Care Conditioner or Soothing Intensive Treatment	Rose Day Cream Light or Rose Day Cream
	Night-time	Soothing Cleansing Milk (also as make-up remover)	Sensitive Care Conditioner or Soothing Intensive Treatment	
Intensive skin care		Clarifying Steam Bath	Clarifying Clay Mask	Soothing Mask, Revitalising Mask or Hydrating Cream Mask

Sensitive combination skin

Redness, oily T-zone, large-pored, possibly blemished, dry cheeks

Basic skin care	Day-time	Cleansing Cream	Clarifying Toner	Melissa Day Cream
	Night-time	Soothing Cleansing Milk (make-up remover) Cleansing Cream	Clarifying Toner	Night Serum
Treatment	Day-time	Cleansing Cream	Sensitive Care Conditioner or Soothing Intensive Treatment	Melissa Day Cream
	Night-time	Soothing Cleansing Milk (make-up remover) Cleansing Cream	Sensitive Care Conditioner or Soothing Intensive Treatment	
Intensive skin care		Clarifying Steam Bath	Clarifying Clay Mask	Soothing Mask or Revitalising Mask

Combination skin

Blemished T-zone, large-pored, quickly becomes oily, dry cheeks

Basic skin care	Day-time	Cleansing Cream	Clarifying Toner	Mix Revitalising Day Cream and Clarifying Day Oil
	Night-time	Soothing Cleansing Milk (make-up remover) Cleansing Cream	Clarifying Toner	Night Serum
Treatment	Day-time	Cleansing Cream	Clarifying Toner*	Mix Revitalising Day Cream and Clarifying Day Oil
	Night-time	Soothing Cleansing Milk (make-up remover) Cleansing Cream	Renewing Night Conditioner, Clarifying Intensive Treatment (up to age 25) or Clarifying Intensive Treatment (age 25+)	
Intensive skin care		Clarifying Steam Bath	Clarifying Clay Mask	Revitalising Mask

* During the intensive treatment period, in the mornings please replace the Clarifying Toner with the Clarifying Intensive Treatment (up to age 25) or Clarifying Intensive Treatment (age 25+)

Blemished, oily skin

Large-pored, quickly becomes oily, blemished

Basic skin care	Day-time	Cleansing Cream	Clarifying Toner	Clarifying Day Oil
	Night-time	Soothing Cleansing Milk (make-up remover) Cleansing Cream	Clarifying Toner	Night Serum
Treatment	Day-time	Cleansing Cream	Clarifying Toner*	Clarifying Day Oil
	Night-time	Soothing Cleansing Milk (make-up remover) Cleansing Cream	Renewing Night Conditioner, Clarifying Intensive Treatment (up to age 25) or Clarifying Intensive Treatment (age 25+)	
Intensive skin care		Clarifying Steam Bath	Clarifying Clay Mask	Revitalising Mask

* During the intensive treatment period, in the mornings please replace the Clarifying Toner with the Clarifying Intensive Treatment (up to age 25) or Clarifying Intensive Treatment (age 25+)

Mature skin

Declining elasticity of the skin, wrinkling, increased dryness, may have persistent redness in cheeks / nose areas (visible blood vessels), menopause-induced age spots

Basic skin care	Day-time	Cleansing Cream	Facial Toner	Regenerating Serum	Regenerating Day Cream
	Night-time	Soothing Cleansing Milk (make-up remover) Cleansing Cream		Facial Toner	Regenerating Serum
Treatment	Day-time	Cleansing Cream	Facial Toner*	Regenerating Serum	Regenerating Day Cream
	Night-time	Soothing Cleansing Milk (make-up remover) Cleansing Cream		Renewing Night Conditioner, Regenerating Intensive Treatment or Intensive Treatment for Menopausal Skin	
Intensive skin care		Clarifying Steam Bath	Clarifying Clay Mask	Firming Mask, Revitalising Mask, Soothing Mask or Hydrating Cream Mask	

* During the intensive care period, in the mornings, please replace the Facial Toner and Regenerating Serum with Regenerating Intensive Treatment or Intensive Treatment for Menopausal Skin

Cleansing allows your skin to breathe.

Cleansing your face is as natural as breathing. It cleanses and relieves the skin and forms the basis for the holistic Dr. Hauschka Skin Care concept. Your skin will have a radiant new freshness, pore-deep clarity and a healthy, rosy complexion.

Dr. Hauschka products for facial cleansing are free from surfactants and support the skin's own activity. The basic cleansing routine involves using *Cleansing Cream* or *Soothing Cleansing Milk* in the mornings

and evenings. This gently prepares the skin for the subsequent steps in the skin care routine. This does more than just let our skin breathe: we feel free and create the prerequisites for natural beauty.

Tip

Clarifying Steam Bath and *Clarifying Clay Mask* complement the facial care range for intensive cleansing and is suitable for all skin conditions (see page 47).



Almond flour – *Prunus dulcis*



Soothing Cleansing Milk

cleanser, make-up remover

Soothing Cleansing Milk removes dirt and make-up prior to cleansing with Cleansing Cream. For sensitive skin, Soothing Cleansing Milk can be used as a daily cleanser in the mornings and evenings to prepare the skin for a toner and day or night care.

Formulation: Anthyllis, jojoba and almond oil gently cleanse and maintain the skin's naturally protective acid mantle.

Skin condition

For dry, sensitive and normal skin. As a make-up remover, it is suitable for all skin conditions.

Usage

Each morning and evening, apply evening to a damp face. Remove using water, a cosmetic sponge or a lukewarm cloth. To remove eye make-up, apply a little Soothing Cleansing Milk to a dampened cotton pad and use gentle sweeping movements from the inside to the outside corner of your closed eye.

Tip

For complete cleansing after removing make-up, we recommend the use of *Cleansing Cream*.

Ingredients

Aqua, Alcohol, Anthyllis Vulneraria Extract, Simmondsia Chinensis Seed Oil, Prunus Amygdalus Dulcis Oil, Prunus Armeniaca Kernel Oil, Glycerin, Lactobacillus/Oat/Rye/Wheat Seed Extract Ferment, Cetearyl Alcohol, Bentonite, Lecithin, Xanthan Gum, Hydrolyzed Wheat Gluten, Parfum*, Limonene*, Linalool*, Geraniol*, Citronellol*, *component of natural essential oils



Cleansing Cream

refines, revitalises and deeply cleanses

Cleansing Cream offers renewing, refreshing care to the skin. This gentle cleanser exfoliates and supports the skin's natural protective function, preparing it for a toner and day or night care. Formulation: Calendula, chamomile, St. John's wort, anthyllis and sweet almond meal gently cleanse while revitalising skin and minimising the appearance of pores.

Skin condition

For all skin conditions.

Usage

Cleanse in the morning and evening. Moisten face and neck with warm water. Include décolleté if desired. Mix 1-2 cm (1/2 inch) of Cleansing Cream with water in the palms to form a smooth, creamy paste. Press gently into the skin with a rolling motion, starting in the centre of the forehead then slowly working outward and down. Use gentle movements. Do not rub—this is not a face scrub. Avoid the eye area. Dampen your hands again. Repeat several times. Rinse with plenty of warm water then finish with a splash of cool, fresh water. For sensitive skin use warm water only.

Tip

The moisturising properties of the Cleansing Cream make it the ideal preparation for the Dr. Hauschka oil-free night time skin care products.

Ingredients

Aqua, Prunus Amygdalus Dulcis Seed Meal, Calendula Officinalis Flower Extract, Anthyllis Vulneraria Extract, Alcohol, Arachis Hypogaea Oil, Chamomilla Recutita Flower Extract, Hypericum Perforatum Flower/Leaf/Stem Extract, Helianthus Annuus Seed Oil, Hamamelis Virginiana Bark/Leaf Extract, Triticum Vulgare Germ Oil, Prunus Amygdalus Dulcis Oil, Parfum*, Citronellol*, Geraniol*, Malpighia Punicifolia Fruit Extract, Xanthan Gum, Lecithin, Algin. *component of natural essential oils

When your skin needs a little support.



Our skin not only reflects our inner being, but also acts as a mediator with the outside world: it protects us against external influences and balances temperature fluctuations. These are just a few of its basic functions, for which a little support can do it a lot of good.

The strengthening Dr. Hauschka facial toners encourage the skin's own powers of regeneration, and are the ideal second skin care step after basic cleansing – both morning and evening. Its application is a pleasing and effective part of the care ritual. Premium quality compositions with medicinal

plants such as witch hazel and kidney vetch activate the skin's metabolic functions. The non-greasy compositions allow the skin to breathe and help create a clear, rosy complexion.

Trust in your own strengths, gently and effectively prepare yourself and your skin for the next stage of your day or night skin care routine.

Tip

The Dr. Hauschka facial toners wonderfully revive the skin as required and are especially refreshing on hot days.



Facial Toner

enlivens and fortifies

Facial Toner gently guides the skin's natural processes to achieve a radiant, rosy complexion. As part of a daily skin care routine, this oil-free formulation is the ideal toning product for normal, dry, sensitive and tired skin.

Formulation: Extracts of witch hazel and anthyllis invigorate skin, leaving it feeling fresh and revitalised. Facial Toner encourages a balanced, hydrated complexion while supporting the skin's natural renewal processes.

Skin condition

For normal, dry and sensitive skin.

Usage

After cleansing in the morning and evening, mist Facial Toner onto the face then gently press into the skin.

Tip

For men, we recommend the revitalising Facial Toner after shaving.

Ingredients

Aqua, Anthyllis Vulneraria Extract, Alcohol, Hamamelis Virginiana Bark/Leaf Extract, Parfum*, Linalool*, Citronellol*, Geraniol*, Limonene*, Citral*, *component of natural essential oils



Clarifying Toner

tones, balances and calms oily skin

Clarifying Toner gently guides and balances the skin's natural processes for a radiant, rosy complexion. As part of a daily skin care routine, this oil-free formulation is the ideal toning product for blemished, large-pored and oily skin.

Formulation: Anthyllis, calendula and nasturtium reduce excessive oil production and soothe irritation. After cleansing in the morning and evening, mist Clarifying Toner onto the face then gently press into the skin.

Skin condition

For oily, blemished or combination skin.

Usage

After cleansing in the mornings and evenings, mist Clarifying Toner onto the face and gently pat it into the skin.

Tip

Clarifying Toner is a perfect toning and soothing aftershave for men with irritated skin.

Ingredients

Aqua, Alcohol, Anthyllis Vulneraria Extract, Calendula Officinalis Flower Extract, Tropaeolum Majus Flower/Leaf/Stem Extract, Aesculus Hippocastanum Bark Extract, Echinacea Pallida Extract, Hamamelis Virginiana Bark/Leaf Extract, Bellis Perennis Flower Extract, Parfum*, Citronellol*, Geraniol*, Linalool*, Lactic Acid, *component of natural essential oils

Protection for the day ahead.

Cold, heat, rain or snow, stress and other environmental pollutants – our skin has to withstand a great deal every day. It therefore needs special protection and harmonious care that rounds off the morning's cleansing and toning as a third step in the skin care routine.

And it is precisely for this reason that we have developed the Dr. Hauschka daytime care products. High quality plant extracts activate the natural moisture supply while essential oils and valuable waxes protectively pamper your skin without impairing its natural ability to breathe. Our daytime care products are as diverse as you are. Whatever your usual skin condition or your current stage of life, the valuable product compositions stimulate your

skin's natural regeneration. For an even, gently bronzed complexion, you can additionally choose Tinted Day Cream or Translucent Bronzing Tint. Conceal minor blemishes with the clarifying Coverstick.

Pamper your skin with the care that it deserves, and then let your skin start the day feeling relaxed and protected.

Tip

The appropriate skin care regimes can be found on page 20 onwards. The optimum daytime skin care products for mature skin can be found among the regenerating skin care products on page 54 onwards.







Clarifying Day Oil

balances oily, blemished skin

Clarifying Day Oil sends a signal to the skin to reduce oil production. Skin is guided to a balanced state and with regular use the skin's natural beauty is revealed.

Formulation: Carrot, almond oil, calendula and neem nurture and balance, helping to calm redness. Precious botanical extracts help the skin balance oiliness and reduce the appearance of pores.

Skin condition

For oily, blemished skin.

Usage

Each morning after cleansing and toning, apply evenly to the face and neck, avoiding the eye area. Include décolleté, if desired. For combination skin, mix *Revitalising Day Cream* with a few drops of Clarifying Day Oil in your palm, then apply to the face (avoid the eye area). In the evening after cleansing and toning, we recommend applying a Dr. Hauschka Serum for daily, oil-free night care. For advanced care, *Renewing Night Conditioner* or *Sensitive Care Conditioner* may be used for a 28-day period several times a year.

Tip

Whatever your skin condition, Clarifying Day Oil can be applied over your daytime skin care products to provide added protection against the cold.

Ingredients

Anthyllis Vulneraria Extract, Prunus Armeniaca Kernel Oil, Prunus Amygdalus Dulcis Oil, Arachis Hypogaea Oil, Daucus Carota Sativa Root Extract, Hypericum Perforatum Flower/Leaf/Stem Extract, Helianthus Annuus Seed Oil, Calendula Officinalis Flower Extract, Triticum Vulgare Germ Oil, Melia Azadirachta Leaf Extract, Simmondsia Chinensis Seed Oil, Triticum Vulgare Bran Extract, Parfum*, Linalool*, Citronellol*, Citral*, Geraniol*, Farnesol*, Benzyl Benzoate*, Limonene*, Eugenol*, Benzyl Salicylate*, Lecithin, Theobroma Cacao Seed Butter.
*component of natural essential oils



Revitalising Day Cream

revives dehydrated skin

Enjoy a radiant complexion with Revitalising Day Cream. This light emulsion is formulated with premium botanical extracts and oils to support the skin's natural process of oil and moisture production for a supple, fresh complexion. Dry skin is moisturised and balanced, while pallid, tired-looking skin is revitalised.

Formulation: Extracts of anthyllis, witch hazel and carrot refresh and invigorate. Botanical oils balance the skin's natural oil content.

Skin condition

For dehydrated, dry skin.

Usage

Each morning after cleansing and toning, apply evenly to the face and neck. Include décolleté, if desired. For ideal daily care for combination skin, mix Revitalising Day Cream with a few drops of *Clarifying Day Oil* in your palm, then apply to the face (avoid the eye area). Revitalising Day Cream is an ideal base for make-up. In the evening after cleansing and toning, we recommend applying a Dr. Hauschka Serum for daily, oil-free night care. For advanced care, *Renewing Night Conditioner* or *Sensitive Care Conditioner* may be used for a 28-day period several times a year.

Ingredients

Aqua, Anthyllis Vulneraria Extract, Prunus Armeniaca Kernel Oil, Alcohol, Hamamelis Virginiana Bark/Leaf Extract, Prunus Amygdalus Dulcis Oil, Olea Europaea Fruit Oil, Daucus Carota Sativa Root Extract, Arachis Hypogaea Oil, Helianthus Annuus Seed Oil, Hypericum Perforatum Flower/Leaf/Stem Extract, Glycerin, Calendula Officinalis Flower Extract, Lecithin, Triticum Vulgare Bran Extract, Simmondsia Chinensis Seed Oil, Parfum*, Limonene*, Linalool*, Farnesol*, Benzyl Benzoate*, Geraniol*, Citronellol*, Citral*, Eugenol*, Benzyl Salicylate*, Algin, Xanthan Gum.
*component of natural essential oils



Melissa Day Cream

balances combination skin

Melissa Day Cream calms while helping skin discover its natural balance. The melissa (lemon balm) plant has a centred structure that guides skin to a balanced state. Oily shine is controlled and dry patches are hydrated for a calm, radiant complexion. Melissa Day Cream is the ideal skin care product for sensitive combination skin with a tendency toward dryness, shine and redness.

Formulation: Extracts of melissa, daisy, anhyllis, witch hazel and carrot soothe and balance. Tapioca starch provides an even, matte appearance.

Skin condition

For combination skin.

Usage

Each morning after cleansing and toning, apply evenly to face and neck, including décolleté, if desired. Melissa Day Cream makes an ideal base for make-up. In the evening after cleansing and toning, we recommend applying a Dr. Hauschka Serum for daily, oil-free night care. For advanced care, *Renewing Night Conditioner* or *Sensitive Care Conditioner* may be used for a 28-day period several times a year.

Tip

Melissa Day Cream soothes sensitive combination skin and reduces oily shine. An ideal base for make-up.

Ingredients

Aqua, Helianthus Annuus Seed Oil, Alcohol, Glycerin, Manihot Utilissima Starch, Cocos Nucifera Oil, Glyceryl Stearate Citrate, Melissa Officinalis Flower/Leaf/Stem Extract, Arachis Hypogaea Oil, Simmondsia Chinensis Seed Oil, Prunus Armeniaca Kernel Oil, Anhyllis Vulneraria Extract, Bellis Perennis Flower Extract, Tropaeolum Majus Flower/Leaf/Stem Extract, Hamamelis Virginiana Bark/Leaf Extract, Cetearyl Alcohol, Triticum Vulgare Bran Extract, Daucus Carota Sativa Root Extract, Parfum*, Citral*, Limonene*, Geraniol*, Citronellol*, Linalool*, Hectorite, Lysolecithin, Xanthan Gum, Coco-Glucoside, CI77947.

*component of natural essential oils



Quince Day Cream

hydrates and protects

Quince Day Cream refreshes, enriches and protects normal, balanced skin. Quince wax forms a light, breathable protective layer that helps prevent dryness and maintain moisture balance. Formulation: Quince, jojoba, apricot and avocado fortify the skin. High-quality oils, waxes and nurturing plant extracts are combined to create a natural, balanced formulation.

Skin condition

For normal skin.

Usage

Each morning after cleansing and toning, apply evenly to face and neck, including décolleté, if desired. Quince Day Cream makes an ideal base for make-up. In the evening after cleansing and toning, we recommend applying a Dr. Hauschka Serum for daily, oil-free night care. For advanced care, *Renewing Night Conditioner* or *Sensitive Care Conditioner* may be used for a 28-day period several times a year.

Tip

During transition phases and in winter, when the skin needs additional moisture, *Revitalising Day Cream* can be applied under Quince Day Cream.

Ingredients

Aqua, Prunus Armeniaca Kernel Oil, Anhyllis Vulneraria Extract, Pyrus Cydonia Seed Extract, Alcohol, Daucus Carota Sativa Root Extract, Glycerin, Butyrospermum Parkii Butter, Prunus Amygdalus Dulcis Oil, Olea Europaea Fruit Oil, Cetearyl Alcohol, Persea Gratissima Oil, Althaea Officinalis Leaf Extract, Simmondsia Chinensis Seed Oil, Cera Alba, Pyrus Cydonia Peel/Fruit Cera, Lysolecithin, Bentonite, Hamamelis Virginiana Bark/Leaf Extract, Parfum*, Citral*, Citronellol*, Geraniol*, Limonene*, Linalool*, Eugenol*, Benzyl Benzoate*, Farnesol*, Xanthan Gum.

*component of natural essential oils



Rose Day Cream Light

hydrates, harmonises and soothes

Rose Day Cream Light protects against dryness to support an even, balanced complexion. An ideal daily moisturiser for sensitive, normal, dry and irritated skin.

Formulation: Extracts of rose, marsh mallow and anhyllis tone and fortify skin. Precious rose water, rose wax and rose extract balance and revitalise. Avocado, marsh mallow root, sesame oil and almond oil help the skin remain properly hydrated. The rose's invigorating effects on the skin are wonderful to behold.

Skin condition

For sensitive skin.

Usage

Each morning after cleansing and toning, apply evenly to face and neck. Include the décolleté if desired. Rose Day Cream Light makes an ideal base for make-up. In the evening after cleansing and toning, we recommend applying a Dr. Hauschka Serum for daily, oil-free night care. For advanced care, *Renewing Night Conditioner* or *Sensitive Care Conditioner* may be used for a 28-day period several times a year.

Tip

Daily Hydrating Eye Cream is an ideal choice for lightly moisturising the delicate area around the eyes for relaxed, smooth-feeling skin.

Ingredients

Aqua, Sesamum Indicum Seed Oil, Alcohol, Althaea Officinalis Root Extract, Rosa Damascena Flower Water, Rosa Damascena Flower Extract, Anhyllis Vulneraria Extract, Prunus Armeniaca Kernel Oil, Prunus Amygdalus Dulcis Oil, Cetearyl Alcohol, Bentonite, Cera Alba, Helianthus Annuus Seed Oil, Persea Gratissima Oil, Lysolecithin, Rosa Canina Fruit Extract, Triticum Vulgare Bran Extract, Butyrospermum Parkii Butter, Parfum*, Citronellol*, Geraniol*, Linalool*, Limonene*, Citral*, Farnesol*, Eugenol*, Xanthan Gum, Rosa Damascena Flower Cera. *component of natural essential oils



Rose Day Cream

nurtures, protects and soothes

A true classic in the Dr. Hauschka range, Rose Day Cream captures the diverse powers of the rose to nurture and protect dry and sensitive skin, while soothing skin with a tendency toward redness and enlarged capillaries (couperose).

Formulation: Precious extracts of rose petals, wild rose hips, marsh mallow and St. John's wort balance and tone the skin. Shea butter, rose petal wax and avocado oil protect skin from drying. Rose Day Cream works to maintain the skin's oil and moisture balance, offering nourishing care that reflects the balance of strength and delicateness embodied by the rose.

Skin condition

For dry, sensitive, reddened and mature skin.

Usage

Each morning after cleansing and toning, apply evenly to face and neck. Include the décolleté if desired. Rose Day Cream makes an ideal base for make-up. In the evening after cleansing and toning, we recommend applying a Dr. Hauschka Serum for daily, oil-free night care. For advanced care, *Renewing Night Conditioner* or *Sensitive Care Conditioner* may be used for a 28-day period several times a year. Mature skin can also benefit from the Dr. Hauschka Regenerating line.

Tip

We recommend *Hydrating Cream Mask* as the ideal complementary product for skin prone to dryness. Its precious plant oils and waxes noticeably care for the skin, leaving it feeling soft and relaxed.

Ingredients

Aqua, Arachis Hypogaea Oil, Cera Alba, Althaea Officinalis Root Extract, Rosa Damascena Flower Water, Hypericum Perforatum Flower/Leaf/Stem Extract, Butyrospermum Parkii Butter, Sorbitan Olivat, Persea Gratissima Oil, Polyglyceryl-3 Polyricinoleate, Parfum*, Citronellol*, Geraniol*, Linalool*, Limonene*, Citral*, Farnesol*, Benzyl Alcohol*, Eugenol*, Rosa Damascena Flower Extract, Rosa Canina Fruit Extract, Copernicia Cerifera Cera, Zinc Sulfate, Lecithin, Rosa Damascena Flower Cera.

*component of natural essential oils

In the blink of an eye.



Almost 90 percent of our sensory impressions are gained through sight. Our eyes are truly magnificent things which process and forward information at lightning-fast speed. Their ability to express emotions is also impressive. We refer to the eyes as the window of the soul. They laugh, question, marvel or cry. Yet overuse can wear them out. If this is compounded by other irritants such as dirt particles, dry heater air, lack of sleep or long working hours in front of a monitor, the sensitive areas around the eyes react quickly, becoming tired and irritated. The eyes need special protection in addition to the daytime care given to the face.

The Dr. Hauschka eye care range gently nurtures the sensitive eye area. The products are free from oils that run or spread across your skin and could get into

your eyes. The compositions, with carefully selected medicinal plant extracts and plant oils that are kind to the skin, as well as rich waxes, tone, refresh and revive. Eyebright calms, kidney vetch has a balancing effect while beeswax protectively soothes the delicate skin around the eyes.

Those who spend long hours behind a computer screen or wear contact lenses particularly love the aqueous, cooling *Eye Revive*, which revitalises tired eyes and gives them new freshness. Enjoy every blink of the eye.

Tip

To experience the full effects, apply the eye care product before the daytime skin care products.



Eye Revive

refreshing compresses soothe tired eyes

Eye Revive offers refreshment to eyes that appear tired, puffy or red. This soothing herbal solution reduces the appearance of puffiness in the skin around the eyes and comforts eyes exposed to pollutants and irritants. Eyes look and feel refreshed, revitalised and relaxed.

Formulation: Extracts of eyebright, fennel, chamomile and black tea tone, revitalise and refresh the eye area. Eye Revive offers cooling refreshment for tired eyes. Its soothing effect also assists those with a tendency towards puffiness around the eyes.

Skin condition

For all skin types.

Usage

Twist the top from one ampoule and thoroughly moisten a cosmetic pad. Pull the cosmetic pad apart (top and bottom sections) and place over closed eyelids. Allow the preparation to work for approximately ten minutes. Eye Revive is ophthalmologically tested and suitable for contact lens wearers.

Tip

Suitable for people who wear glasses or contact lenses, who suffer from hay fever or work regularly at a computer screen.

Ingredients

Aqua, Euphrasia Officinalis Extract, Foeniculum Vulgare Seed Extract, Alcohol, Anthyllis Vulneraria Extract, Chamomilla Recutita Flower Extract, Camellia Sinensis Leaf Extract, Rosa Damascena Flower Oil, Parfum*, Geraniol*, Citronellol*.
*component of natural essential oils



Daily Hydrating Eye Cream

moisturises for a smoother appearance

The thin, delicate skin around the eyes is particularly sensitive and prone to wrinkles caused by dryness. Daily Hydrating Eye Cream reduces the appearance of wrinkles and refines the area around the eyes so it looks and feels soft, supple and smooth. This moisture-rich product offers daytime care to all skin conditions.

Formulation: Rose distillate, pineapple, marsh mallow and calendula are refreshing, hydrating and calming. Highly nurturing, premium-quality avocado, macadamia nut and sea buckthorn oils soothe the eye area and leave it feeling relaxed and smooth.

Skin condition

For all skin conditions.

Usage

Each morning after cleansing and toning, squeeze a small amount of product onto the tip of your ring finger then gently press Daily Hydrating Eye Cream into the skin around each eye, working from the inner corners outward. We recommend applying this fast-absorbing cream before eye make-up. This product is ophthalmologically tested and suitable for contact lens wearers.

Ingredients

Aqua, Persea Gratissima Oil, Rosa Damascena Flower Water, Glycerin, Alcohol, Ananas Sativus Fruit Extract, Althaea Officinalis Leaf Extract, Cera Alba, Calendula Officinalis Flower Extract, Arachis Hypogaea Oil, Hectorite, Prunus Amygdalus Dulcis Oil, Rosa Damascena Flower Extract, Prunus Armeniaca Kernel Oil, Lysolecithin, Simmondsia Chinensis Seed Oil, Macadamia Ternifolia Seed Oil, Mangifera Indica Seed Butter, Butyrospermum Parkii Butter, Hippophae Rhamnoides Fruit Oil, Chondrus Crispus Extract, Glyceryl Stearate, Stearic Acid, Xanthan Gum, Sodium Stearoyl Lactylate, Parfum*, Geraniol*.
*component of natural essential oils



Eye Balm

soothes, nurtures and protects

Eye Balm supports elasticity, minimises the appearance of fine lines and wrinkles, and protects the delicate skin around the eyes. Skin is moisturised, firmed and fortified.

Formulation: Carrot, anthyllis, neem, beeswax, cocoa butter, silk and apricot kernel oil fortify, firm, moisturise and smooth the delicate eye area.

Skin condition

For all skin conditions

Usage

Each morning after cleansing and toning, warm a small pinch of Eye Balm (about the size of a grain of rice) between the tips of your fingers and gently apply to the eye area, starting from the inside corner and working outwards. Eye Balm is ophthalmologically tested and suitable for contact lens wearers.

Tip

Eye Balm is especially recommended as protection in colder weather and as extra support during hay fever season.

Ingredients

Ricinus Communis Seed Oil, Arachis Hypogaea Oil, Cera Alba, Daucus Carota Sativa Root Extract, Anthyllis Vulneraria Extract, Prunus Armeniaca Kernel Oil, Calendula Officinalis Flower Extract, Theobroma Cacao Seed Butter, Hypericum Perforatum Flower/Leaf/Stem Extract, Serica Powder, Simmondsia Chinensis Seed Oil, Melia Azadirachta Leaf Extract, Parfum*, Citronellol*, Geraniol*, Limonene*, Linalool*, Citral*, Eugenol*, Farnesol*, Lecithin.

*component of natural essential oils

The magic of our lips.



Candelilla wax, obtained from the spurge shrubs *Euphorbia antisyphilitica*, *Euphorbia cerifera* and *Pedilanthus pavonis*

Our lips are the messengers in our world of emotions. A radiant smile without an ability to express itself is inconceivable. Full, soft lips epitomise sensuality and beauty. And when enjoying a loving kiss, we experience our lips as a sensitive tactile organ. Nothing gives you such a diverse and intensive range of sensual impressions as the skin on your lips. With between three and five layers of cells, it is extremely thin compared with the 16 layers of cells in the rest of your facial skin. This makes it sensitive to external

influences such as extreme sunshine or cold. The lips dry out quickly and can become chapped or cracked. Dr. Hauschka lip care products offer the lips protection. The products combine high-quality waxes with rich oils and carefully selected medicinal plant extracts. The natural compositions with kidney vetch, marigolds and St. John's wort regenerate cracked and rough lips and protect them every day.

Dr. Hauschka Lip Care Stick puts a smile on your face and others.



Lip Care Stick

softens, hydrates and protects

Lip Care Stick softens and offers protection for lips prone to dryness. The practical companion for silky soft lips while out and about, providing light sun protection (SPF3).

Formulation: shea butter, beeswax, almond oil and anthyllis seal in moisture and protect even the most sensitive lips.

Usage

Apply to lips as required.

Ingredients

Ricinus Communis Seed Oil, Rosa Canina Fruit Extract, Simmondsia Chinensis Seed Oil, Lanolin, Cera Alba, Daucus Carota Sativa Root Extract, Butyrospermum Parkii Butter, Euphorbia Cerifera Cera, Copernicia Cerifera Cera, Rosa Damascena Flower Extract, Prunus Amygdalus Dulcis Oil, Anthyllis Vulneraria Extract, Cetyl Alcohol, Prunus Armeniaca Kernel Oil, Hydrogenated Jojoba Oil, Parfum*, Limonene*, Citronellol*, Geraniol*, Citral*, Linalool*, Farnesol*, Eugenol*, Rosa Damascena Flower Cera, Lecithin.

*component of natural essential oils



Lip Balm

soothes, nurtures and protects

Intensive soothing care for dry, chapped lips, this rich balm promotes skin renewal as it moisturises and softens. Lip Balm provides a translucent shine and helps visibly reduce fine lines around the mouth. Calendula and St. John's wort extracts encourage repair and renewal. Silk and anthyllis strengthen delicate lip tissue to give the lips a velvety feel and a long-lasting warm, floral scent. This intensive care results in beautiful, soft lips.

Usage

Use your fingertip to apply to lips as required.

Ingredients

Ricinus Communis Seed Oil, Cera Alba, Arachis Hypogaea Oil, Daucus Carota Sativa Root Extract, Anthyllis Vulneraria Extract, Prunus Armeniaca Kernel Oil, Calendula Officinalis Flower Extract, Helianthus Annuus Seed Oil, Theobroma Cacao Seed Butter, Hypericum Perforatum Flower/Leaf/Stem Extract, Serica Powder, Triticum Vulgare Germ Oil, Simmondsia Chinensis Seed Oil, Triticum Vulgare Bran Extract, Lecithin, Parfum*, Citronellol*, Geraniol*, Linalool*, Farnesol*, Benzyl Benzoate*, Citral*, Eugenol*, Benzyl Alcohol*, Benzyl Salicylate*, Limonene*.

*component of natural essential oils

Your own personal preference.



If only summer could last longer! A fresh complexion looks so good. It connects us with the uplifting feeling and extra energy we feel on bright days. Naturally tinting and concealing products from Dr. Hauschka bring a hint of summer to your face, while at the same time nurturing your skin.

Natural tint with a nurturing base

The nourishing formulation of *Tinted Day Cream* moisturises your skin while lightly bronzing. Nurturing plant extracts, precious botanical oils, rose

wax and beeswax nourish and harmonise the skin. As a result, not only does your complexion become more even, but your skin rediscovers its natural balance.

How much summer do you want?

Are you in the mood for summer? Or perhaps you'd prefer a bit of spring? You choose the shade that you want for your complexion. The *Translucent Bronzing Tint* can be mixed with all Dr. Hauschka day care for face and body, according to your wishes. It intensifies your individual skin tone for a natural finish.



Translucent Bronzing Tint

mix with any moisturiser for a healthy, sun-kissed glow

Translucent Bronzing Tint can be mixed with any face or body cream for a fresh, healthy glow. This liquid tint highlights the natural beauty of all skin tones and is appropriate for all skin conditions.

Formulation: Witch hazel, olive oil, beeswax and mineral pigments protect and nurture while evening out skin tone.

Skin condition

For all skin conditions.

Usage

Mix Translucent Bronzing Tint with a day cream in your palm then apply to your face and neck, including décolleté, if desired. The colour intensity depends on the amount of tint added. Reapplying several times intensifies the effect.

Tip

For a summery-fresh look, apply Translucent Bronzing Tint directly to your cheeks as a subtle rouge.

Ingredients

Aqua, Olea Europaea Fruit Oil, Alcohol, Anthyllis Vulneraria Extract, Hamamelis Virginiana Bark/Leaf Extract, Lysolecithin, Cera Alba, Parfum*, Citral*, Linalool*, Farnesol*, Benzyl Benzoate*, Limonene*, Citronellol*, Geraniol*, Benzyl Salicylate*, Coumarin*, Eugenol*, Cetearyl Alcohol, Algin, Silica, Arachis Hypogaea Oil, CI 75810, CI 77491, CI 77492, CI 77499.

*component of natural essential oils



Tinted Day Cream

hydrates and evens for a sun-kissed glow

Tinted Day Cream deeply moisturises the skin and gives it a subtle, natural glow. Combining nourishing avocado and almond oils with protective rose wax, beeswax and quince seeds, it helps prevent dryness by balancing the skin's oil and moisture levels and supporting its natural moisturising functions. Rose, quince and St. John's wort tone the skin and support elasticity, while nourishing rose water and extracts of kidney vetch have a balancing, harmonising effect. Tinted Day Cream nourishes dry, sensitive, reddened and mature skin, harmoniously blending with your own natural skin tone for an even complexion.

Skin condition

For normal, dry, sensitive and mature skin.

Usage

Each morning after cleansing and toning, apply evenly to the face and neck.

Tip

To reduce shine, we recommend applying a Dr. Hauschka Face Powder after Tinted Day Cream.

Ingredients

Aqua, Prunus Amygdalus Dulcis Oil, Arachis Hypogaea Oil, Persea Gratissima Oil, Pyrus Cydonia Seed Extract, Rosa Damascena Flower Water, Glycerin, Anthyllis Vulneraria Extract, Prunus Armeniaca Kernel Oil, Sorbitol, Cera Alba, Polyglyceryl-3 Polyricinoleate, Hypericum Perforatum Flower/Leaf Extract, Olus Oil, Rosa Damascena Flower Cera, Triticum Vulgare Bran Extract, Parfum*, Limonene*, Linalool*, Citronellol*, Geraniol*, Coumarin*, Citral*, Benzyl Benzoate*, Farnesol*, Sodium Chloride, Zinc Stearate, Lanolin, Sucrose Polystearate, Glyceryl Caprate, Zinc Sulfate, Silica, Lecithin, Lactose, CI 77491, CI 77492, CI 77499, CI 77891.

*component of natural essential oils



Coverstick

soothes and conceals

Coverstick conceals and soothes blemishes without drying skin. Available in three shades.

Formulation: Tea tree and manuka oils balance skin while tapioca starch mattifies. Nurturing botanical extracts anthyllis and calendula are combined with precious botanical oils and waxes to soothe and hydrate skin while reducing the appearance of redness.

Skin condition

For all skin conditions with blemishes.

Usage

Apply at the first sign of a blemish. Reapply several times throughout the day. Blend the edges. Foundation and powder may be applied subsequently, if desired.

Tip

Blemishes can be spot treated by dabbing a little *Clarifying Steam Bath* directly onto the affected area.

Ingredients

Coverstick 01, 02, 03: Simmondsia Chinensis Seed Oil, Olea Europaea Fruit Oil, Manihot Utilissima Starch, Ricinus Communis Seed Oil, Cera Alba, Lanolin, Elaeis Guineensis Oil, Euphorbia Cerifera Cera, Copernicia Cerifera Cera, Rosa Damascena Flower Extract, Daucus Carota Sativa Root Extract, Parfum*, Limonene*, Linalool*, Geraniol*, Citral*, Anthyllis Vulneraria Extract, Calendula Officinalis Flower Extract, Prunus Armeniaca Kernel Oil, Tocopherol, Melaleuca Alternifolia Leaf Oil, Leptospermum Scoparium Branch/Leaf Oil, Ascorbyl Dipalmitate, Silica, CI 77491, CI 77492, CI 77499, CI 77891, CI 77007, CI 77947.

*component of natural essential oils

The power of the night



As the day passes and your consciousness is quiet, the nightly processes in your body become active: it can now process all of the impressions from the day. As you sleep, your skin takes the opportunity to renew itself. But it is not alone: the Dr. Hauschka night time care is also wide awake and releasing its soothing effects. It supports your skin and refreshes it in preparation for the next day.

Typical Dr. Hauschka: non-oily night time skin care

At night your skin does not require protection from environmental influences; instead it needs optimal conditions to regenerate itself. Nurturing stimuli applied in a creamy consistency would slow these processes down. So that your skin can breathe deeply, ready to receive and use the night for regeneration, Dr. Hauschka has developed a night time skin care

range which gives your skin stimuli, supports its natural activities and accompanies it through the night. After cleansing and toning on an evening, continue your skin care regime with a serum or treatment. All night time skin care products contain medicinal plant extracts and respond to your skin with a formulation that supports but does not burden it. The night time skin care is non-oily yet packed with stimuli and as full of vitality as its fundamental element: water.

That great morning feeling

The next morning, you will notice that your skin has recovered over night. Even a glance in the mirror will show that your skin is just as revitalised as you are. It radiates from within and is ready for a new day.



Night Serum

revitalising night care that supports the skin's essential processes

Dr. Hauschka oil-free night care allows the skin to breathe freely while guiding its natural renewal processes. Suitable for all skin conditions, Night Serum is essential night-time skin care that revitalises and helps the skin rediscover its natural balance. Formulation: Wonderfully fragrant apple blossom extract and apple fruit hydrosol support the skin's natural rhythm and guide its essential nightly work. Supported by witch hazel extract, Night Serum tones the skin for a fresh, radiant complexion come morning.

Skin condition

For all skin conditions.

Usage

After cleansing and toning in the evenings, apply a thin layer of Night Serum to the face and neck. Include the décolleté, if desired. In the morning, we recommend using Dr. Hauschka day care products. For advanced night care, *Renewing Night Conditioner* or *Sensitive Care Conditioner* may be used for 28-day periods.

Tip

Renewing Night Conditioner provides an ideal introduction to the oil-free night care concept.

Ingredients

Aqua, Alcohol, Glycerin, Pyrus Malus Fruit Water, Chondrus Crispus Extract, Hamamelis Virginiana Bark/Leaf Extract, Hectorite, Pyrus Malus Flower Extract, Parfum*, Citronellol*, Limonene*, Linalool*, Geraniol*, Citral*, Sodium Chloride, Xanthan Gum. *component of natural essential oils



Renewing Night Conditioner

advanced night care

Dr. Hauschka oil-free night care allows your skin to breathe freely while guiding its natural renewal processes. Renewing Night Conditioner balances all skin conditions: Dry skin is encouraged to retain oil and moisture, while sensitive skin is soothed and fortified. Oily, blemished skin is calmed and rough skin is smoothed.

Formulation: Rhythmised extracts of witch hazel, madonna lily and silver support the skin's night-time powers of renewal.

Skin condition

For all skin conditions.

Usage

Skin cells are renewed every 28 days. Mirroring this same regenerative rhythm, Renewing Night Conditioner should be used for 28 days in place of your daily night-time skin care. We recommend one course of treatment per year for each decade of life (for example three times a year at the age of 30). Apply nightly after cleansing. Break off the top of two ampoules, squeeze liquid into palms and press gently and evenly into the face (including the lip and eye areas), neck, earlobes and décolleté. From week 4, only use one ampoule. Outside this application period, we recommend a Dr. Hauschka Serum for oil-free night care and Dr. Hauschka daytime products in the mornings.

Ingredients

Aqua, Rosa Damascena Flower Oil, Parfum*, Citronellol*, Geraniol*, Althaea Officinalis Leaf Extract¹, Aloe Barbadensis Leaf Extract¹, Kalanchoe Daigremontiana Leaf Extract¹, Anthyllis Vulneraria Extract¹, Helianthus Annuus Extract¹, Liliium Candidum Bulb Extract¹, Rosa Damascena Flower Extract¹, Hamamelis Virginiana Leaf Extract¹, Mica¹, Royal Jelly¹, Mel¹, Silver¹, Sodium Chloride, Lactose.

¹component of natural essential oils

¹in diluted, rhythmised form



Sensitive Care Conditioner

advanced care for sensitive skin

This oil-free conditioner allows your skin to breathe freely while guiding its natural renewal processes. Sensitive Care Conditioner balances and soothes skin for a comfortable, calm complexion.

Formulation: Rhythmited extracts of borage, pearl, malachite and oak bark calm and fortify red or sensitive skin and skin prone to couperose. Nurturing plants and minerals refine pores and soothe enlarged capillaries.

Skin condition

For sensitive, inflamed skin.

Usage

Skin cells are renewed every 28 days. Mirroring this same regenerative rhythm, Sensitive Care Conditioner should be used for 28 days. We recommend one such treatment per year for each decade of life (for example three times a year at the age of 30). Apply each morning and evening after cleansing. Break off the top of one ampoule and press gently and evenly into the face (including the lip and eye areas), neck, earlobes and décolleté. From week 4, only use 1 ampoule in the evenings.

Tip

Sensitive Care Conditioner helps to soothe reddened and swollen skin, e.g. after plucking eyebrows, sun intolerance or sunburn.

Ingredients

Aqua, Parfum*, Borago Officinalis Extract¹, Chamomilla Recutita Extract¹, Rosa Canina Fruit Extract¹, Artemisia Abrotanum Flower/Leaf/Stem Extract¹, Hamamelis Virginiana Leaf Extract¹, Veronica Officinalis Flower/Leaf/Stem Extract¹, Quercus Robur Bark Extract¹, Pearl Powder¹, Malachite¹, Sodium Chloride, Alcohol, Lactose.
¹in diluted, rhythmited form



Clarifying Intensive Treatment (up to age 25)

specialised care for blemished skin

Dr. Hauschka Intensive Treatments with specially selected natural treasures in rhythmited form complement the basic skin care routine. They support the skin when it has become unbalanced and needs a harmonising impulse. Clarifying Intensive Treatment (up to age 25) offers effective care for skin prone to outbreaks and spots during puberty.

Formulation: Rhythmited dilutions of daisy and nasturtium with the gemstone rhodochrosite act quickly to balance the skin. Witch hazel and rhythmited silver balance moisture content and stabilise skin, minimising the appearance of breakouts.

Skin condition

For blemished, young skin.

Usage

Skin cells are renewed every 28 days. Mirroring this same regenerative cycle, Clarifying Intensive Treatment (up to age 25) should be used for 28 days. Clarifying Intensive Treatment (up to age 25) works most effectively when used four times a year as a stimulus. After morning and evening cleansing, mist 4-5 pumps onto the face, neck and décolleté then gently press into the skin. One bottle should provide a full 28 day course.

Tip

In addition, we recommend an intensive skin care routine once or twice a week with *Clarifying Steam Bath*, *Clarifying Clay Mask* and *Revitalising Mask*.

Ingredients

Aqua, Hamamelis Virginiana Leaf Water, Maris Sal, Parfum*, Linalool*, Bellis Perennis Flower Extract¹, Tropaeolum Majus Flower/Leaf/Stem Extract¹, Rhodochrosite¹, Silver¹, Alcohol, Lactose.
^{*}component of natural essential oils
¹in diluted, rhythmited form

Exclusively available from approved Dr. Hauschka estheticians



Clarifying Intensive Treatment (Age 25+)

specialised care for blemished skin

Dr. Hauschka Intensive Treatments with specially selected natural measures in a rhythmised form complement the basic skin care routine. They support the skin when it has become unbalanced and needs a harmonising impulse. Clarifying Intensive Treatment (age 25+) offers powerful care for blemished adult skin prone to inflammation.

Formulation: Rhythmised dilutions of sage and mercurialis with the gemstone peridot act quickly to balance the skin. Witch hazel and rhythmised chicory balance moisture content and stabilise skin, minimising the appearance of breakouts. Clarifying Intensive Treatment (age 25+) gives the skin the power to rediscover a fine-pored, clear complexion.

Skin condition

For blemished, adult skin.

Usage

Skin cells are renewed every 28 days. Mirroring this same regenerative cycle, Clarifying Intensive Treatment (age 25+) should be used for 28 days. Clarifying Intensive Treatment (age 25+) works most effectively when used four times a year as a stimulus. After morning and evening cleansing, mist 4-5 pumps onto the face, neck and décolleté then gently press into the skin. One bottle should provide a full 28 day course.

Tip

In addition, we recommend an intensive skin care routine once or twice a week with *Clarifying Steam Bath*, *Clarifying Clay Mask* and *Revitalising Mask*.

Ingredients

Aqua, Maris Sal, Hamamelis Virginiana Leaf Water, Parfum*, Salvia Officinalis Leaf Extract¹, Cichorium Intybus Extract¹, Mercurialis Perennis Extract¹, Olivine¹, Alcohol, Lactose.

*component of natural essential oils

¹in diluted, rhythmised form

Exclusively available from approved Dr. Hauschka estheticians



Soothing Intensive Treatment

specialised care for hypersensitive skin

Dr. Hauschka Intensive Treatments with specially selected natural treasures in rhythmised form complement the basic skin care routine. They support the skin when it has become unbalanced and needs a harmonising impulse. Soothing Intensive Treatment offers powerful and strengthening care for hypersensitive, stressed, reddened and troubled skin.

Formulation: Rhythmised dilutions of botanical extracts of anthyllis and bryophyllum work with gemstone black tourmaline to calm, soften and stabilise stressed, reactive skin. Soothing Intensive Treatment strengthens the skin and helps it to define itself.

Skin condition

For hypersensitive, stressed and reddened skin.

Usage

Skin cells are renewed every 28 days. Mirroring this same regenerative cycle, Soothing Intensive Treatment should be used as skin care for 28 days in place of *Facial Toner* or *Sensitive Care Conditioner*. After morning and evening cleansing, mist 4-5 pumps onto the face, neck and décolleté then gently press into the skin. One bottle should provide a full 28 day course.

Tip

In addition, we recommend an intensive skin care routine once or twice a week with *Clarifying Steam Bath*, *Clarifying Clay Mask* and *Soothing Mask* or *Revitalising Mask*.

Ingredients

Aqua, Rosa Damascena Flower Water, Maris Sal, Hamamelis Virginiana Leaf Water, Parfum*, Citronellol¹, Hamamelis Virginiana Leaf Extract¹, Anthyllis Vulneraria Extract¹, Kalanchoe Daigremontiana Leaf Extract¹, Mesembryanthemum Crystallinum Extract¹, Cichorium Intybus Extract¹, Anagallis Arvensis Extract¹, Urtica Dioica Extract¹, Althaea Officinalis Leaf Extract¹, Tourmaline¹, Alcohol.

*component of natural essential oils

¹in diluted, rhythmised form

Exclusively available from approved Dr. Hauschka estheticians

Take some 'me' time for a little extra care.



In our hectic everyday lives, it is the little care rituals that make us happy in our own skin. Give yourself the attention you deserve – with liberating deep cleansing or a little extra care.

Dr. Hauschka intensive skin care products complement your daily facial care. Start your personal intensive skin care regime with a *Clarifying Steam Bath* that opens your pores and clears blemishes. Your skin is now optimally prepared

for *Clarifying Clay Mask* made with medicinal clay, nasturtium and witch hazel. Deeply cleansed, the skin quickly absorbs the precious ingredients in the creamy *face masks* (see p. 48). Choose a nourishing mask in line with your skin's needs.

Enjoy the sense of wellbeing offered by an intensive skin care treatment once or twice a week. Your skin will thank you with a fresh, rosy complexion.



Clarifying Steam Bath

opens the pores and prepares the skin for deep cleansing

Clarifying Steam Bath supports the skin's natural self-cleansing functions, opening pores, reducing the appearance of redness and softening blackheads and impurities before deep cleansing. Recommended for all skin conditions and especially helpful to blemished and combination skin.

Formulation: Nasturtium, daisy and witch hazel support the skin's self-cleansing processes, encourage natural exfoliation and minimise the appearance of enlarged pores.

Skin condition

For all skin conditions, especially blemished skin prone to inflammation.

Usage

Once or twice each week, dilute 2 tablespoons of Clarifying Steam Bath with approx. 1/2 liter (1 pint) of steaming water in a large bowl. For sensitive skin, ensure that the water is not too hot. Lean over the bowl, covering the head with a towel, and steam for 10-15 minutes for oily or combination skin, 5-10 minutes for dry to normal skin, and 3-5 minutes for sensitive skin. Ideally, follow with *Clarifying Clay Mask*.

Tip

Complete your personal skin care regimen with an appropriate mask. Apply a drop of Clarifying Steam Bath directly to blemishes to soothe and calm skin.

Ingredients

Aqua, Bellis Perennis Flower Extract, Alcohol, Tropaeolum Majus Flower/Leaf/Stem Extract, Hamamelis Virginiana Bark/Leaf Extract.
*component of natural essential oils



Clarifying Clay Mask

deeply cleanses the skin

Clarifying Clay Mask deeply cleanses, invigorates and clarifies the skin. Particularly ideal for calloused, large-pored, blemished and oily skin.

Formulation: Loess clay with nasturtium and witch hazel actively binds with and loosens dirt particles, lifting and drawing them from the skin. Blackheads are softened, skin is soothed and the appearance of redness and blemishes is diminished.

Skin condition

For all skin conditions, especially skin that is blemished and/or prone to inflammation.

Usage

Use once or twice each week. Blend approx. 2 heaped teaspoons of Clarifying Clay Mask with an equal amount of water to create a smooth paste. Smooth onto the face, neck and, if necessary, décolleté. Avoid eye area. For normal, blemished and oily skin, remove after approx. 10 minutes with plenty of warm water or a damp cosmetic sponge. For skin which tends to be dry and sensitive, apply Clarifying Clay Mask more thinly and gently remove after 3-5 minutes.

Optimally prepare your skin for deep cleansing with *Clarifying Steam Bath*.

Tip

Complete your personal skin care regime with a complementing mask from our intensive skin care range.

Ingredients

Loess, Tropaeolum Majus Flower/Leaf/Stem Extract, Hamamelis Virginiana Bark/Leaf Extract, Zea Mays Starch.
*component of natural essential oils



Revitalising Mask

renews, refines and enlivens

Revitalising Mask offers soothing care and renewal to all skin conditions. The appearance of redness or blemishes is diminished, pores are visibly refined and skin appears even and toned.

Formulation: Quince, anhyllis and chamomile clarify and balance blemished, large-pored skin, while cooling and hydrating sunstressed skin and skin prone to couperose. Nurturing jojoba, apricot kernel and wheat germ oils help the skin maintain moisture for skin that looks and feels instantly refreshed and toned.

Skin condition

For all skin conditions, especially blemished or sun burned skin or skin prone to couperose and enlarged pores.

Usage

Once or twice each week, apply a generous amount of Revitalising Mask to the face (include eye area), neck and décolleté, if desired. Remove after 20 minutes with a warm, damp cloth. For optimum skin care results, we recommend deep cleansing with *Clarifying Steam Bath* and *Clarifying Clay Mask* prior to use.

Tip

To soften the appearance of blemished or scarred skin or skin prone to redness, supplement your day cream with Revitalising Mask. Mix a small amount of each in your palm then apply as a thin layer in the morning.

Ingredients

Aqua, Pyrus Cydonia Seed Extract, Alcohol, Glycerin, Anhyllis Vulneraria Extract, Prunus Armeniaca Kernel Oil, Simmondsia Chinensis Seed Oil, Borago Officinalis Extract, Cetearyl Alcohol, Arachis Hypogaea Oil, Chamomilla Recutita Flower Extract, Bentonite, Triticum Vulgare Germ Oil, Triticum Vulgare Bran Extract, Daucus Carota Sativa Root Extract, Propolis Cera, Parfum*, Limonene*, Geraniol*, Linalool*, Citronellol*, Citral*, Eugenol*, Farnesol*, Lysolecithin, Xanthan Gum, CI 75810. *component of natural essential oils



Firming Mask

minimises fine lines and wrinkles and fortifies mature skin

Firming Mask protects and fortifies, minimising the appearance of fine lines and wrinkles while nurturing and hydrating for smooth, supple, enlivened skin. Formulation: Rose, marsh mallow and pansy support the skin's natural processes of renewal. Rose water, rose petal extract and rose wax, as well as rose essential oil, mango butter and avocado and almond oils support elasticity as they pamper and enrich the skin. The skin's vitality is supported and its moisturising properties are activated – for noticeably smoother and revived feeling skin.

Skin condition

For mature skin.

Usage

Apply a generous amount of Firming Mask to the face (include eye area), neck and, if necessary, décolleté once or twice a week. Remove after 20 minutes with a warm, damp cloth. For optimum skin care results, we recommend deep cleansing with *Clarifying Steam Bath* and *Clarifying Clay Mask* prior to use.

Tip

For intensive hydration, apply a small amount of Firming Mask prior to your day cream.

Ingredients

Aqua, Persea Gratissima Oil, Rosa Damascena Flower Water, Glycerin, Alcohol, Althaea Officinalis Root Extract, Cera Alba, Rosa Damascena Flower Extract, Prunus Amygdalus Dulcis Oil, Olea Europaea Fruit Oil, Hectorite, Simmondsia Chinensis Seed Oil, Glyceryl Stearate, Stearic Acid, Lysolecithin, Mangifera Indica Seed Butter, Butyrospermum Parkii Butter, Parfum*, Citronellol*, Limonene*, Geraniol*, Linalool*, Citral*, Farnesol*, Eugenol*, Benzyl Alcohol*, Rosa Damascena Flower Cera, Viola Tricolor Extract, Rosa Damascena Flower Oil, Chondrus Crispus Extract, Sodium Stearoyl Lactylate, Lithospermum Officinale Root Extract, Mica, CI 77491. *component of natural essential oils



Soothing Mask

calms and fortifies sensitive skin

Soothing Mask calms and balances sensitive and irritated skin, as well as skin prone to stress-induced redness, guiding it to comfort and radiance.

Formulation: Alchemilla, borage, buckwheat and mullein combine to calm skin. Nourishing shea butter joins macadamia nut and coconut oils to provide protection, while quince seed extract and witch hazel help the skin retain moisture. The skin is noticeably recuperated and sustainably soothed.

Skin condition

For sensitive, irritated and stressed skin.

Usage

Apply a generous amount of Soothing Mask to the face (include eye area), neck and, if necessary, décolleté once or twice a week. Remove after 20 minutes with a warm, damp cloth. For optimum skin care results, we recommend deep cleansing with *Clarifying Steam Bath* and *Clarifying Clay Mask* prior to use.

Tip

For skin that is particularly sensitive or prone to redness, apply a small amount of Soothing Mask prior to your regular day cream.

Ingredients

Aqua, Hamamelis Virginiana Leaf Water, Pyrus Cydonia Seed Extract, Cocos Nucifera Oil, Butyrospermum Parkii Butter, Alcohol, Glycerin, Macadamia Ternifolia Seed Oil, Helianthus Annuus Seed Oil, Cera Alba, Anthyllis Vulneraria Extract, Chamomilla Recutita Flower Extract, Arachis Hypogaea Oil, Cetearyl Alcohol, Simmondsia Chinensis Seed Oil, Bentonite, Prunus Armeniaca Kernel Oil, Alchemilla Vulgaris Extract, Borago Officinalis Extract, Polygonum Fagopyrum Leaf Extract, Verbascum Thapsus Extract, Parfum*, Linalool*, Citronellol*, Geraniol*, Limonene*, Farnesol*, Benzyl Benzoate*, Eugenol*, Citral*, Benzyl Salicylate*, Coumarin*, Xanthan Gum, Lysolecithin.

*component of natural essential oils



Hydrating Cream Mask

intensively moisturises and protects dry skin

Hydrating Cream Mask offers a sense of security while sustainably protecting the skin against dryness from harsh weather.

Formulation: Quince seed extract replenishes and helps dry skin to retain moisture while supporting the skin's natural process of oil production. Nourishing almond, avocado and jojoba oils hydrate the outer layer of skin while rose wax soothes and protects. Hydrating Cream Mask imparts intensive skin care to dry and sensitive skin, as well as skin in need of regeneration and damaged by environmental influences. The skin is soft to the touch and looks fresh and smooth.

Skin condition

For dry, sensitive and mature skin.

Usage

Apply a generous amount of Hydrating Cream Mask to the face (include the eye area), neck and, if necessary, décolleté once or twice a week. Remove after 20 minutes with a warm, damp cloth. For optimum skin care results, we recommend deep cleansing with *Facial Steam Bath* and *Clarifying Clay Mask* prior to use.

Tip

For intensive hydration, after morning cleansing and toning, mix a small amount with your day cream then apply as usual.

Ingredients

Aqua, Pyrus Cydonia Seed Extract, Helianthus Annuus Seed Oil, Olea Europaea Fruit Oil, Persea Gratissima Oil, Prunus Amygdalus Dulcis Oil, Glycerin, Sorbitol, Cera Alba, Polyglyceryl-3 Polyricinoleate, Simmondsia Chinensis Seed Oil, Olus Oil, Parfum*, Citral*, Citronellol*, Linalool*, Geraniol*, Limonene*, Benzyl Benzoate*, Farnesol*, Triticum Vulgare Bran Extract, Rosa Damascena Flower Cera, Zinc Stearate, Sodium Chloride, Lanolin, Sucrose Polystearate, Glyceryl Caprate, Propolis Cera, Alcohol.

*component of natural essential oils

Allow yourself
to be a bit
demanding.
After all,
your skin is
demanding too.

The skin starts to show its first lines and wrinkles. These are part of life and tell its stories. The time has come to care for the skin in ways that will help it age with beauty and vitality. The products in the Dr. Hauschka Regenerating line have been specially designed to give the skin revitalising stimuli in this phase of life and combat the catabolic powers.



In the prime of life.

Middle-age is a phase of particular quality. A woman who has already seen something of life knows what she wants. She is driven and wants to make a difference to her life, to consciously seize hold of her future: to implement plans and ideas with new fire, enthusiasm and creativity.

Look for authentic radiance, not wrinkles.

In view of the above, the products offer a complete skin care range for day and night, for the face but also the décolleté and body. **Regenerating Body Cream** and **Regenerating Neck and Décolleté Cream**, for example, tone the skin and help it regulate its moisture balance. As such, they are precisely tailored to the needs of mature skin. Dr. Hauschka estheticians also offer you an invigorating and rejuvenating mini-break in the form of the **Firming Treatment**. If your skin also receives new energy at this time, nothing stands in the way of you enjoying a balanced new phase of life filled with vitality.

Regeneration right down to your fingertips.

When it comes to skin regeneration, most people probably start by thinking about their face, eyes and forehead. We quickly forget about our hands. Despite this, they are our tireless scouts and messengers. They enable us to grasp the world around us and reveal a great deal about us. Your hands are generally unprotected all day long and have to work hard and deal with frequent washing. It is therefore no surprise that they can show signs of skin ageing at an early stage. We believe they have earned some regeneration.

We therefore developed our **Regenerating Hand Cream**. Like all other products in the Regenerating line, this offers the skin invigorating and moisture-activating stimuli while also protecting it with rich oils and butters. Studies have confirmed the effectiveness of this formulation: both good protection of the skin's barrier and good moisture replenishment have been demonstrated.

Whereas our **Hydrating Hand Cream** focuses on dry, cracked hands and provides simple skin care that absorbs quickly, **Regenerating Hand Cream** is a richly nourishing product for intensively smoothing demanding, mature hands.

Make-up tip for mature lips.

By International Make-up Artist Karim Sattar

Unfortunately, lines and wrinkles around the mouth often lead to lip products 'running' rather than remaining on the lips. Lip Line Definer 00 translucent forms an invisible and nourishing barrier that prevents Lipstick and Lip Gloss from smudging or running while also leaving the skin feeling silky soft.

Simply apply the product to the skin along the edge of the delicate, red lip contours using a little pressure. It is suitable for use in combination with coloured Lip Liners. If doing this, start by applying the transparent **Lip Line Definer** to the skin along the outer edge of the lip contour, then apply the coloured **Lip Liner** to the lip contour itself.

Another tip: if you also use a make-up sponge to apply **Lip Line Definer 00 translucent** to the chin, forehead and area between your nose and corners of the mouth, the Foundation will stay better and will not amass in little wrinkles, unflatteringly emphasizing them.



Vitality and the power of renewal
for demanding, mature skin.

Simply beautiful.

Stop looking for wrinkles, start looking for authentic radiance. Show who and how beautiful you are every day of your life.

What is your skin telling you?

If you have noticed that your skin is losing elasticity, becoming drier, developing wrinkles and becoming 'thin', then it falls within the category of demanding, mature skin. Its requirements have changed. Dr. Hauschka Regenerating Skin Care is formulated based on an understanding of the requirements of mature skin, and addresses them directly. Our formulations are designed to support your skin while ensuring that it remains active and vital.

Your cells have not forgotten how to renew

If there is one thing you can rely on, it is that your cells will never forget how the renewal process works and will always have the strength for renewal. Your cells have renewed your skin every 28 days. We study, respect and encourage this natural rhythm. We use rich oils and carefully combined medicinal plant extracts to create skin care stimuli that trigger and encourage your skin's regeneration cycle. We cannot turn back time, but we can support your skin's vitality and encourage it to preserve moisture and create natural firmness.

Favourite skin care for mature skin

Mature skin has different needs to young skin. Moisture is an important topic which we take into

consideration with extracts of highly aqueous quince seeds and revitalising bryophyllum. Siliceous common horsetail in turn supports the connective tissue while antioxidative acerola fruits and vitamin-E-rich sea buckthorn oil provide effective stimuli for renewal.

A specific composition takes effect in every Dr. Hauschka product for mature skin. For example, *Regenerating Day Cream* provides a noticeably new and smooth feel to the skin; *Regenerating Neck and Décolleté Cream* reduces wrinkles. *Regenerating Body Cream* rapidly absorbs into skin, supporting a feeling of firmness and smoothness.

Everyday luxury

To cleanse and tone the skin, choose a product from our basic skin care range (see p. 24-27). We have also developed a complementary revitalising and nurturing product range, formulated for the unique needs of mature skin, offering two intensive treatments. In addition to medicinal plant extracts and natural geothermal brine from the spa town of Bad Bentheim, Germany, *Regenerating Intensive Treatment* and *Intensive Treatment for Menopausal Skin* (see p. 58) also contain rhythmic preparations of gemstones and precious metals that you would otherwise tend to wear on your skin: discover the revitalising power of blue tourmaline and amber, and treat yourself to your share of immortality with a little gold.

How could your skin resist?



Regenerating Eye Cream

softens the appearance of fine lines and wrinkles

Regenerating Eye Cream refines the delicate skin around the eyes, reducing the appearance of fine lines and wrinkles. This nourishing cream invigorates skin while supporting natural skin regeneration.

Formulation: Quince seed, birch leaf and borage refine pores and balance moisture. Acerola berries and sea buckthorn join red clover to enhance skin tone and elasticity. Shea butter and botanical oils replenish, soften and protect. Precious botanical extracts offer the eye area renewed vitality.

Skin condition

For mature skin.

Usage

Each morning after cleansing, toning and moisturising, pump a little Regenerating Eye Cream onto the tip of your ring finger and gently apply around each eye, working from the inner corners outward. This fast-absorbing cream is ideal for use before applying eye make-up. Regenerating Eye Cream is ophthalmologically tested and suitable for contact lens wearers.

Ingredients

Aqua, Pyrus Cydonia Seed Extract, Glycerin, Simmondsia Chinensis Seed Oil, Macadamia Ternifolia Seed Oil, Sesamum Indicum Seed Oil, Helianthus Annuus Seed Oil, Betula Alba Leaf Extract, Bellis Perennis Flower Extract, Alcohol, Rosa Damascena Flower Water, Hectorite, Equisetum Arvense Extract, Lysolecithin, Glyceryl Stearate Citrate, Cera Alba, Butyrospermum Parkii Butter, Borago Officinalis Seed Oil, Glyceryl Caprylate, Theobroma Cacao Seed Butter, Parfum*, Limonene*, Citronellol*, Linalool*, Geraniol*, Farnesol*, Benzyl Benzoate*, Eugenol*, Citral*, Benzyl Salicylate*, Cetyl Alcohol, Trifolium Pratense Extract, Hippophae Rhamnoides Fruit Oil, Chondrus Crispus Extract, Xanthan Gum, Triticum Vulgare Bran Extract, Oryzanol, Sucrose Stearate, Sucrose Distearate, Malpighia Punicifolia Fruit Extract. *component of natural essential oils



Regenerating Serum

refines and tones mature skin

Regenerating Serum supports the skin's natural processes of renewal to minimise the appearance of fine lines and wrinkles. Formulation: Quince seed, kalanchoe, red clover and clover blossom honey replenish and protect, smoothing the appearance of wrinkles and supporting the skin's ability to balance moisture. Skin is fortified and balanced for the look and feel of smoother, firmer skin. Sensitive skin is calmed.

Skin condition

For mature skin.

Usage

Each morning after cleansing and toning, apply two pumps to the face and neck, including décolleté, if desired. Follow with a Dr. Hauschka moisturiser. In the evening after cleansing and toning, we recommend applying a Dr. Hauschka Serum for daily, oil-free night care. For advanced care, *Renewing Night Conditioner* or *Sensitive Care Conditioner* may be used for a 28-day period several times a year.

Ingredients

Aqua, Alcohol, Pyrus Cydonia Seed Extract, Glycerin, Trifolium Pratense Extract, Algin, Kalanchoe Daigremontiana Leaf Extract, Mel, Parfum*, Limonene*, Geraniol*, Citronellol*, Linalool*, Farnesol*, Benzyl Benzoate*, Eugenol*, Citral*, Sucrose Laurate, Cyamopsis Tetragonoloba Gum. *component of natural essential oils



Regenerating Day Cream

refines and tones mature skin

Regenerating Day Cream supports the skin's natural processes of renewal to minimise the appearance of fine lines and wrinkles. Skin looks and feels vital, rejuvenated and smooth.

Formulation: Red clover, acerola berries, raspberry seed oil and shea butter protect and support natural skin regeneration. Jojoba, avocado, sweet almond and olive oils replenish and smooth. Kalanchoe and marsh mallow balance moisture and promote skin resilience.

Skin condition

For mature skin.

Usage

Apply to the face each morning after cleansing, toning and moisturising. In the evening after cleansing and toning, we recommend applying a Dr. Hauschka Serum for daily, oil-free night care. For advanced care, *Renewing Night Conditioner* or *Sensitive Care Conditioner* may be used for a 28-day period several times a year.

Ingredients

Aqua, Simmondsia Chinensis Seed Oil, Persea Gratissima Oil, Alcohol, Prunus Amygdalus Dulcis Oil, Glycerin, Sucrose Laurate, Rosa Damascena Flower Extract, Olea Europaea Fruit Oil, Hectorite, Cera Alba, Butyrospermum Parkii Butter, Glyceryl Stearate Citrate, Parfum*, Equisetum Arvense Extract, Althaea Officinalis Root Extract, Trifolium Pratense Extract, Rosa Damascena Flower Water, Mel, Lysolecithin, Limonene*, Citronellol*, Linalool*, Geraniol*, Farnesol*, Benzyl Benzoate*, Eugenol*, Citral*, Benzyl Salicylate*, Rubus Idaeus Seed Oil, Malpighia Punicifolia Fruit Extract, Kalanchoe Daigremontiana Leaf Extract, Chondrus Crispus Extract, Xanthan Gum, Glyceryl Stearate, Sodium Stearoyl Lactylate, Stearic Acid.

*component of natural essential oils



Regenerating Neck and Décolleté Cream

firms, refines and tones

Regenerating Neck and Décolleté Cream supports natural skin renewal to minimise the appearance of wrinkles. This enlivening cream absorbs quickly for the look and feel of vital, firmer and smoother skin.

Formulation: Marsh mallow, birch leaves, red clover, macadamia nut oil and argan oil are intensively hydrating, protective and soothing while supporting moisture balance.

Skin condition

For mature skin.

Usage

Each morning after cleansing, toning and moisturising, apply to the neck and décolleté.

Ingredients

Aqua, Helianthus Annuus Seed Oil, Glycerin, Alcohol, Hamamelis Virginiana Water, Macadamia Ternifolia Seed Oil, Sesamum Indicum Seed Oil, Prunus Amygdalus Dulcis Oil, Equisetum Arvense Extract, Betula Alba Leaf Extract, Rosa Damascena Flower Extract, Simmondsia Chinensis Seed Oil, Cocos Nucifera Oil, Cera Alba, Althaea Officinalis Leaf Extract, Punica Granatum Fruit Extract, Hectorite, Butyrospermum Parkii Butter, Lysolecithin, Trifolium Pratense Extract, Parfum*, Limonene*, Linalool*, Citronellol*, Geraniol*, Coumarin*, Citral*, Benzyl Benzoate*, Eugenol*, Farnesol*, Benzyl Salicylate*, Argania Spinosa Kernel Oil, Chondrus Crispus Extract, Oryzanol, Xanthan Gum, Sodium Stearoyl Lactylate, Glyceryl Stearate, Lecithin, Stearic Acid, Malpighia Punicifolia Fruit Extract.

*component of natural essential oils



Regenerating Intensive Treatment

specialised care for mature skin

Dr. Hauschka Intensive Treatments are formulated for skin that has lost its natural balance and requires focused care. Regenerating Intensive Treatment is an activating intensive care product for skin prone to wrinkles and dryness.

Formulation: Rhythmitised dilutions of madonna lily, ginkgo and hawthorn work with gemstones blue tourmaline, amber as well as gold to support your skin's natural processes of renewal.

Skin condition

For mature skin with wrinkles and regeneration weaknesses.

Usage

Skin cells are renewed every 28 days. Mirroring this same regenerative cycle, Regenerating Intensive Treatment should be used as skin care for 28 days. Regenerating Intensive Treatment works most effectively when used four times a year as a stimulus. After morning and evening cleansing, mist 4-5 pumps onto the face, neck and décolleté then gently press into the skin. One bottle should provide a full 28 day course.

Tip

In addition, we recommend an intensive skin care routine once or twice a week with *Clarifying Steam Bath*, *Clarifying Clay Mask* and *Firming Mask*.

Ingredients

Aqua, Santalum Album Wood Water, Maris Sal, Parfum*, Liliium Candidum Bulb Extract¹, Ginkgo Biloba Leaf Extract¹, Olea Europaea Leaf Extract¹, Crataegus Monogyna Leaf/Fruit Extract¹, Althaea Officinalis Leaf Extract¹, Gold¹, Amber Powder¹, Tourmaline¹, Royal Jelly¹, Mel¹, Alcohol, Lactose.

*component of natural essential oils

¹in diluted, rhythmitised form



Intensive Treatment for Menopausal Skin

specialised care for skin during menopause

Dr. Hauschka Intensive Treatments are formulated for skin that has lost its natural balance and requires focused care. Intensive Treatment for Menopausal Skin balances hormonally related skin changes while supporting your skin's natural processes of renewal. The appearance of blotchiness and spots is diminished for a calm, even complexion.

Formulation: Rhythmitised dilutions of daisy and rose work with gemstones argentite, ruby powder and black cohosh to revitalise dull, lifeless skin and reduce the appearance of redness and irregular pigmentation.

Skin condition

For mature skin with redness and pigmentation problems.

Usage

Skin cells are renewed every 28 days. Mirroring this same regenerative cycle, Intensive Treatment for Menopausal Skin should be used as skin care for 28 days. Intensive Treatment for Menopausal Skin works most effectively when used four times a year as a stimulus. After morning and evening cleansing, mist 4-5 pumps onto the face, neck and décolleté then gently press into the skin. One bottle should provide a full 28 day course.

Tip

In addition, we recommend an intensive skin care routine once or twice a week with *Clarifying Steam Bath*, *Clarifying Clay Mask* and *Firming Mask*.

Ingredients

Aqua, Rosa Damascena Flower Water, Maris Sal, Parfum*, Citronellol*, Bellis Perennis Flower Extract¹, Tilia Cordata/Platyphyllos Flower Extract¹, Vitex Agnus Castus Extract¹, Cimicifuga Racemosa Root Extract¹, Ruby Powder¹, Argentite¹, Alcohol, Lactose.

*component of natural essential oils

¹in diluted, rhythmitised form



Regenerating Hand Cream

intensively smoothing skin care
with an active moisturising effect

Regenerating Hand Cream softens and smoothes skin while providing immediate, effective and long-lasting protection against environmental influences. The rich composition features olive and avocado oils as well as silky cocoa butter to support the firmness and elasticity of the skin. Extracts of nourishing and vital plants, including red clover, kalanchoe and quince seed deeply moisturise and support the skin's processes for balanced hydration. This fortifies the hands from wrist to fingertips and supports the skin's natural processes of renewal when used as recommended.

Skin condition

For mature skin.

Usage

Apply cream to hands several times a day as needed. Its warm, embracing scent soothes and comforts all day.

Tip

We recommend *Neem Nail & Cuticle Oil* or the *Neem Nail & Cuticle Pen* for strong, healthy nails and cuticles.

Ingredients

Aqua, Alcohol, Persea Grattissima Oil, Glycerin, Olea Europaea Fruit Oil, Pyrus Cydonia Seed Extract, Macadamia Ternifolia Seed Oil, Simmondsia Chinensis Seed Oil, Glyceryl Stearate Citrate, Rosa Damascena Flower Extract, Prunus Amygdalus Dulcis Oil, Sorbitol, Cocos Nucifera Oil, Hectorite, Butyrospermum Parkii Butter, Equisetum Arvense Extract, Trifolium Pratense Extract, Kalanchoe Daigremontiana Leaf Extract, Mel, Parfum*, Citronellol*, Geraniol*, Coumarin*, Linalool*, Citral*, Farnesol*, Benzyl Benzoate*, Eugenol*, Benzyl Alcohol*, Limonene*, Theobroma Cacao Seed Butter, Oryzanol, Chondrus Crispus Extract, Sucrose Laurate, Sucrose Distearate, Xanthan Gum, Lysolecithin, Lecithin.

*component of natural essential oils



Regenerating Body Cream

firms and hydrates

Regenerating Body Cream supports natural skin regeneration for toned, smooth skin. The enveloping fragrance of roses and oranges is combined with vanilla and woody notes to delight the senses.

Formulation: Jojoba oil and candelilla wax hydrate while red clover, horsetail and birch leaves support the skin's natural powers of renewal. Marsh mallow provides moisture-balancing support.

Skin condition

For mature skin.

Usage

Apply to the skin after showering or bathing. This rich cream is quickly absorbed and provides long-lasting, intensive nurturing care.

Ingredients

Aqua, Simmondsia Chinensis Seed Oil, Prunus Amygdalus Dulcis Oil, Alcohol, Helianthus Annuus Seed Oil, Sesamum Indicum Seed Oil, Rosa Damascena Flower Extract, Equisetum Arvense Extract, Betula Alba Leaf Extract, Rosa Damascena Flower Water, Glyceryl Stearate Citrate, Glycerin, Hectorite, Parfum*, Althaea Officinalis Leaf Extract, Punica Granatum Fruit Extract, Lysolecithin, Sucrose Laurate, Limonene*, Linalool*, Geraniol*, Citronellol*, Coumarin*, Citral*, Benzyl Benzoate*, Farnesol*, Benzyl Salicylate*, Eugenol*, Trifolium Pratense Extract, Euphorbia Cerifera Cera, Xanthan Gum, Lecithin, Malpighia Punicifolia Fruit Extract.

*component of natural essential oils

Skin-compatible, nourishing, pure.

Not only is our entire Make-up line free from synthetic fragrances and preservatives but the colours are also largely created using effect pigments produced from natural minerals. After all, iron oxide, mica and titanium dioxide can be combined and layered in different ways to offer a huge range of shades. During this procedure, the pigments are also specially purified to prevent any pollutants, e.g. in the form of heavy metals. "The benefit of this is that the products are extremely well tolerated by the skin. This has been confirmed by extensive skin tests for every single product", explains Dr. Constanze Stiefel from the Dr. Hauschka Science department. "Products intended for use on the eyes are furthermore subjected to ophthalmological tests – including ones involving contact lens wearers."

But this is more than just a range of 'mineral make-up': the products not only highlight their users' beauty but also use premium oils, waxes and medicinal plant extracts to simultaneously care for the skin. It is no wonder that they are extremely popular among professional stage and TV actors. "Anyone who has make-up frequently applied like I do on film sets understands the great value of the skin care components in Dr. Hauschka Make-up," says actor Juliane Köhler. "As an added bonus, I can also pamper my heavily stressed skin with the Regenerating line. This feels fantastic. It's effective while also being completely chemical free."



A close-up photograph of a woman with blonde hair applying makeup to another woman's face. The woman being made up has dark hair and is wearing a patterned top. The background is a blurred city street at night with bokeh lights.

News from the colour box.

Since last year, our Make-up range has been captivating users around the world. We admit that we naturally thought the products were brilliant and presumed that many of our customers would feel the same way, but we have been truly overwhelmed (and naturally delighted) by the many euphoric reactions.



Our Make-up is
captivating women
around the world.

Light artists discuss.

Is a more flawless complexion allowed? Should areas of redness be discretely concealed? Then our **Colour Correcting Powder** is the perfect choice. The nourishing combination of mineral pigments and medicinal plant extracts evens out the complexion, lightens shadows and, if required, can even be applied under Foundation to strengthen its opacity. The various shades in the attractive, mosaic-like tray of pressed powder are applied with a brush to distribute them evenly.

A further must for women of all ages is **Light Reflecting Concealer**. "If you don't want to apply a lot of make-up, this uses natural light reflections to convey a fresh appearance and make tired eyes look more awake," reports Tatjana Pregler, Dr. Hauschka National Make-up Artist. "The visual appearance of lines and wrinkles is also reduced as the mica pigments refract the light to make them appear shallower." The Light Reflecting Concealer can also be used to add specific accents after applying make-up.

Beautifully made up: sensual delight.

Our International Make-up Artist Karim Sattar has created this classic and refined look and invites you to try it for yourself.



Step 01

- › Colour Correcting Powder
- › Foundation
- › Concealer
- › Loose Powder
- › Light Reflecting Concealer

Step 02

- › Blush Duo 02
- › Bronzing Powder
- › Eye & Brow Palette
- › Eyeshadow 01, 03
- › Eye Definer 01

Step 03

- › Volume Mascara 03
- › Brow & Lash Gel
- › Lip Line Definer
- › Lip Liner 01
- › Lipstick 13



Model Ailar is wearing: Foundation, Concealer, Loose Powder, Eyeshadow Trio 03,
Eye Definer 06, Lipstick 04, Blush Duo 02, Volume Mascara 03

You are unique. Your character, your laugh,
your life. Celebrate your individuality and beauty
with Dr. Hauschka Make-up.

Reveal your natural beauty.

Your beauty belongs to you alone. Dr. Hauschka Skin Care respects and supports your individuality. Our make-up products enhance rather than conceal, empowering you to reveal your inner and outer beauty through a full range of expressive mineral colours. Dr. Hauschka Make-up combines highly expressive mineral colours with natural protection and skin care. Whether you are in the mood for subtle “sandalwood” or expressive “fire lily,” your skin is always wonderfully nurtured. Each product offers its own composition of valuable botanical waxes and oils with extracts from nourishing plants. The unique quality of the ingredients allows the fine textures to be applied evenly and with wondrous ease.

A subtle nuance or a bold look

Dr. Hauschka offers you the ideal shades for any occasion. Its diversity can be attributed to mineral pigments of natural origin, which blend beautifully with your natural skin tone. As a result, bold tones always appear vibrant and never look artificial.

Combine, discover, experiment – while always remaining true to yourself.

Colour worlds developed by make-up artists.

The complete Dr. Hauschka Make-up range includes products for the complexion, eyes and lips: Foundations, Concealers and Powders; Eyeshadows, Eye Definers, Eyeliners and Mascaras; Lipsticks, Lip Glosses and Lip Liners. Immerse yourself in Dr. Hauschka colour worlds where a hint of “sun-kissed nectarine” on the cheeks meets “jade” eyelids and “rosebay” lips. Developed in cooperation with professional make-up artists, our make-up line features dynamic shades that blend seamlessly with your skin tone for a personal, unique appearance. The packaging design of our make-up honours the premium-quality formulations inside. The shape, the colour and the finish of the pieces invite you to experience the full line.

Let your true beauty be revealed.

A radiant complexion.

A clear connection to the world of art: before the artist dips their brush in the paints, they prepare their canvas with a primer. We treat our complexion with just as much care. We start by smoothing the appearance of any blemishes.



Products that create a flawless complexion are the essentials of any make-up collection. Dr. Hauschka Foundations, Concealers and Powders even and balance all skin conditions without concealing your individuality. Carefully formulated nurturing plant compositions with witch hazel, sage and

anthyllis balance and enliven. Pomegranate extract and macadamia nut oil protect and care for the skin while offering a light texture for even, effortless application. Delicate touches of our *Blush Duo* add a fresh glow to the cheeks and give your face a harmonious shape.

Model Verena is wearing: Foundation, Concealer, Compact Powder, Bronzing Powder, Eyeshadow Trio 04, Eye & Brow Palette, Blush Duo 01, Defining Mascara 01, Lip Gloss 05



Foundation

Nourishing and naturally luminous for all skin: Light to medium coverage creates a flawless complexion.

The formulation combines mineral pigments with nourishing botanical ingredients such as pomegranate, macadamia nut oil and coconut oil to hydrate and protect skin.

Usage

Several different application techniques: Naturally using the fingers, lightly with a cosmetic sponge or targeted to specific areas using a brush.

01 macadamia

02 almond

03 chestnut

04 hazelnut

05 nutmeg

06 walnut*

07 pecan*

Ingredients

01 macadamia

Water (Aqua), Alcohol, Mica, Simmondsia Chinensis (Jojoba) Seed Oil, Anthyllis Vulneraria Extract, Cocos Nucifera (Coconut) Oil, Caprylic/Capric Triglyceride, Glycerin, Cetearyl Alcohol, Punica Granatum Fruit Extract, Prunus Armeniaca (Apricot) Kernel Oil, Butyrospermum Parkii (Shea) Butter, Macadamia Ternifolia Seed Oil, Daucus Carota Sativa (Carrot) Root Extract, Euphorbia Cerifera (Candelilla) Wax, Fragrance (Parfum)*, Limonene*, Linalool*, Geraniol*, Citronellol*, Benzyl Benzoate*, Benzyl Salicylate*, Farnesol*, Coumarin*, Citral*, Eugenol*, Benzyl Alcohol*, Bentonite, Xanthan Gum, Sodium Cetearyl Sulfate, Silica, Iron Oxides (CI 77491, CI 77492, CI 77499), Titanium Dioxide (CI 77891).

02 almond

Water (Aqua), Alcohol, Mica, Simmondsia Chinensis (Jojoba) Seed Oil, Anthyllis Vulneraria Extract, Cocos Nucifera (Coconut) Oil, Caprylic/Capric Triglyceride, Glycerin, Cetearyl Alcohol, Punica Granatum Fruit Extract, Prunus Armeniaca (Apricot) Kernel Oil, Butyrospermum Parkii (Shea) Butter, Macadamia Ternifolia Seed Oil, Daucus Carota Sativa (Carrot) Root Extract, Euphorbia Cerifera (Candelilla) Wax, Fragrance (Parfum)*, Limonene*, Linalool*, Geraniol*, Citronellol*, Benzyl Benzoate*, Benzyl Salicylate*, Farnesol*, Coumarin*, Citral*, Eugenol*, Benzyl Alcohol*, Bentonite, Xanthan Gum, Sodium Cetearyl Sulfate, Silica, Iron Oxides (CI 77491, CI 77492, CI 77499), Titanium Dioxide (CI 77891).

03 chestnut

Water (Aqua), Alcohol, Mica, Simmondsia Chinensis (Jojoba) Seed Oil, Anthyllis Vulneraria Extract, Cocos Nucifera (Coconut) Oil, Caprylic/Capric Triglyceride, Glycerin, Cetearyl Alcohol, Punica Granatum Fruit Extract, Prunus Armeniaca (Apricot) Kernel Oil, Butyrospermum Parkii (Shea) Butter, Macadamia Ternifolia Seed Oil, Daucus Carota Sativa (Carrot) Root Extract, Euphorbia Cerifera (Candelilla) Wax, Fragrance (Parfum)*, Limonene*, Linalool*, Geraniol*, Citronellol*, Benzyl Benzoate*, Benzyl Salicylate*, Farnesol*, Coumarin*, Citral*, Eugenol*, Benzyl Alcohol*, Bentonite, Xanthan Gum, Sodium Cetearyl Sulfate, Silica, Iron Oxides (CI 77491, CI 77492, CI 77499), Titanium Dioxide (CI 77891), Ultramarines (CI 77007).

04 hazelnut

Water (Aqua), Alcohol, Mica, Simmondsia Chinensis (Jojoba) Seed Oil, Anthyllis Vulneraria Extract, Cocos Nucifera (Coconut) Oil, Caprylic/Capric Triglyceride, Glycerin, Cetearyl Alcohol, Punica Granatum Fruit Extract, Prunus Armeniaca (Apricot) Kernel Oil, Butyrospermum Parkii (Shea) Butter, Macadamia Ternifolia Seed Oil, Daucus Carota Sativa (Carrot) Root Extract, Euphorbia Cerifera (Candelilla) Wax, Fragrance (Parfum)*, Limonene*, Linalool*, Geraniol*, Citronellol*, Benzyl Benzoate*, Benzyl Salicylate*, Farnesol*, Coumarin*, Citral*, Eugenol*, Benzyl Alcohol*, Bentonite, Xanthan Gum, Sodium Cetearyl Sulfate, Silica, Iron Oxides (CI 77491, CI 77492, CI 77499), Titanium Dioxide (CI 77891).

05 nutmeg

Water (Aqua), Alcohol, Mica, Simmondsia Chinensis (Jojoba) Seed Oil, Anthyllis Vulneraria Extract, Cocos Nucifera (Coconut) Oil, Caprylic/Capric Triglyceride, Glycerin, Cetearyl Alcohol, Punica Granatum Fruit Extract, Prunus Armeniaca (Apricot) Kernel Oil, Butyrospermum Parkii (Shea) Butter, Macadamia Ternifolia Seed Oil, Daucus Carota Sativa (Carrot) Root Extract, Euphorbia Cerifera (Candelilla) Wax, Fragrance (Parfum)*, Limonene*, Linalool*, Geraniol*, Citronellol*, Benzyl Benzoate*, Benzyl Salicylate*, Farnesol*, Coumarin*, Citral*, Eugenol*, Benzyl Alcohol*, Bentonite, Xanthan Gum, Sodium Cetearyl Sulfate, Silica, Iron Oxides (CI 77491, CI 77492, CI 77499), Titanium Dioxide (CI 77891), Ultramarines (CI 77007).

06 walnut*

Water (Aqua), Alcohol, Mica, Simmondsia Chinensis (Jojoba) Seed Oil, Anthyllis Vulneraria Extract, Cocos Nucifera (Coconut) Oil, Caprylic/Capric Triglyceride, Glycerin, Cetearyl Alcohol, Punica Granatum Fruit Extract, Prunus Armeniaca (Apricot) Kernel Oil, Butyrospermum Parkii (Shea) Butter, Macadamia Ternifolia Seed Oil, Daucus Carota Sativa (Carrot) Root Extract, Euphorbia Cerifera (Candelilla) Wax, Fragrance (Parfum)*, Limonene*, Linalool*, Geraniol*, Citronellol*, Benzyl Benzoate*, Benzyl Salicylate*, Farnesol*, Coumarin*, Citral*, Eugenol*, Benzyl Alcohol*, Bentonite, Xanthan Gum, Sodium Cetearyl Sulfate, Silica, Iron Oxides (CI 77491, CI 77492, CI 77499), Titanium Dioxide (CI 77891).

07 pecan*

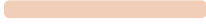
Water (Aqua), Alcohol, Mica, Simmondsia Chinensis (Jojoba) Seed Oil, Anthyllis Vulneraria Extract, Cocos Nucifera (Coconut) Oil, Caprylic/Capric Triglyceride, Glycerin, Cetearyl Alcohol, Punica Granatum Fruit Extract, Prunus Armeniaca (Apricot) Kernel Oil, Butyrospermum Parkii (Shea) Butter, Macadamia Ternifolia Seed Oil, Daucus Carota Sativa (Carrot) Root Extract, Euphorbia Cerifera (Candelilla) Wax, Fragrance (Parfum)*, Limonene*, Linalool*, Geraniol*, Citronellol*, Benzyl Benzoate*, Benzyl Salicylate*, Farnesol*, Coumarin*, Citral*, Eugenol*, Benzyl Alcohol*, Bentonite, Xanthan Gum, Sodium Cetearyl Sulfate, Silica, Iron Oxides (CI 77491, CI 77492, CI 77499), Titanium Dioxide (CI 77891).

*component of natural essential oils

*Shades 06 and 07 are not available in all countries.



01 macadamia



02 chestnut



03 nutmeg



Concealer

Beautifully balanced: Natural coverage conceals imperfections. The formulation combines mineral pigments with nourishing botanical ingredients such as calendula and shea butter to nurture skin.

Usage

Apply directly to the skin. Can be applied over Foundation.

Ingredients

01 macadamia

Water (Aqua), Alcohol, Mica, Glycerin, Persea Gratissima (Avocado) Oil, Prunus Amygdalus Dulcis (Sweet Almond) Oil, Cetearyl Alcohol, Simmondsia Chinensis (Jojoba) Seed Oil, Macadamia Ternifolia Seed Oil, Butyrospermum Parkii (Shea) Butter, Calendula Officinalis Flower Extract, Anthyllis Vulneraria Extract, Cocos Nucifera (Coconut) Oil, Daucus Carota Sativa (Carrot) Root Extract, Fragrance (Parfum)*, Limonene*, Geraniol*, Linalool*, Citronellol*, Benzyl Benzoate*, Benzyl Salicylate*, Farnesol*, Coumarin*, Citral*, Eugenol*, Bentonite, Sodium Cetearyl Sulfate, Citric Acid, Xanthan Gum, Silica, Iron Oxides (CI 77491, CI 77492, CI 77499), Titanium Dioxide (CI 77891), Zinc Oxide (CI 77947).

02 chestnut

Water (Aqua), Alcohol, Mica, Glycerin, Persea Gratissima (Avocado) Oil, Prunus Amygdalus Dulcis (Sweet Almond) Oil, Cetearyl Alcohol, Simmondsia Chinensis (Jojoba) Seed Oil, Macadamia Ternifolia Seed Oil, Butyrospermum Parkii (Shea) Butter, Calendula Officinalis Flower Extract, Anthyllis Vulneraria Extract, Cocos Nucifera (Coconut) Oil, Daucus Carota Sativa (Carrot) Root Extract, Fragrance (Parfum)*, Limonene*, Geraniol*, Linalool*, Citronellol*, Benzyl Benzoate*, Benzyl Salicylate*, Farnesol*, Coumarin*, Citral*, Eugenol*, Bentonite, Sodium Cetearyl Sulfate, Citric Acid, Xanthan Gum, Silica, Iron Oxides (CI 77491, CI 77492, CI 77499), Titanium Dioxide (CI 77891), Ultramarines (CI 77007), Zinc Oxide (CI 77947).

03 nutmeg

Water (Aqua), Alcohol, Mica, Glycerin, Persea Gratissima (Avocado) Oil, Prunus Amygdalus Dulcis (Sweet Almond) Oil, Cetearyl Alcohol, Simmondsia Chinensis (Jojoba) Seed Oil, Macadamia Ternifolia Seed Oil, Butyrospermum Parkii (Shea) Butter, Calendula Officinalis Flower Extract, Anthyllis Vulneraria Extract, Cocos Nucifera (Coconut) Oil, Daucus Carota Sativa (Carrot) Root Extract, Fragrance (Parfum)*, Limonene*, Geraniol*, Linalool*, Citronellol*, Benzyl Benzoate*, Benzyl Salicylate*, Farnesol*, Coumarin*, Citral*, Eugenol*, Bentonite, Sodium Cetearyl Sulfate, Citric Acid, Xanthan Gum, Silica, Iron Oxides (CI 77491, CI 77492, CI 77499), Titanium Dioxide (CI 77891), Ultramarines (CI 77007), Zinc Oxide (CI 77947).

*component of natural essential oils



00 translucent



Light Reflecting Concealer

Brighten: Soften dark shadows with natural light reflections.

The formulation combines mineral pigments with soothing botanical ingredients such as anthyllis and almond oil. Suitable for sensitive skin.

Usage

Apply around the eyes, above the lips and to the lip contour – directly or over Foundation.

Ingredients

00 translucent

Water (Aqua), Alcohol, Sodium Potassium Aluminum Silicate, Glycerin, Persea Gratissima (Avocado) Oil, Prunus Amygdalus Dulcis (Sweet Almond) Oil, Cetearyl Alcohol, Mica, Macadamia Ternifolia Seed Oil, Silica, Simmondsia Chinensis (Jojoba) Seed Oil, Butyrospermum Parkii (Shea) Butter, Calendula Officinalis Flower Extract, Anthyllis Vulneraria Extract, Cocos Nucifera (Coconut) Oil, Daucus Carota Sativa (Carrot) Root Extract, Fragrance (Parfum)*, Limonene*, Geraniol*, Linalool*, Citronellol*, Benzyl Benzoate*, Benzyl Salicylate*, Farnesol*, Coumarin*, Citral*, Eugenol*, Bentonite, Sodium Cetearyl Sulfate, Citric Acid, Xanthan Gum, Iron Oxides (CI 77491, CI 77492, CI 77499), Titanium Dioxide (CI 77891), Zinc Oxide (CI 77947).

*component of natural essential oils

00 translucent



Loose Powder

A light touch: This sheer powder sets make-up and reduces oily shine.

This delicate, airy formulation combines mineral pigments, silk and nourishing botanical ingredients such as witch hazel to protect skin without drying. The result: a wonderfully soft, fresh finish.

Usage

Lightly press into the skin using the powder pad.

Ingredients

00 translucent
Manihot Utilissima (Tapioca) Starch, Silk (Serica) Powder, Mica, Diatomaceous Earth (Solum Diatomeae), Anthyllis Vulneraria Extract, Hydrated Silica, Hamamelis Virginiana (Witch Hazel) Bark/Leaf Extract, Camellia Sinensis Leaf Extract, Fragrance (Parfum)*, Limonene*, Linalool*, Citronellol*, Geraniol*, Coumarin*, Citral*, Benzyl Benzoate*, Farnesol*, Eugenol*, Benzyl Salicylate*, Silica, Iron Oxides (CI 77491, CI 77492, CI 77499).

*component of natural essential oils

01 macadamia



02 chestnut



03 nutmeg



Compact Powder

A soft touch: Compact Powder reduces shine and offers an even, flawless complexion.

The formulation combines mineral pigments with nourishing ingredients such as anthyllis and silk powder to leave the skin feeling velvety soft and silky smooth.

Usage

Lightly press into the skin using the powder pad. Ideal for refreshing make-up while out and about.

Ingredients

01 macadamia

Talc, Mica, Silk (Serica) Powder, Diatomaceous Earth (Solum Diatomeae), Magnesium Stearate, Caprylic/Capric Triglyceride, Anthyllis Vulneraria Extract, Hamamelis Virginiana (Witch Hazel) Bark/Leaf Extract, Silica, Camellia Sinensis Leaf Extract, Fragrance (Parfum)*, Limonene*, Citronellol*, Linalool*, Geraniol*, Benzyl Benzoate*, Benzyl Salicylate*, Farnesol*, Citral*, Coumarin*, Eugenol*, Iron Oxides (CI 77491, CI 77492, CI 77499), Titanium Dioxide (CI 77891).

02 chestnut

Talc, Mica, Silk (Serica) Powder, Diatomaceous Earth (Solum Diatomeae), Magnesium Stearate, Caprylic/Capric Triglyceride, Anthyllis Vulneraria Extract, Hamamelis Virginiana (Witch Hazel) Bark/Leaf Extract, Silica, Camellia Sinensis Leaf Extract, Fragrance (Parfum)*, Limonene*, Citronellol*, Linalool*, Geraniol*, Benzyl Benzoate*, Benzyl Salicylate*, Farnesol*, Citral*, Coumarin*, Eugenol*, Iron Oxides (CI 77491, CI 77492, CI 77499), Titanium Dioxide (CI 77891), Ultramarines (CI 77007).

03 nutmeg

Talc, Mica, Silk (Serica) Powder, Diatomaceous Earth (Solum Diatomeae), Magnesium Stearate, Caprylic/Capric Triglyceride, Anthyllis Vulneraria Extract, Hamamelis Virginiana (Witch Hazel) Bark/Leaf Extract, Silica, Camellia Sinensis Leaf Extract, Fragrance (Parfum)*, Limonene*, Citronellol*, Linalool*, Geraniol*, Benzyl Benzoate*, Benzyl Salicylate*, Farnesol*, Citral*, Coumarin*, Eugenol*, Iron Oxides (CI 77491, CI 77492, CI 77499), Titanium Dioxide (CI 77891), Ultramarines (CI 77007).

*component of natural essential oils

00 translucent



01 bronze



Colour Correcting Powder

Fresh and flawless: Featuring four translucent shades, Colour Correcting Powder reduces the appearance of redness and lightens shadows for a beautifully fresh complexion.

Luminous mineral pigments are combined with nourishing botanical ingredients such as soothing anthyllis and witch hazel for a flawless appearance.

Usage

Can be applied directly to the skin or over Foundation.

Ingredients

00 translucent

01, 02: Talc, Silk (Serica) Powder, Diatomaceous Earth (Solum Diatomeae), Sodium Potassium Aluminum Silicate, Magnesium Stearate, Caprylic/Capric Triglyceride, Anthyllis Vulneraria Extract, Mica, Hamamelis Virginiana (Witch Hazel) Bark/Leaf Extract, Silica, Camellia Sinensis Leaf Extract, Fragrance (Parfum)*, Citronellol*, Geraniol*, Linalool*, Citral*, Eugenol*, Tin Oxide. [May contain (+/-) Iron Oxides (CI 77491, CI 77492), Titanium Dioxide (CI 77891), Ultramarines (CI 77007)].

03, 04: Talc, Silk (Serica) Powder, Diatomaceous Earth (Solum Diatomeae), Sodium Potassium Aluminum Silicate, Magnesium Stearate, Caprylic/Capric Triglyceride, Anthyllis Vulneraria Extract, Hamamelis Virginiana (Witch Hazel) Bark/Leaf Extract, Mica, Silica, Camellia Sinensis Leaf Extract, Fragrance (Parfum)*, Citronellol*, Geraniol*, Linalool*, Citral*, Eugenol*. [May contain (+/-) Carmine (CI 75470), Iron Oxides (CI 77491, CI 77492, CI 77499), Titanium Dioxide (CI 77891), Ultramarines (CI 77007)].

*component of natural essential oils

Bronzing Powder

Sun-kissed and glowing: This sheer powder adds a translucent bronzed effect to the skin – for radiance that glows with vitality. The sunny formulation combines mineral pigments with nourishing botanical ingredients such as witch hazel and sage to soothe, protect and comfort skin.

Usage

Dust the powder across the forehead, nose, chin and cheeks using circular movements, spreading from the centre outwards.

Ingredients

01 bronze

Talc, Diatomaceous Earth (Solum Diatomeae), Silk (Serica) Powder, Kaolin, Anthyllis Vulneraria Extract, Magnesium Stearate, Simmondsia Chinensis (Jojoba) Seed Oil, Mica, Hamamelis Virginiana (Witch Hazel) Bark/Leaf Extract, Silica, Salvia Officinalis (Sage) Leaf Extract, Daucus Carota Sativa (Carrot) Root Extract, Camellia Sinensis Leaf Extract, Fragrance (Parfum)*, Limonene*, Linalool*, Citronellol*, Geraniol*, Coumarin*, Citral*, Benzyl Benzoate*, Farnesol*, Eugenol*, Benzyl Salicylate*, Tocopherol, Ascorbyl Dipalmitate, Iron Oxides (CI 77491, CI 77492, CI 77499), Titanium Dioxide (CI 77891).

*component of natural essential oils

01 soft apricot



02 dewy peach



03 sun-kissed nectarine



Blush Duo

Enchanting: Two complementary shades frame the face and highlight the cheeks.

The formulation combines mineral pigments with nourishing botanical ingredients such as sage and anthyllis for cheeks that look and feel radiant, healthy and supple.

Usage

Use the dark, matte shade to add contours. Use the light, shimmering shade for highlights.

Ingredients

01 soft apricot

01: Talc, Diatomaceous Earth (Solum Diatomeae), Kaolin, Magnesium Stearate, Anthyllis Vulneraria Extract, Caprylic/Capric Triglyceride, Hamamelis Virginiana (Witch Hazel) Bark/Leaf Extract, Silk (Serica) Powder, Silica, Salvia Officinalis (Sage) Leaf Extract, Camellia Sinensis Leaf Extract, Fragrance (Parfum)*, Citronellol*, Geraniol*, Linalool*, Citral*, Eugenol*, Carmine (CI 75470), Iron Oxides (CI 77491, CI 77492, CI 77499), Titanium Dioxide (CI 77891), Ultramarines (CI 77007).

02: Talc, Mica, Kaolin, Magnesium Stearate, Caprylic/Capric Triglyceride, Diatomaceous Earth (Solum Diatomeae), Anthyllis Vulneraria Extract, Silk (Serica) Powder, Hamamelis Virginiana (Witch Hazel) Bark/leaf Extract, Silica, Salvia Officinalis (Sage) Leaf Extract, Camellia Sinensis Leaf Extract, Fragrance (Parfum)*, Citronellol*, Geraniol*, Linalool*, Citral*, Eugenol*, Iron Oxides (CI 77491, CI 77492, CI 77499), Titanium Dioxide (CI 77891).

02 dewy peach

01: Talc, Diatomaceous Earth (Solum Diatomeae), Kaolin, Magnesium Stearate, Anthyllis Vulneraria Extract, Caprylic/Capric Triglyceride, Mica, Hamamelis Virginiana (Witch Hazel) Bark/Leaf Extract, Silk (Serica) Powder, Silica, Salvia Officinalis (Sage) Leaf Extract, Camellia Sinensis Leaf Extract, Fragrance (Parfum)*, Citronellol*, Geraniol*, Linalool*, Citral*, Eugenol*, Carmine (CI 75470), Iron Oxides (CI 77491), Titanium Dioxide (CI 77891).

02: Talc, Kaolin, Mica, Magnesium Stearate, Caprylic/Capric Triglyceride, Diatomaceous Earth (Solum Diatomeae), Anthyllis Vulneraria Extract, Silk (Serica) Powder, Hamamelis Virginiana (Witch Hazel) Bark/Leaf Extract, Silica, Salvia Officinalis (Sage) Leaf Extract, Camellia Sinensis Leaf Extract, Fragrance (Parfum)*, Citronellol*, Geraniol*, Linalool*, Citral*, Eugenol*, Carmine (CI 75470), Titanium Dioxide (CI 77891).

03 sun-kissed nectarine

01: Talc, Diatomaceous Earth (Solum Diatomeae), Kaolin, Magnesium Stearate, Anthyllis Vulneraria Extract, Caprylic/Capric Triglyceride, Mica, Hamamelis Virginiana (Witch Hazel) Bark/Leaf Extract, Silk (Serica) Powder, Silica, Salvia Officinalis (Sage) Leaf Extract, Camellia Sinensis Leaf Extract, Fragrance (Parfum)*, Citronellol*, Geraniol*, Linalool*, Citral*, Eugenol*, Iron Oxides (CI 77491, CI 77492, CI 77499), Titanium Dioxide (CI 77891).

02: Talc, Kaolin, Mica, Magnesium Stearate, Caprylic/Capric Triglyceride, Diatomaceous Earth (Solum Diatomeae), Calcium Aluminum Borosilicate, Anthyllis Vulneraria Extract, Silk (Serica) Powder, Silica, Hamamelis Virginiana (Witch Hazel) Bark/Leaf Extract, Salvia Officinalis (Sage) Leaf Extract, Camellia Sinensis Leaf Extract, Fragrance (Parfum)*, Citronellol*, Geraniol*, Linalool*, Citral*, Eugenol*, Tin Oxide, Carmine (CI 75470), Iron Oxides (CI 77491), Titanium Dioxide (CI 77891).

*component of natural essential oils

Bright eyes.

Add delicate accents of colour to let your inner light sparkle.



Light and dark, warm and cold, shimmering and matte. Contrasts make the eyes shine more brightly, drawing people's gaze and more clearly expressing our identity. Colourful Eyeshadows, Eye Definers, Eyeliners and Mascaras offer inspirational new opportunities. With

unique formulations containing valuable botanical waxes and oils, they protect and care for the delicate skin around the eyes. Eyebright, witch hazel and black tea provide soothing care while highlighting the eyes' vitality.

Model Anne is wearing: Foundation, Loose Powder, Light Reflecting Concealer, Eyeshadow Trio 02, Sheer Lipstick 06, Blush Duo 01, Eye Definer 02, Volume Mascara 02

01 black



02 brown



03 blue



04 green



05 taupe



06 plum



00 nude



Eye Definer

Eyes redefined: This soft pencil glides on smoothly to highlight the eyes' expressive beauty.

The gentle formulation combines mineral pigments with nourishing botanical ingredients such as anthyllis, quince wax and shea butter to soothe and moisturise for a silky soft finish.

Usage

Apply to the upper and/ or lower edge of the eyelids, then smudge with the applicator. Can also be applied to the inner edge of the eyelid.

Ingredients

01 black

Hydrogenated Jojoba Oil, Mica, Simmondsia Chinensis (Jojoba) Seed Oil, Caprylic/Capric Triglyceride, Hydrogenated Vegetable Oil, Butyrospermum Parkii (Shea) Butter, Canola Oil, Sclerocarya Birrea Seed Oil, Euphorbia Cerifera (Candelilla) Wax, Pyrus Cydonia Peel/Fruit Wax, Diatomaceous Earth (Solum Diatomeae), Glyceryl Caprylate, Anthyllis Vulneraria Extract, Hamamelis Virginiana (Witch Hazel) Bark/Leaf Extract, Camellia Sinensis Leaf Extract, Copernicia Cerifera (Carnauba) Wax, Helianthus Annuus (Sunflower) Seed Oil, Fragrance (Parfum)*, Citronellol*, Geraniol*, Linalool*, Tocopherol, Ascorbyl Palmitate, Iron Oxides (CI 77499).

02 brown

Hydrogenated Jojoba Oil, Simmondsia Chinensis (Jojoba) Seed Oil, Caprylic/Capric Triglyceride, Hydrogenated Vegetable Oil, Butyrospermum Parkii (Shea) Butter, Canola Oil, Sclerocarya Birrea Seed Oil, Mica, Euphorbia Cerifera (Candelilla) Wax, Pyrus Cydonia Peel/Fruit Wax, Diatomaceous Earth (Solum Diatomeae), Glyceryl Caprylate, Anthyllis Vulneraria Extract, Hamamelis Virginiana (Witch Hazel) Bark/Leaf Extract, Camellia Sinensis Leaf Extract, Copernicia Cerifera (Carnauba) Wax, Helianthus Annuus (Sunflower) Seed Oil, Fragrance (Parfum)*, Citronellol*, Geraniol*, Linalool*, Tocopherol, Ascorbyl Palmitate, Iron Oxides (CI 77491, CI 77492, CI 77499), Titanium Dioxide (CI 77891).

03 blue

Hydrogenated Jojoba Oil, Simmondsia Chinensis (Jojoba) Seed Oil, Caprylic/Capric Triglyceride, Hydrogenated Vegetable Oil, Butyrospermum Parkii (Shea) Butter, Canola Oil, Sclerocarya Birrea Seed Oil, Euphorbia Cerifera (Candelilla) Wax, Pyrus Cydonia Peel/Fruit Wax, Diatomaceous Earth (Solum Diatomeae), Glyceryl Caprylate, Anthyllis Vulneraria Extract, Hamamelis Virginiana (Witch Hazel) Bark/Leaf Extract, Camellia Sinensis Leaf Extract, Copernicia Cerifera (Carnauba) Wax, Helianthus Annuus (Sunflower) Seed Oil, Fragrance (Parfum)*, Citronellol*, Geraniol*, Linalool*, Tocopherol, Ascorbyl Palmitate, Carmine (CI 75470), Iron Oxides (CI 77499), Titanium Dioxide (CI 77891), Ultramarines (CI 77007).

04 green

Hydrogenated Jojoba Oil, Mica, Simmondsia Chinensis (Jojoba) Seed Oil, Caprylic/Capric Triglyceride, Hydrogenated Vegetable Oil, Butyrospermum Parkii (Shea) Butter, Canola Oil, Sclerocarya Birrea Seed Oil, Euphorbia Cerifera (Candelilla) Wax, Pyrus Cydonia Peel/Fruit Wax, Diatomaceous Earth (Solum Diatomeae), Glyceryl Caprylate, Anthyllis Vulneraria Extract, Hamamelis Virginiana (Witch Hazel) Bark/Leaf Extract, Camellia Sinensis Leaf Extract, Copernicia Cerifera (Carnauba) Wax, Helianthus Annuus (Sunflower) Seed Oil, Fragrance (Parfum)*, Citronellol*, Geraniol*, Linalool*, Tocopherol, Ascorbyl Palmitate, Iron Oxides (CI 77492), Titanium Dioxide (CI 77891), Ultramarines (CI 77007).

05 taupe

Hydrogenated Jojoba Oil, Mica, Simmondsia Chinensis (Jojoba) Seed Oil, Caprylic/Capric Triglyceride, Hydrogenated Vegetable Oil, Butyrospermum Parkii (Shea) Butter, Canola Oil, Sclerocarya Birrea Seed Oil, Euphorbia Cerifera (Candelilla) Wax, Pyrus Cydonia Peel/Fruit Wax, Diatomaceous Earth (Solum Diatomeae), Glyceryl Caprylate, Anthyllis Vulneraria Extract, Hamamelis Virginiana (Witch Hazel) Bark/Leaf Extract, Camellia Sinensis Leaf Extract, Copernicia Cerifera (Carnauba) Wax, Helianthus Annuus (Sunflower) Seed Oil, Tocopherol, Ascorbyl Palmitate, Fragrance (Parfum)*, Citronellol*, Geraniol*, Linalool*, Iron Oxides (CI 77491, CI 77492, CI 77499), Titanium Dioxide (CI 77891).

06 plum

Hydrogenated Jojoba Oil, Mica, Simmondsia Chinensis (Jojoba) Seed Oil, Caprylic/Capric Triglyceride, Hydrogenated Vegetable Oil, Butyrospermum Parkii (Shea) Butter, Canola Oil, Sclerocarya Birrea Seed Oil, Euphorbia Cerifera (Candelilla) Wax, Maltodextrin, Pyrus Cydonia Peel/Fruit Wax, Diatomaceous Earth (Solum Diatomeae), Glyceryl Caprylate, Anthyllis Vulneraria Extract, Hamamelis Virginiana (Witch Hazel) Bark/Leaf Extract, Camellia Sinensis Leaf Extract, Copernicia Cerifera (Carnauba) Wax, Helianthus Annuus (Sunflower) Seed Oil, Fragrance (Parfum)*, Citronellol*, Geraniol*, Linalool*, Tocopherol, Ascorbyl Palmitate, Carmine (CI 75470), Iron Oxides (CI 77499), Titanium Dioxide (CI 77891), Ultramarines (CI 77007).

*component of natural essential oils

Eye Definer nude

As brilliant as the stars: This soft, nude shade makes eyes appear bigger and brighter.

The gentle formulation combines mineral pigments with nourishing botanical ingredients such as anthyllis, quince wax and shea butter to soothe and moisturise for a silky soft finish.

Usage

Apply to the inner edge of the lower eyelid.

Ingredients

00 nude

Hydrogenated Jojoba Oil, Simmondsia Chinensis (Jojoba) Seed Oil, Caprylic/Capric Triglyceride, Hydrogenated Vegetable Oil, Butyrospermum Parkii (Shea) Butter, Canola Oil, Sclerocarya Birrea Seed Oil, Euphorbia Cerifera (Candelilla) Wax, Pyrus Cydonia Peel/Fruit Wax, Diatomaceous Earth (Solum Diatomeae), Glyceryl Caprylate, Anthyllis Vulneraria Extract, Hamamelis Virginiana (Witch Hazel) Bark/Leaf Extract, Camellia Sinensis Leaf Extract, Copernicia Cerifera (Carnauba) Wax, Helianthus Annuus (Sunflower) Seed Oil, Fragrance (Parfum)*, Citronellol*, Geraniol*, Linalool*, Tocopherol, Ascorbyl Palmitate. [May contain (+/-) Mica, Iron Oxides (CI 77491, CI 77492, CI 77499), Titanium Dioxide (CI 77891), Ultramarines (CI 77007)].

*component of natural essential oils



Eyeshadow Trio

Brilliant: Three complementary shades reflect, highlight and enliven – for brilliant, sparkling eyes.

The formulation combines mineral pigments, silk and nourishing botanical ingredients such as black tea to moisturise and soothe the delicate skin around the eyes.

Usage

Apply the lightest shade from the upper eyelid to below the eyebrows. Draw the darkest shade across from the outer corner of the eye into the crease and then below the lower lashes. Apply the medium shade to the middle of the upper lid.

Ingredients.

01 sapphire

01, 03: Talc, Mica, Magnesium Stearate, Caprylic/Capric Triglyceride, Silk (Serica) Powder, Diatomaceous Earth (Solum Diatomeae), Silica, Anthyllis Vulneraria Extract, Hamamelis Virginiana (Witch Hazel) Bark/Leaf Extract, Camellia Sinensis Leaf Extract, Fragrance (Parfum)*, Citronellol*, Geraniol*, Linalool*, Citral*, Eugenol*, Iron Oxides (CI 77491, CI 77492, CI 77499), Titanium Dioxide (CI 77891), Ultramarines (CI 77007).

02: Talc, Mica, Magnesium Stearate, Caprylic/Capric Triglyceride, Silk (Serica) Powder, Silica, Diatomaceous Earth (Solum Diatomeae), Anthyllis Vulneraria Extract, Hamamelis Virginiana (Witch Hazel) Bark/Leaf Extract, Camellia Sinensis Leaf Extract, Fragrance (Parfum)*, Citronellol*, Geraniol*, Linalool*, Citral*, Eugenol*, Iron Oxides (CI 77499), Titanium Dioxide (CI 77891), Ultramarines (CI 77007).

01 sapphire



03 ametrine



02 jade



04 sunstone



02 jade

01: Talc, Mica, Magnesium Stearate, Caprylic/Capric Triglyceride, Silk (Serica) Powder, Diatomaceous Earth (Solum Diatomeae), Silica, Anthyllis Vulneraria Extract, Hamamelis Virginiana (Witch Hazel) Bark/Leaf Extract, Camellia Sinensis Leaf Extract, Fragrance (Parfum)*, Citronellol*, Geraniol*, Linalool*, Citral*, Eugenol*, Iron Oxides (CI 77491, CI 77499), Titanium Dioxide (CI 77891).

02: Talc, Mica, Magnesium Stearate, Caprylic/Capric Triglyceride, Silica, Silk (Serica) Powder, Diatomaceous Earth (Solum Diatomeae), Anthyllis Vulneraria Extract, Hamamelis Virginiana (Witch Hazel) Bark/Leaf Extract, Camellia Sinensis Leaf Extract, Fragrance (Parfum)*, Citronellol*, Geraniol*, Linalool*, Citral*, Eugenol*, Tin Oxide, Iron Oxides (CI 77491, CI 77492), Titanium Dioxide (CI 77891), Ultramarines (CI 77007).

03: Talc, Mica, Magnesium Stearate, Caprylic/Capric Triglyceride, Silk (Serica) Powder, Diatomaceous Earth (Solum Diatomeae), Silica, Anthyllis Vulneraria Extract, Hamamelis Virginiana (Witch Hazel) Bark/Leaf Extract, Camellia Sinensis Leaf Extract, Fragrance (Parfum)*, Citronellol*, Geraniol*, Linalool*, Citral*, Eugenol*, Maltodextrin, Carmine (CI 75470), Iron Oxides (CI 77491, CI 77499), Titanium Dioxide (CI 77891).

05 ametrine

01: Talc, Mica, Magnesium Stearate, Caprylic/Capric Triglyceride, Silk (Serica) Powder, Diatomaceous Earth (Solum Diatomeae), Silica, Anthyllis Vulneraria Extract, Hamamelis Virginiana (Witch Hazel) Bark/Leaf Extract, Camellia Sinensis Leaf Extract, Fragrance (Parfum)*, Citronellol*, Geraniol*, Linalool*, Citral*, Eugenol*, Maltodextrin, Carmine (CI 75470), Iron Oxides (CI 77491, CI 77499), Titanium Dioxide (CI 77891), Ultramarines (CI 77007).

02: Talc, Mica, Magnesium Stearate, Caprylic/Capric Triglyceride, Silk (Serica) Powder, Silica, Diatomaceous Earth (Solum Diatomeae), Anthyllis Vulneraria Extract, Hamamelis Virginiana (Witch Hazel) Bark/Leaf Extract, Camellia Sinensis Leaf Extract, Fragrance (Parfum)*, Citronellol*, Geraniol*, Linalool*, Citral*, Eugenol*, Maltodextrin, Carmine (CI 75470), Iron Oxides (CI 77491, CI 77499), Titanium Dioxide (CI 77891), Ultramarines (CI 77007).

03: Talc, Mica, Magnesium Stearate, Caprylic/Capric Triglyceride, Silk (Serica) Powder, Maltodextrin, Diatomaceous Earth (Solum Diatomeae), Silica, Anthyllis Vulneraria Extract, Hamamelis Virginiana (Witch Hazel) Bark/Leaf Extract, Camellia Sinensis Leaf Extract, Fragrance (Parfum)*, Citronellol*, Geraniol*, Linalool*, Citral*, Eugenol*, Carmine (CI 75470), Iron Oxides (CI 77491, CI 77499), Titanium Dioxide (CI 77891), Ultramarines (CI 77007).

04 sunstone

01,02,03: Talc, Mica, Magnesium Stearate, Caprylic/Capric Triglyceride, Silk (Serica) Powder, Diatomaceous Earth (Solum Diatomeae), Silica, Anthyllis Vulneraria Extract, Hamamelis Virginiana (Witch Hazel) Bark/Leaf Extract, Camellia Sinensis Leaf Extract, Fragrance (Parfum)*, Citronellol*, Geraniol*, Linalool*, Citral*, Eugenol*, Tin Oxide. [May contain (+/-) Carmine (CI 75470), Iron Oxides (CI 77491, CI 77492, CI 77499), Titanium Dioxide (CI 77891)].

*component of natural essential oils

01 alabaster



02 lapis lazuli



03 rubellite



04 verdelite



05 amber



Eyeshadow

Dazzling: Vibrant colours intensify all eye make-up.

The formulation combines mineral pigments, silk and nourishing botanical ingredients such as black tea to moisturise and soothe the delicate skin around the eyes.

Usage

Expressive accents: Apply on its own or with Eyeshadow Trio.

Ingredients

01 alabaster

Talc, Sodium Potassium Aluminum Silicate, Magnesium Stearate, Caprylic/Capric Triglyceride, Silk (Serica) Powder, Calcium Aluminum Borosilicate, Mica, Silica, Diatomaceous Earth (Solum Diatomeae), Anthyllis Vulneraria Extract, Hamamelis Virginiana (Witch Hazel) Bark/Leaf Extract, Camellia Sinensis Leaf Extract, Fragrance (Parfum)*, Citronellol*, Geraniol*, Linalool*, Citral*, Eugenol*, Tin Oxide, Alumina, Iron Oxides (CI 77491, CI 77492, CI 77499), Titanium Dioxide (CI 77891).

02 lapis lazuli

Talc, Mica, Magnesium Stearate, Caprylic/Capric Triglyceride, Silk (Serica) Powder, Silica, Calcium Aluminum Borosilicate, Diatomaceous Earth (Solum Diatomeae), Anthyllis Vulneraria Extract, Hamamelis Virginiana (Witch Hazel) Bark/Leaf Extract, Camellia Sinensis Leaf Extract, Fragrance (Parfum)*, Citronellol*, Geraniol*, Linalool*, Citral*, Eugenol*, Tin Oxide, Iron Oxides (CI 77499), Titanium Dioxide (CI 77891), Ultramarines (CI 77007).

03 rubellite

Talc, Mica, Magnesium Stearate, Caprylic/Capric Triglyceride, Calcium Aluminum Borosilicate, Silk (Serica) Powder, Silica, Diatomaceous Earth (Solum Diatomeae), Anthyllis Vulneraria Extract, Hamamelis Virginiana (Witch Hazel) Bark/Leaf Extract, Camellia Sinensis Leaf Extract, Fragrance (Parfum)*, Citronellol*, Geraniol*, Linalool*, Citral*, Eugenol*, Maltodextrin, Tin Oxide, Carmine (CI 75470), Iron Oxides (CI 77491), Titanium Dioxide (CI 77891), Ultramarines (CI 77007).

04 verdelite

Talc, Mica, Calcium Aluminum Borosilicate, Magnesium Stearate, Caprylic/Capric Triglyceride, Silk (Serica) Powder, Silica, Diatomaceous Earth (Solum Diatomeae), Anthyllis Vulneraria Extract, Hamamelis Virginiana (Witch Hazel) Bark/Leaf Extract, Camellia Sinensis Leaf Extract, Fragrance (Parfum)*, Citronellol*, Geraniol*, Linalool*, Citral*, Eugenol*, Tin Oxide, Iron Oxides (CI 77499), Titanium Dioxide (CI 77891), Ultramarines (CI 77007).

05 amber

Talc, Mica, Magnesium Stearate, Caprylic/Capric Triglyceride, Silk (Serica) Powder, Diatomaceous Earth (Solum Diatomeae), Anthyllis Vulneraria Extract, Hamamelis Virginiana (Witch Hazel) Bark/Leaf Extract, Camellia Sinensis Leaf Extract, Fragrance (Parfum)*, Citronellol*, Geraniol*, Linalool*, Citral*, Eugenol*, Silica, Alumina, Iron Oxides (CI 77491, CI 77492, CI 77499).

*component of natural essential oils



Eye & Brow Palette

Eye-opening: The velvety, matte colours offer depth to the eyes and create beautifully expressive eyebrows.

The formulation combines mineral pigments, silk powder and nourishing botanical ingredients such as black tea to moisturise and soothe the delicate skin around the eyes.

Usage

Apply the desired combination of colours to the eyelid using the rounded side of the brush. Fill out the eyebrows with the tapered brush by using small, fine strokes in the direction of growth.

Ingredients:

01 stone

01, 03, 04: Talc, Magnesium Stearate, Caprylic/Capric Triglyceride, Silk (Serica) Powder, Silica, Diatomaceous Earth (Solum Diatomeae), Anthyllis Vulneraria Extract, Hamamelis Virginiana (Witch Hazel) Bark/Leaf Extract, Camellia Sinensis Leaf Extract, Fragrance (Parfum)*, Citronellol*, Geraniol*, Linalool*, Citral*, Eugenol*, Maltodextrin, Carmine (CI 75470), Iron Oxides (CI 77491, CI 77492, CI 77499), Titanium Dioxide (CI 77891), Ultramarines (CI 77007).

02: Talc, Mica, Magnesium Stearate, Caprylic/Capric Triglyceride, Silk (Serica) Powder, Silica, Diatomaceous Earth (Solum Diatomeae), Anthyllis Vulneraria Extract, Hamamelis Virginiana (Witch Hazel) Bark/Leaf Extract, Camellia Sinensis Leaf Extract, Fragrance (Parfum)*, Citronellol*, Geraniol*, Linalool*, Citral*, Eugenol*, Maltodextrin, Carmine (CI 75470), Iron Oxides (CI 77491, CI 77492, CI 77499), Titanium Dioxide (CI 77891), Ultramarines (CI 77007).

*component of natural essential oils



Liquid Eyeliner

Like magic: Precise, eye-defining lines. Combines mineral pigments with botanical ingredients to nurture and soothe.

Usage

Draw a line from the middle to the inner corner, then from the middle to the outer corner, gradually widening the line and ending with a flourish.

Ingredients

01 black

Water (Aqua), Alcohol, Sorbitol, Camellia Sinensis Leaf Extract, Simmondsia Chinensis (Jojoba) Seed Oil, Glycerin, Sucrose Distearate, Ricinus Communis (Castor) Seed Oil, Euphorbia Cerifera (Candelilla) Wax, Euphrasia Officinalis Extract, Beeswax (Cera Alba), Fragrance (Parfum)*, Citronellol*, Geraniol*, Chondrus Crispus Extract, Acacia Senegal Gum, Bentonite, Xanthan Gum, Sucrose Polystearate, Lysolecithin, Silica, Iron Oxides (CI 77499), Titanium Dioxide (CI 77891), Ultramarines (CI 77007).

02 brown

Water (Aqua), Alcohol, Sorbitol, Camellia Sinensis Leaf Extract, Simmondsia Chinensis (Jojoba) Seed Oil, Glycerin, Sucrose Distearate, Ricinus Communis (Castor) Seed Oil, Euphorbia Cerifera (Candelilla) Wax, Euphrasia Officinalis Extract, Beeswax (Cera Alba), Fragrance (Parfum)*, Citronellol*, Geraniol*, Chondrus Crispus Extract, Acacia Senegal Gum, Bentonite, Xanthan Gum, Sucrose Polystearate, Lysolecithin, Silica, Iron Oxides (CI 77491, CI 77492, CI 77499), Titanium Dioxide (CI 77891), Ultramarines (CI 77007).

*component of natural essential oils



Defining Mascara

Stunning: Mascara separates and defines each lash for a naturally expressive look.

The formulation combines mineral pigments with nourishing ingredients such as eyebright and beeswax to soothe and protect delicate lashes.

Usage

Apply evenly to the lashes from root to tip.

Ingredients

01 black

Water (Aqua), Alcohol, Sorbitol, Ricinus Communis (Castor) Seed Oil, Cetearyl Alcohol, Camellia Sinensis Leaf Extract, Melia Azadirachta Leaf Extract, Euphrasia Officinalis Extract, Hectorite, Hydrogenated Jojoba Oil, Beeswax (Cera Alba), Rosa Damascena Flower Wax, Fragrance (Parfum)*, Citronellol*, Geraniol*, Linalool*, Xanthan Gum, Lysolecithin, Potassium Hydroxide, Silica, Iron Oxides (CI 77499), Titanium Dioxide (CI 77891), Ultramarines (CI 77007).

02 brown

Water (Aqua), Alcohol, Sorbitol, Ricinus Communis (Castor) Seed Oil, Cetearyl Alcohol, Camellia Sinensis Leaf Extract, Melia Azadirachta Leaf Extract, Euphrasia Officinalis Extract, Hectorite, Hydrogenated Jojoba Oil, Beeswax (Cera Alba), Rosa Damascena Flower Wax, Fragrance (Parfum)*, Citronellol*, Geraniol*, Linalool*, Xanthan Gum, Lysolecithin, Maltodextrin, Potassium Hydroxide, Silica, Carmine (CI 75470), Iron Oxides (CI 77491, CI 77492, CI 77499).

03 blue

Water (Aqua), Alcohol, Sorbitol, Ricinus Communis (Castor) Seed Oil, Cetearyl Alcohol, Camellia Sinensis Leaf Extract, Melia Azadirachta Leaf Extract, Euphrasia Officinalis Extract, Hydrogenated Jojoba Oil, Beeswax (Cera Alba), Rosa Damascena Flower Wax, Fragrance (Parfum)*, Citronellol*, Geraniol*, Linalool*, Xanthan Gum, Lysolecithin, Potassium Hydroxide, Silica, Iron Oxides (CI 77499), Titanium Dioxide (CI 77891), Ultramarines (CI 77007).

*component of natural essential oils



Volume Mascara

So very expressive: Mascara creates visibly thicker lashes for a real volume boost.

The formulation combines mineral pigments with nourishing ingredients such as quince seed, silk and candelilla wax to envelop and protect every single lash.

Usage

Apply the Mascara in a zig-zag motion: Hold the brush at a diagonal to the direction of lash growth and move it back and forth. To finish, drag the brush away to the side.

Ingredients

01 black

Water (Aqua), Pyrus Cydonia Seed Extract, Alcohol, Saccharum Officinarum (Sugar Cane) Extract, Sorbitol, Ricinus Communis (Castor) Seed Oil, Acacia Senegal Gum, Cetearyl Alcohol, Beeswax (Cera Alba), Melia Azadirachta Leaf Extract, Camellia Sinensis Leaf Extract, Euphorbia Cerifera (Candelilla) Wax, Lysolecithin, Euphrasia Officinalis Extract, Silk (Serica) Powder, Hydrogenated Jojoba Oil, Hectorite, Rosa Damascena Flower Wax, Fragrance (Parfum)*, Citronellol*, Geraniol*, Linalool*, Silica, Potassium Hydroxide, Iron Oxides (CI 77499), Titanium Dioxide (CI 77891), Ultramarines (CI 77007).

02 brown

Water (Aqua), Pyrus Cydonia Seed Extract, Alcohol, Saccharum Officinarum (Sugar Cane) Extract, Sorbitol, Ricinus Communis (Castor) Seed Oil, Acacia Senegal Gum, Cetearyl Alcohol, Beeswax (Cera Alba), Melia Azadirachta Leaf Extract, Camellia Sinensis Leaf Extract, Euphorbia Cerifera (Candelilla) Wax, Lysolecithin, Euphrasia Officinalis Extract, Silk (Serica) Powder, Hydrogenated Jojoba Oil, Hectorite, Rosa Damascena Flower Wax, Fragrance (Parfum)*, Citronellol*, Geraniol*, Linalool*, Silica, Maltodextrin, Potassium Hydroxide, Carmine (CI 75470), Iron Oxides (CI 77491, CI 77492, CI 77499), Titanium Dioxide (CI 77891).

03 plum

Water (Aqua), Pyrus Cydonia Seed Extract, Alcohol, Saccharum Officinarum (Sugar Cane) Extract, Sorbitol, Ricinus Communis (Castor) Seed Oil, Acacia Senegal Gum, Mica, Cetearyl Alcohol, Beeswax (Cera Alba), Melia Azadirachta Leaf Extract, Camellia Sinensis Leaf Extract, Euphorbia Cerifera (Candelilla) Wax, Lysolecithin, Euphrasia Officinalis Extract, Silk (Serica) Powder, Hydrogenated Jojoba Oil, Hectorite, Rosa Damascena Flower Wax, Fragrance (Parfum)*, Citronellol*, Geraniol*, Linalool*, Silica, Maltodextrin, Potassium Hydroxide, Carmine (CI 75470), Iron Oxides (CI 77491, CI 77499), Titanium Dioxide (CI 77891), Ultramarines (CI 77007).

*component of natural essential oils



Brow & Lash Gel

Intensify: This transparent gel shapes and fixes eyelashes and eyebrows to intensify the effect of all mascaras.

The formulation of nourishing botanical ingredients such as neem and eyebright nourishes lashes and eyebrows.

Usage

Apply sparingly to define eyelashes and/ or eyebrows as desired. Can also be used as an eyebrow definer or as a base for Mascara.

Ingredients

00 translucent
 Water (Aqua), Alcohol, Sorbitol, Glycerin, Chondrus Crispus Extract, Melia Azadirachta Leaf Extract, Camellia Sinensis Leaf Extract, Hectorite, Euphrasia Officinalis Extract, Fragrance (Parfum)*, Limonene*, Citronellol*, Coumarin*, Geraniol*, Linalool*, Citral*, Silk (Serica) Powder, Xanthan Gum.

*component of natural essential oils

Velvety lips.

Express yourself with lip colour.



There is more to red than red. Dr. Hauschka Lipsticks and Lip Glosses accentuate the lips' natural beauty with colours that suit every mood and occasion. From delicate to bold, subtle to glamorous. Rich textures and subtle translucence work with the natural

redness of the lips for personal, customised looks. The compositions of mineral pigments and select ingredients like jojoba and almond oils nourish and protect the lips. Rose petals, rose hips and anthyllis invigorate and balance.

Model Fernanda is wearing: Eye & Brow Palette, Liquid Eyeliner 01, Lip Liner 02, Lipstick 12, Foundation, Concealer, Colour Correcting Powder, Blush Duo 03

Lip Liner

Fully redefined: This ultra-smooth formulation glides over lips to precisely and expertly outline the lips' contours. The formulation combines mineral pigments with nourishing botanical ingredients such as witch hazel, jojoba oil and rose wax to moisturise the lip area.

Usage

Starting at the outer edge and moving inwards, trace the lip contours. Use the brush applicator to smooth transitions.

Ingredients

01 tulipwood

Mica, Hydrogenated Jojoba Oil, Simmondsia Chinensis (Jojoba) Seed Oil, Caprylic/Capric Triglyceride, Hydrogenated Vegetable Oil, Butyrospermum Parkii (Shea) Butter, Canola Oil, Sclerocarya Birrea Seed Oil, Euphorbia Cerifera (Candelilla) Wax, Diatomaceous Earth (Solum Diatomaeae), Glyceryl Caprylate, Anthyllis Vulneraria Extract, Hamamelis Virginiana (Witch Hazel) Bark/Leaf Extract, Camellia Sinensis Leaf Extract, Rosa Damascena Flower Wax, Copernicia Cerifera (Carnauba) Wax, Beeswax (Cera Alba), Helianthus Annuus (Sunflower) Seed Oil, Fragrance (Parfum)*, Citronellol*, Geraniol*, Linalool*, Eugenol*, Maltodextrin, Tocopherol, Ascorbyl Palmitate, Carmine (CI 75470), Iron Oxides (CI 77491), Titanium Dioxide (CI 77891).

02 red heart

Mica, Hydrogenated Jojoba Oil, Simmondsia Chinensis (Jojoba) Seed Oil, Caprylic/Capric Triglyceride, Hydrogenated Vegetable Oil, Butyrospermum Parkii (Shea) Butter, Canola Oil, Sclerocarya Birrea Seed Oil, Euphorbia Cerifera (Candelilla) Wax, Maltodextrin, Diatomaceous Earth (Solum Diatomaeae), Glyceryl Caprylate, Anthyllis Vulneraria Extract, Hamamelis Virginiana (Witch Hazel) Bark/Leaf Extract, Camellia Sinensis Leaf Extract, Rosa Damascena Flower Wax, Copernicia Cerifera (Carnauba) Wax, Beeswax (Cera Alba), Helianthus Annuus (Sunflower) Seed Oil, Fragrance (Parfum)*, Citronellol*, Geraniol*, Linalool*, Eugenol*, Tocopherol, Ascorbyl Palmitate, Carmine (CI 75470), Iron Oxides (CI 77491), Titanium Dioxide (CI 77891).

03 mahogany

Hydrogenated Jojoba Oil, Mica, Simmondsia Chinensis (Jojoba) Seed Oil, Caprylic/Capric Triglyceride, Hydrogenated Vegetable Oil, Butyrospermum Parkii (Shea) Butter, Canola Oil, Sclerocarya Birrea Seed Oil, Maltodextrin, Euphorbia Cerifera (Candelilla) Wax, Diatomaceous Earth (Solum Diatomaeae), Glyceryl Caprylate, Anthyllis Vulneraria Extract, Hamamelis Virginiana (Witch Hazel) Bark/Leaf Extract, Camellia Sinensis Leaf Extract, Rosa Damascena Flower Wax, Copernicia Cerifera (Carnauba) Wax, Beeswax (Cera Alba), Helianthus Annuus (Sunflower) Seed Oil, Fragrance (Parfum)*, Citronellol*, Geraniol*, Linalool*, Eugenol*, Tocopherol, Ascorbyl Palmitate, Carmine (CI 75470), Iron Oxides (CI 77491, CI 77492), Titanium Dioxide (CI 77891).



01 tulipwood

02 red heart

03 mahogany

04 cumaru

05 sandalwood



00 translucent

Lip Line Definer

Lip perfect: Transparent pencil forms an invisible, moisturising barrier that prevents lipstick and lip glosses from smudging and running.

The formulation consists of nourishing botanical ingredients such as witch hazel, shea butter and rose wax to moisturise the lip area.

Usage

Apply to the skin in a wide line outside the soft, red lip contour.

Ingredients

00 translucent

Silica, Hydrogenated Jojoba Oil, Simmondsia Chinensis (Jojoba) Seed Oil, Caprylic/Capric Triglyceride, Hydrogenated Vegetable Oil, Butyrospermum Parkii (Shea) Butter, Canola Oil, Sclerocarya Birrea Seed Oil, Euphorbia Cerifera (Candelilla) Wax, Diatomaceous Earth (Solum Diatomaeae), Glyceryl Caprylate, Anthyllis Vulneraria Extract, Hamamelis Virginiana (Witch Hazel) Bark/Leaf Extract, Camellia Sinensis Leaf Extract, Rosa Damascena Flower Wax, Copernicia Cerifera (Carnauba) Wax, Beeswax (Cera Alba), Helianthus Annuus (Sunflower) Seed Oil, Fragrance (Parfum)*, Citronellol*, Geraniol*, Linalool*, Eugenol*, Tocopherol, Ascorbyl Palmitate, Carmine (CI 75470), Iron Oxides (CI 77491, CI 77492), Titanium Dioxide (CI 77891).

*component of natural essential oils

04 cumaru

Hydrogenated Jojoba Oil, Mica, Simmondsia Chinensis (Jojoba) Seed Oil, Caprylic/Capric Triglyceride, Hydrogenated Vegetable Oil, Butyrospermum Parkii (Shea) Butter, Canola Oil, Sclerocarya Birrea Seed Oil, Euphorbia Cerifera (Candelilla) Wax, Maltodextrin, Diatomaceous Earth (Solum Diatomaeae), Glyceryl Caprylate, Anthyllis Vulneraria Extract, Hamamelis Virginiana (Witch Hazel) Bark/Leaf Extract, Camellia Sinensis Leaf Extract, Rosa Damascena Flower Wax, Copernicia Cerifera (Carnauba) Wax, Beeswax (Cera Alba), Helianthus Annuus (Sunflower) Seed Oil, Fragrance (Parfum)*, Citronellol*, Geraniol*, Linalool*, Eugenol*, Tocopherol, Ascorbyl Palmitate, Carmine (CI 75470), Iron Oxides (CI 77491, CI 77499), Titanium Dioxide (CI 77891).

05 sandalwood

Hydrogenated Jojoba Oil, Mica, Simmondsia Chinensis (Jojoba) Seed Oil, Caprylic/Capric Triglyceride, Hydrogenated Vegetable Oil, Butyrospermum Parkii (Shea) Butter, Canola Oil, Sclerocarya Birrea Seed Oil, Euphorbia Cerifera (Candelilla) Wax, Maltodextrin, Diatomaceous Earth (Solum Diatomaeae), Glyceryl Caprylate, Anthyllis Vulneraria Extract, Hamamelis Virginiana (Witch Hazel) Bark/Leaf Extract, Camellia Sinensis Leaf Extract, Rosa Damascena Flower Wax, Copernicia Cerifera (Carnauba) Wax, Beeswax (Cera Alba), Helianthus Annuus (Sunflower) Seed Oil, Fragrance (Parfum)*, Citronellol*, Geraniol*, Linalool*, Eugenol*, Tocopherol, Ascorbyl Palmitate, Carmine (CI 75470), Iron Oxides (CI 77491, CI 77492), Titanium Dioxide (CI 77891).

*component of natural essential oils



For the latest tips from Dr. Hauschka International
Make-up Artist Karim Sattar, please visit:
www.dr.hauschka.com



Lipstick

Your lip secret: Intense colour, soft shimmer.

Moisturising with mineral pigments and botanical ingredients such as rose petals, almond oil and carnauba wax.

Usage

Precise result: Apply with a brush.

Softer: Pout the lips then dab on.

Ingredients

01 rosebay

Ricinus Communis (Castor) Seed Oil, Simmondsia Chinensis (Jojoba) Seed Oil, Lanolin, Beeswax (Cera Alba), Euphorbia Cerifera (Candelilla) Wax, Mica, Copernicia Cerifera (Carnauba) Wax, Rosa Damascena Flower Extract, Anthyllis Vulneraria Extract, Prunus Amygdalus Dulcis (Sweet Almond) Oil, Prunus Armeniaca (Apricot) Kernel Oil, Hydrogenated Jojoba Oil, Rosa Canina Fruit Extract, Daucus Carota Sativa (Carrot) Root Extract, Rosa Damascena Flower Wax, Fragrance (Parfum)*, Linalool*, Benzyl Benzoate*, Farnesol*, Limonene*, Geraniol*, Eugenol*, Benzyl Salicylate*, Benzyl Alcohol*, Citronellol*, Lecithin, Carmine (CI 75470), Titanium Dioxide (CI 77891).

02 mandevilla

Ricinus Communis (Castor) Seed Oil, Simmondsia Chinensis (Jojoba) Seed Oil, Mica, Lanolin, Beeswax (Cera Alba), Euphorbia Cerifera (Candelilla) Wax, Copernicia Cerifera (Carnauba) Wax, Rosa Damascena Flower Extract, Anthyllis Vulneraria Extract, Prunus Amygdalus Dulcis (Sweet Almond) Oil, Prunus Armeniaca (Apricot) Kernel Oil, Hydrogenated Jojoba Oil, Rosa Canina Fruit Extract, Daucus Carota Sativa (Carrot) Root Extract, Rosa Damascena Flower Wax, Fragrance (Parfum)*, Linalool*, Benzyl Benzoate*, Farnesol*, Limonene*, Geraniol*, Eugenol*, Benzyl Salicylate*, Benzyl Alcohol*, Citronellol*, Lecithin, Silica, Carmine (CI 75470), Iron Oxides (CI 77491), Titanium Dioxide (CI 77891).

01 rosebay



02 mandevilla



03 camellia



04 busylizzy



05 fuchsia



06 azalea



07 orpine



08 hollyhock



09 chessflower



10 dahlia



11 amaryllis



12 paeony



13 bromelia



14 caralluma



15 bee orchid



16 pimperl



17 geum



18 fire lily



03 camellia

Ricinus Communis (Castor) Seed Oil, Simmondsia Chinensis (Jojoba) Seed Oil, Lanolin, Beeswax (Cera Alba), Euphorbia Cerifera (Candelilla) Wax, Copernicia Cerifera (Carnauba) Wax, Rosa Damascena Flower Extract, Anthyllis Vulneraria Extract, Prunus Amygdalus Dulcis (Sweet Almond) Oil, Prunus Armeniaca (Apricot) Kernel Oil, Hydrogenated Jojoba Oil, Rosa Canina Fruit Extract, Daucus Carota Sativa (Carrot) Root Extract, Rosa Damascena Flower Wax, Fragrance (Parfum)*, Linalool*, Benzyl Benzoate*, Farnesol*, Limonene*, Geraniol*, Eugenol*, Benzyl Salicylate*, Benzyl Alcohol*, Citronellol*, Mica, Lecithin, Silica, Carmine (CI 75470), Iron Oxides (CI 77491), Titanium Dioxide (CI 77891).

04 busylizzy

Ricinus Communis (Castor) Seed Oil, Simmondsia Chinensis (Jojoba) Seed Oil, Lanolin, Beeswax (Cera Alba), Euphorbia Cerifera (Candelilla) Wax, Copernicia Cerifera (Carnauba) Wax, Rosa Damascena Flower Extract, Anthyllis Vulneraria Extract, Prunus Amygdalus Dulcis (Sweet Almond) Oil, Prunus Armeniaca (Apricot) Kernel Oil, Mica, Hydrogenated Jojoba Oil, Rosa Canina Fruit Extract, Daucus Carota Sativa (Carrot) Root Extract, Rosa Damascena Flower Wax, Fragrance (Parfum)*, Linalool*, Benzyl Benzoate*, Farnesol*, Limonene*, Geraniol*, Eugenol*, Benzyl Salicylate*, Benzyl Alcohol*, Citronellol*, Lecithin, Carmine (CI 75470), Titanium Dioxide (CI 77891).



01 majalis

02 rosanna

03 muskrose

04 florentina

05 zambra

06 aprikola

Sheer Lipstick

Wonderfully delicate: Light, creamy texture, subtle shimmer. Combines mineral pigments with nourishing ingredients such as rose hips, argan oil and beeswax for silky soft lips.

Usage

Effortless application without a mirror.

Ingredients

01 majalis

Ricinus Communis (Castor) Seed Oil, Simmondsia Chinensis (Jojoba) Seed Oil, Lanolin, Beeswax (Cera Alba), Argania Spinosa Kernel Oil, Euphorbia Cerifera (Candelilla) Wax, Copernicia Cerifera (Carnauba) Wax, Rosa Damascena Flower Extract, Anthyllis Vulneraria Extract, Prunus Amygdalus Dulcis (Sweet Almond) Oil, Prunus Armeniaca (Apricot) Kernel Oil, Hydrogenated Jojoba Oil, Rosa Canina Fruit Extract, Daucus Carota Sativa (Carrot) Root Extract, Rosa Damascena Flower Wax, Fragrance (Parfum)*, Linalool*, Benzyl Benzoate*, Farnesol*, Limonene*, Geraniol*, Eugenol*, Benzyl Salicylate*, Benzyl Alcohol*, Citronellol*, Mica, Lecithin, Calcium Aluminum Borosilicate, Silica, Tin Oxide, Carmine (CI 75470), Iron Oxides (CI 77491), Titanium Dioxide (CI 77891).

02 rosanna

Ricinus Communis (Castor) Seed Oil, Simmondsia Chinensis (Jojoba) Seed Oil, Lanolin, Beeswax (Cera Alba), Argania Spinosa Kernel Oil, Euphorbia Cerifera (Candelilla) Wax, Copernicia Cerifera (Carnauba) Wax, Rosa Damascena Flower Extract, Anthyllis Vulneraria Extract, Prunus Amygdalus Dulcis (Sweet Almond) Oil, Prunus Armeniaca (Apricot) Kernel Oil, Hydrogenated Jojoba Oil, Mica, Rosa Canina Fruit Extract, Daucus Carota Sativa (Carrot) Root Extract, Rosa Damascena Flower Wax, Fragrance (Parfum)*, Linalool*, Benzyl Benzoate*, Farnesol*, Limonene*, Geraniol*, Eugenol*, Benzyl Salicylate*, Benzyl Alcohol*, Citronellol*, Lecithin, Calcium Aluminum Borosilicate, Maltodextrin, Silica, Tin Oxide, Carmine (CI 75470), Titanium Dioxide (CI 77891).

03 muskrose

Ricinus Communis (Castor) Seed Oil, Simmondsia Chinensis (Jojoba) Seed Oil, Lanolin, Beeswax (Cera Alba), Argania Spinosa Kernel Oil, Euphorbia Cerifera (Candelilla) Wax, Copernicia Cerifera (Carnauba) Wax, Rosa Damascena Flower Extract, Anthyllis Vulneraria Extract, Prunus Amygdalus Dulcis (Sweet Almond) Oil, Prunus Armeniaca (Apricot) Kernel Oil, Mica, Hydrogenated Jojoba Oil, Rosa Canina Fruit Extract, Daucus Carota Sativa (Carrot) Root Extract, Rosa Damascena Flower Wax, Fragrance (Parfum)*, Linalool*, Benzyl Benzoate*, Farnesol*, Limonene*, Geraniol*, Eugenol*, Benzyl Salicylate*, Benzyl Alcohol*, Citronellol*, Lecithin, Maltodextrin, Silica, Carmine (CI 75470), Iron Oxides (CI 77491, CI 77492, CI 77499), Titanium Dioxide (CI 77891).

04 florentina

Ricinus Communis (Castor) Seed Oil, Simmondsia Chinensis (Jojoba) Seed Oil, Lanolin, Beeswax (Cera Alba), Argania Spinosa Kernel Oil, Euphorbia Cerifera (Candelilla) Wax, Copernicia Cerifera (Carnauba) Wax, Rosa Damascena Flower Extract, Anthyllis Vulneraria Extract, Prunus Amygdalus Dulcis (Sweet Almond) Oil, Prunus Armeniaca (Apricot) Kernel Oil, Hydrogenated Jojoba Oil, Rosa Canina Fruit Extract, Daucus Carota Sativa (Carrot) Root Extract, Rosa Damascena Flower Wax, Fragrance (Parfum)*, Linalool*, Benzyl Benzoate*, Farnesol*, Limonene*, Geraniol*, Eugenol*, Benzyl Salicylate*, Benzyl Alcohol*, Citronellol*, Mica, Lecithin, Silica, Tin Oxide, Carmine (CI 75470), Iron Oxides (CI 77491), Titanium Dioxide (CI 77891).

05 zambra

Ricinus Communis (Castor) Seed Oil, Simmondsia Chinensis (Jojoba) Seed Oil, Lanolin, Beeswax (Cera Alba), Argania Spinosa Kernel Oil, Mica, Euphorbia Cerifera (Candelilla) Wax, Copernicia Cerifera (Carnauba) Wax, Rosa Damascena Flower Extract, Anthyllis Vulneraria Extract, Prunus Amygdalus Dulcis (Sweet Almond) Oil, Prunus Armeniaca (Apricot) Kernel Oil, Hydrogenated Jojoba Oil, Rosa Canina Fruit Extract, Daucus Carota Sativa (Carrot) Root Extract, Rosa Damascena Flower Wax, Fragrance (Parfum)*, Linalool*, Benzyl Benzoate*, Farnesol*, Limonene*, Geraniol*, Eugenol*, Benzyl Salicylate*, Benzyl Alcohol*, Citronellol*, Lecithin, Calcium Aluminum Borosilicate, Iron Oxides (CI 77491, CI 77492, CI 77499), Titanium Dioxide (CI 77891).

06 aprikola

Ricinus Communis (Castor) Seed Oil, Simmondsia Chinensis (Jojoba) Seed Oil, Lanolin, Beeswax (Cera Alba), Argania Spinosa Kernel Oil, Euphorbia Cerifera (Candelilla) Wax, Copernicia Cerifera (Carnauba) Wax, Rosa Damascena Flower Extract, Anthyllis Vulneraria Extract, Prunus Amygdalus Dulcis (Sweet Almond) Oil, Prunus Armeniaca (Apricot) Kernel Oil, Hydrogenated Jojoba Oil, Mica, Rosa Canina Fruit Extract, Daucus Carota Sativa (Carrot) Root Extract, Rosa Damascena Flower Wax, Fragrance (Parfum)*, Linalool*, Benzyl Benzoate*, Farnesol*, Limonene*, Geraniol*, Eugenol*, Benzyl Salicylate*, Benzyl Alcohol*, Citronellol*, Lecithin, Calcium Aluminum Borosilicate, Silica, Tin Oxide, Alumina, Carmine (CI 75470), Iron Oxides (CI 77491, CI 77492, CI 77499), Titanium Dioxide (CI 77891).

*component of natural essential oils



01 bush plum

02 raspberry

03 blackberry

04 goji

05 cornelian

06 tamarillo

Lip Gloss

Luscious and alive: For a silky-soft feel and brilliant shine. Combines mineral pigments with nourishing botanical ingredients such as anthyllis, mango butter and sea buckthorn oil to soothe, protect and moisturise lips.

Usage

Apply on its own or as a finishing touch to further intensify the effect of Lipstick.

Ingredients

01 bush plum

Ricinus Communis (Castor) Seed Oil, Lanolin, Prunus Armeniaca (Apricot) Kernel Oil, Anthyllis Vulneraria Extract, Cetyl Alcohol, Hydrogenated Castor Oil, Mica, Euphorbia Cerifera (Candelilla) Wax, Mangifera Indica (Mango) Seed Butter, Fragrance (Parfum)*, Linalool*, Benzyl Benzoate*, Farnesol*, Limonene*, Geraniol*, Eugenol*, Benzyl Salicylate*, Benzyl Alcohol*, Citronellol*, Beeswax (Cera Alba), Hippophae Rhamnoides Fruit Oil, Silica, Tin Oxide, Lecithin, Carmine (CI 75470), Titanium Dioxide (CI 77891).

02 raspberry

Ricinus Communis (Castor) Seed Oil, Lanolin, Prunus Armeniaca (Apricot) Kernel Oil, Anthyllis Vulneraria Extract, Cetyl Alcohol, Hydrogenated Castor Oil, Euphorbia Cerifera (Candelilla) Wax, Mangifera Indica (Mango) Seed Butter, Fragrance (Parfum)*, Linalool*, Benzyl Benzoate*, Farnesol*, Limonene*, Geraniol*, Eugenol*, Benzyl Salicylate*, Benzyl Alcohol*, Citronellol*, Beeswax (Cera Alba), Hippophae Rhamnoides Fruit Oil, Mica, Lecithin, Carmine (CI 75470), Titanium Dioxide (CI 77891).

03 blackberry

Ricinus Communis (Castor) Seed Oil, Lanolin, Hydrogenated Castor Oil, Prunus Armeniaca (Apricot) Kernel Oil, Anthyllis Vulneraria Extract, Cetyl Alcohol, Euphorbia Cerifera (Candelilla) Wax, Mangifera Indica (Mango) Seed Butter, Fragrance (Parfum)*, Linalool*, Benzyl Benzoate*, Farnesol*, Limonene*, Geraniol*, Eugenol*, Benzyl Salicylate*, Benzyl Alcohol*, Citronellol*, Beeswax (Cera Alba), Hippophae Rhamnoides Fruit Oil, Mica, Maltodextrin, Silica, Lecithin, Carmine (CI 75470), Titanium Dioxide (CI 77891), Iron Oxides (CI 77499).

04 goji

Ricinus Communis (Castor) Seed Oil, Lanolin, Hydrogenated Castor Oil, Prunus Armeniaca (Apricot) Kernel Oil, Anthyllis Vulneraria Extract, Cetyl Alcohol, Euphorbia Cerifera (Candelilla) Wax, Mangifera Indica (Mango) Seed Butter, Fragrance (Parfum)*, Linalool*, Benzyl Benzoate*, Farnesol*, Limonene*, Geraniol*, Eugenol*, Benzyl Salicylate*, Benzyl Alcohol*, Citronellol*, Beeswax (Cera Alba), Hippophae Rhamnoides Fruit Oil, Mica, Lecithin, Carmine (CI 75470), Iron Oxides (CI 77491).

05 cornelian

Ricinus Communis (Castor) Seed Oil, Lanolin, Mica, Anthyllis Vulneraria Extract, Prunus Armeniaca (Apricot) Kernel Oil, Cetyl Alcohol, Hydrogenated Castor Oil, Euphorbia Cerifera (Candelilla) Wax, Mangifera Indica (Mango) Seed Butter, Fragrance (Parfum)*, Linalool*, Benzyl Benzoate*, Farnesol*, Limonene*, Geraniol*, Eugenol*, Benzyl Salicylate*, Benzyl Alcohol*, Citronellol*, Beeswax (Cera Alba), Hippophae Rhamnoides Fruit Oil, Silica, Lecithin, Maltodextrin, Alumina, Tin Oxide, Carmine (CI 75470), Iron Oxides (CI 77491, CI 77499), Titanium Dioxide (CI 77891).

06 tamarillo

Ricinus Communis (Castor) Seed Oil, Lanolin, Prunus Armeniaca (Apricot) Kernel Oil, Anthyllis Vulneraria Extract, Cetyl Alcohol, Hydrogenated Castor Oil, Euphorbia Cerifera (Candelilla) Wax, Mangifera Indica (Mango) Seed Butter, Fragrance (Parfum)*, Linalool*, Benzyl Benzoate*, Farnesol*, Limonene*, Geraniol*, Eugenol*, Benzyl Salicylate*, Benzyl Alcohol*, Citronellol*, Beeswax (Cera Alba), Hippophae Rhamnoides Fruit Oil, Mica, Calcium Aluminum Borosilicate, Silica, Lecithin, Tin Oxide, Carmine (CI 75470), Iron Oxides (CI 77491), Titanium Dioxide (CI 77891).

*component of natural essential oils



Refreshed and strengthened, relaxed and
cared for, enveloped senses,
your body enjoys attentive care.

Enjoy some attention.

Our mood can change from day to day; sometimes we feel downhearted, other times we want to hug the whole world. But are we always truly in touch with how we really feel and what we actually need? The fast pace of daily life often seems to conceal the connection with our inner lives.

In developing Dr. Hauschka Body Care products, we look at people from a holistic point of view. We consider which ingredients and application methods best enhance this inner connection with the self. Whether oils, lotions, body washes or bath essences, the consistencies of skin care products give them a character of their own. The Dr. Hauschka Body Care range offers a variety of ways for you to enjoy the attention that you are giving your body.

The power of touch

With body oils, for instance, the effectiveness of the nurturing plants unfolds through the combination

of the products' formulation and their methods of use. Carefully massage in one of the body oils to experience the same sense of tranquility and attention with which the plants were processed.

With lotions, on the other hand, it is the combination of aqueous and oily ingredients that lets the diversity of the nourishing plant extracts blossom. This sense of lightness and enjoyment is transmitted from your skin to your body and soul.

The joy of discovery

When it comes to what makes you feel good, you know best. Look inside and trust your instincts. Enjoy the pleasure of discovering our body care range. Experiment and allow each product to reveal its individual natural side.

Discover and experience your very own personal body care.

Body Care

Treat the hands with **Hydrating Cream Mask** for intensive hydration and protection

Silk Body Powder dries, nourishes and protects sweaty hands

Regenerating Intensive Treatment provides fortifying care for mature skin

Rose Nurturing Bath Essence for the hands is nourishing and harmonising

Hand care

Let the beauty of your hands speak. Pamper them right to the very fingertips with our classics plus additional specialists.

Hydrating Hand Cream
nourishes, renews and protects

Regenerating Hand Cream
intensively smoothing skin care with an active moisturising effect

Neem Nail & Cuticle Pen
strengthens and protects

A hand massage with warm **Blackthorn Toning Body Oil** keep the hands silky soft

Body Care

Sage Purifying Bath Essence
for the feet both refreshes
and warms

Applied as a cool
compress, **Lemon
Lemongrass Vitalising
Bath Essence** revives
tired feet

Foot care

Take care of your feet and put the spring back
in your step with our classic helpers. Further gems from
the Dr. Hauschka Body Care range also help keep you
light-footed throughout the year.

Hydrating Foot Cream
nourishes and
invigorates the feet

**Deodorising
Foot Cream**
retains moisture,
refreshes and protects

Revitalising Leg & Arm Tonic
invigorates and refreshes

After working hard,
a massage with **Birch Arnica
Energising Body Oil** is
wonderfully regenerating

Silk Body Powder
dries, nourishes and
protects sweaty feet

Neem Nail & Cuticle Oil
strengthens and nourishes
nails for beautiful results



Lightly fragrant shower experiences.



The alarm clock sounds and we head into the bathroom to start the day with a shower. The water revives, awakens our senses and gently leads us into the morning. For many of us, showering is a sensory skin care experience with which we start or end our day. To make it a truly caring experience, it is important to use gentle products that are kind to the skin.

Dr. Hauschka Body Washes gently cleanse with

plant-based sugar emulsifiers, which are particularly well-tolerated by the skin. Quince seed extract and vegetable emulsifiers act as a moisturising base with a mildly cleansing effect. Enriched with natural essential oils and valuable plant oils such as avocado and sunflower oil, the body washes care for and nurture skin.

Start your skin care regimen in the shower and enjoy an experience enriched with your favourite fragrances.



Lemon Lemongrass Vitalising Body Wash

harmonises and nourishes

The exotic fragrance of fresh ginger root offers a hidden something while an invigorating mix of lemon and lemongrass brings you to life in the morning. The light, creamy foam with quince seed extract and vegetable emulsifiers gently cleanses your skin without drying it out. High-quality vegetable oils provide additional moisturising care.

Usage

Apply to damp skin, lather and then rinse thoroughly.

Ingredients

Aqua, Helianthus Annuus Seed Oil, Coco-Glucoside, Glycerin, Decyl Glucoside, Alcohol, Persea Gratissima Oil, Pyrus Cydonia Seed Extract, Sodium Cocoyl Glutamate, Disodium Cocoyl Glutamate, Xanthan Gum, Citrus Limon Peel Oil, Cymbopogon Flexuosus Oil, Parfum*, Limonene*, Citral*, Geraniol*, Linalool*, Citronellol*, Farnesol*, Citric Acid, Hectorite.
*component of natural essential oils



Lavender Sandalwood Calming Body Wash

soothes and relaxes

Tranquillity and harmony with a gently invigorating freshness the floral fragrance of lavender invites you to take a stroll along the Cote d'Azur with the warm but subtle scent of Australian sandalwood to accompany you. Quince seed extract and vegetable emulsifiers act as a base with a mildly cleansing effect. High-quality oils leave your skin feeling beautifully cared for.

Usage

Apply to damp skin, lather and then rinse thoroughly.

Ingredients

Aqua, Helianthus Annuus Seed Oil, Coco-Glucoside, Glycerin, Decyl Glucoside, Alcohol, Persea Gratissima Oil, Pyrus Cydonia Seed Extract, Sodium Cocoyl Glutamate, Disodium Cocoyl Glutamate, Xanthan Gum, Lavandula Angustifolia Oil, Fusanus Spicatus Wood Oil, Parfum*, Linalool*, Limonene*, Geraniol*, Citronellol*, Citric Acid, Hectorite.
*component of natural essential oils



Rose Nurturing Body Wash

harmonises and nourishes

The scent of roses envelops your body and mystically embraces your senses. The finest fragrances from the soft, sensual petals come together in a moisturising composition of valuable oils and high-quality quince seed extract. The creamy foam offers a protective sheath and makes showering an experience that enhances your wellbeing.

Usage

Apply to damp skin, lather and then rinse thoroughly.

Ingredients

Aqua, Helianthus Annuus Seed Oil, Coco-Glucoside, Glycerin, Decyl Glucoside, Alcohol, Persea Gratissima Oil, Pyrus Cydonia Seed Extract, Sodium Cocoyl Glutamate, Disodium Cocoyl Glutamate, Xanthan Gum, Rosa Damascena Flower Oil, Parfum*, Citronellol*, Linalool*, Geraniol*, Eugenol*, Citric Acid, Hectorite.
*component of natural essential oils

Sea of sensory experiences.



Is there anything nicer than a relaxing bath after a hard day at work? We smile as we submerge ourselves in the warm, fragrant water, close our eyes and reflect on the day.

Immerse yourself in the diverse fragrance worlds of Dr. Hauschka bath oils. Whether moor lavender, lemon lemongrass, rose or almond; the natural essential oils in Dr. Hauschka bath oils are obtained from freshly harvested leaves, husks, needles and

blossoms. Gentle steam distillation captures their fragrances. Choose a bath product to match your mood: its revitalising effect makes *Sage Purifying Bath Essence* particularly suitable for mornings. *Moor Lavender Calming Bath Essence* provides a relaxed end to your evening. *Spruce Warming Bath Essence* is a liberating ritual when you have a cold, while *Lemon Lemongrass Vitalising Bath Essence* completes the range for mature skin. Let yourself be whisked away into a sea of sensory experiences.



Lemon Lemongrass Vitalising Bath Essence

firms and refreshes

The fresh scent of sun-ripened lemons combines with exotic lemongrass to create a sense of lightness and enjoyment. The Bath Essence gently moisturises the skin with sunflower oil while lemon and lemongrass stimulate it with their toning effect. Start your day feeling fresh and full of energy.

Usage

Add several capfuls of Lemon Lemongrass Vitalising Bath Essence into the stream of running water as the bathtub fills.

Tip

Once a week, give yourself a Lemon Bath massage while showering. To do this, simply squirt a little Lemon Lemongrass Vitalising Bath Essence onto a damp wash mitt. The massage with the refreshing bath firms your connective tissue and stimulates the blood circulation to your skin.

Ingredients

Sulfated Castor Oil, Glycerin, Alcohol, Parfum*, Citrus Limon Peel Oil, Limonene*, Citral*, Helianthus Annuus Seed Oil, Linalool*, Geraniol*, Citronellol*, Farnesol*, Citrus Limon Peel Extract, Cymbopogon Citratus Extract. *component of natural essential oils



Moor Lavender Calming Bath Essence

soothes and protects

This delicate formulation product with horse chestnut and horsetail extracts is based on a nut extract prepared using a special rhythmic procedure. When combined with warm water, it offers a sense of enveloping protection. Almond and avocado oil gently moisturise your skin.

Usage

Add several capfuls of Moor Lavender Calming Bath Essence into the stream of running water as the bathtub fills.

Tip

Prepared as a hot neck compress, Moor Lavender Calming Bath Essence is ideal for helping ease shoulder tension. Moor Lavender Calming Bath Essence and *Moor Lavender Calming Body Oil* perfectly complement each other.

Ingredients

Aqua, Lavandula Angustifolia Oil, Prunus Amygdalus Dulcis Oil, Glycerin, Alcohol, Persea Gratissima Oil, Linalool*, Acacia Senegal Gum, Peat Moss Extract, Simmondsia Chinensis Seed Oil, Glyceryl Oleate, Lysolecithin, Coco-Glucoside, Equisetum Arvense Extract, Aesculus Hippocastanum Seed Extract, Parfum*, Limonene*, Coumarin*, Geraniol*, Citronellol*, Xanthan Gum, Bentonite, Chondrus Crispus Extract. *component of natural essential oils



Rose Nurturing Bath Essence

harmonises and protects

Rose water, rose essential oil and rose petal extracts give this floral bath essence the surprising versatility of a rose: from a sense of gentleness through sensuality to the sublime. The harmonising bath essence soothes your soul while giving you a pleasant sense of alertness. Almond and jojoba oil leave your skin feeling soft and silky smooth.

Usage

Add several capfuls of Rose Nurturing Bath Essence into the stream of running water as the bathtub fills.

Tip

Soothes and harmonises the skin as a warm face compress. Dr. Hauschka Rose Nurturing Bath Essence is also wonderfully suited for infants and small children.

Ingredients

Aqua, Rosa Damascena Flower Water, Rosa Damascena Flower Extract, Prunus Amygdalus Dulcis Oil, Glycerin, Alcohol, Persea Gratissima Oil, Parfum*, Rosa Damascena Flower Oil, Citronellol*, Simmondsia Chinensis Seed Oil, Glyceryl Oleate, Lysolecithin, Limonene*, Geraniol*, Linalool*, Benzyl Alcohol*, Citral*, Eugenol*, Farnesol*, Xanthan Gum, Bentonite, Coco-Glucoside, Lecithin, Chondrus Crispus Extract. *component of natural essential oils



Sage Purifying Bath Essence

refreshes and cleanses

With carefully selected essential oils, Sage Purifying Bath Essence offers warmth and keeps out the cold – a real blessing in the winter months. Refreshes and deodorises the skin after sport and physical activities. Sage foot baths revive tired, swollen feet, and, used regularly, regulate perspiration and make the skin soft and smooth. Washing with Sage Purifying Bath Essence also helps care for blemished skin.

Usage

Add 1-3 capfuls of Sage Purifying Bath Essence into the stream of running water as the bathtub fills.

For foot baths, add 1-2 caps of Sage Bath to comfortably hot (about 40°C) water. Ideally, soak feet twice a week for 10 to 15 minutes each time.

Tip

When used regularly, sage foot baths help reduce layers of hard skin, leaving your feet beautifully soft.

Ingredients

Sulfated Castor Oil, Glycerin, Alcohol, Parfum, Salvia Officinalis Oil, Limonene*, Linalool*, Geraniol*, Citronellol*, Citral*, Simmondsia Chinensis Seed Oil. *component of natural essential oils



Spruce Warming Bath Essence*

comforts and invigorates

When the days turn cold and wet, Norway spruce essential oil is an invaluable aid. It supports your circulation and, together with the warm bath water, offers intensive, long-lasting warmth for your body – both inside and out. The resinous Norway spruce fragrance has a calming effect and lets you breathe freely while jojoba oil gently moisturises your skin. A blissful bathing product for cold, windy days.

Usage

Add several capfuls of Spruce Warming Bath Essence into the stream of running water as the bathtub fills.

Tip

A small bowl containing Spruce Warming Bath Essence pleasantly fragrances the air in rooms, particularly in winter.

Ingredients

Sulfated Castor Oil, Glycerin, Picea Excelsa Leaf Oil, Alcohol, Simmondsia Chinensis Seed Oil, Arachis Hypogaea Oil, Parfum, Limonene*, Geraniol*, CI 75810. *component of natural essential oils

*Available from October to April

The secret of beautiful hair.



Did you know that people have around 100,000 hairs on their head? Each hair lives for between two and seven years. Over time, our hair can lose its shine and vitality due to environmental influences and other irritants. To prevent dry hair and split ends, you need protective hair care.

Dr. Hauschka hair care products are specialists in healthy, shiny hair. The compositions, with nourishing oils and regenerating plant extracts, give your hair

renewed vitality and silkiness. If your hair or scalp is damaged, we recommend using *Strengthening Hair Treatment* as an intensive treatment before washing your hair. After washing your hair, the *Nourishing Hair Conditioner* nurtures with strengthening wheat and milk proteins. As a final stage of your care regime, *Revitalising Hair & Scalp Tonic* gives strength to your hair and scalp. Trust in nature's helping hand and discover the secret of beautiful hair.



Nourishing Hair Conditioner

smoothes and hydrates

Regenerative medicinal plant extracts from marsh mallow, oak and nettle provide moisture and strengthen your scalp and hair. Wheat and milk proteins provide protection, elasticity and volume, and neem, macadamia nut and jojoba oils restore shine, vitality and manageability. The result: healthy, cared for hair with natural shine and vitality.

Usage

After shampooing, work through hair. Leave in for 2-4 minutes then rinse. For extremely dry roots, also massage into your scalp.

Tip

For fragile, damaged, permed or colour treated hair, we recommend *Strengthening Hair Treatment*.

Ingredients

Aqua, Betaine, Alcohol, Sorbitol, Cetearyl Alcohol, Simmondsia Chinensis Seed Oil, Glyceryl Laurate, Hydrolyzed Wheat Protein, Hydrolyzed Milk Protein, Althaea Officinalis Leaf Extract, Quercus Robur Bark Extract, Urtica Urens Leaf Extract, Arctium Lappa Root Extract, Rosmarinus Officinalis Leaf Extract, Melia Azadirachta Leaf Extract, Macadamia Ternifolia Seed Oil, Parfum, Limonene*, Citral*, Linalool*, Acetum, Tricaprylin, Lecithin, Galactoarabinan, Sodium Cetearyl Sulfate, Citric Acid, Xanthan Gum.

*component of natural essential oils



Revitalising Hair & Scalp Tonic

fortifies and invigorates

Revitalising Hair & Scalp Tonic adds natural shine, volume and manageability to all hair conditions. It strengthens hair as it calms and balances an excessively dry or oily scalp.

Formulation: Neem leaf strengthens keratin, fortifying fine hair and discouraging breakage. Arnica and birch bark extracts nourish and balance an oily or dry scalp. Rosemary, borage and horse chestnut support healthy hair follicles.

Usage

Massage Revitalising Hair & Scalp Tonic into damp or dry hair and scalp. Part hair and distribute a small amount of Revitalising Hair & Scalp Tonic evenly over the scalp. Gently massage lotion into the scalp with fingertips. Do not rinse. Apply more generously to help control frizzy hair.

Tip

For fragile, damaged, permed or colour treated hair, we recommend *Strengthening Hair Treatment*.

Ingredients

Aqua, Alcohol, Melia Azadirachta Leaf Extract, Urtica Urens Extract, Arnica Montana Extract, Betula Alba Bark Extract, Calendula Officinalis Extract, Aesculus Hippocastanum Extract, Borago Officinalis Extract, Arctium Lappa Extract, Rosmarinus Officinalis Oil, Parfum, Linalool*, Limonene*, Geraniol*, Coumarin*, Citronellol*.

*component of natural essential oils



Strengthening Hair Treatment

restores strength and shine

Strengthening Hair Treatment revitalises and restores dry, damaged, permed or colour treated hair to a soft, silky condition. This intensive hair treatment renews and strengthens hair follicles while calming the scalp. Hair becomes healthy, shiny and more manageable.

Formulation: Neem leaf extract strengthens keratin, fortifying, softening and renewing damaged, brittle hair while chamomile extract soothes and balances the scalp. Rosemary essential oil enlivens, supporting healthy hair follicles.

Usage

Massage through the hair and scalp with fingertips. Cover hair with a towel to keep warm and allow to penetrate the hair for 20 minutes. Shampoo and rinse. For dry or brittle hair, distribute a small amount of Strengthening Hair Treatment to the hair tips and do not rinse.

Tip

For regular care between treatments, we recommend the use of *Revitalising Hair & Scalp Tonic* and *Nourishing Hair Conditioner*.

Ingredients

Arachis Hypogaea Oil, Melia Azadirachta Leaf Extract, Triticum Vulgare Germ Oil, Chamomilla Recutita Extract, Lecithin, Alcohol, Rosmarinus Officinalis Oil, Parfum, Limonene*, Linalool*.

*component of natural essential oils

Discreet companions.

A day at the office, a rushed shopping trip or exercise after work – we want to be able to rely on our deodorant. As a discreet, everyday companion, it has a fair bit to do – after all, we have between two and three million sweat glands, which do their work across our entire bodies, often on our underarms, and cool us down. Sweat itself is actually odourless. The typical odour only arises when the sweat on your skin is broken down by bacteria. The sweaty odour then becomes noticeable, particularly under the arms.

As the skin in your armpits is extremely sensitive,

a deodorant should not only prevent unpleasant odours but also be kind to your skin.

Dr. Hauschka deodorants are free from aluminium chloride, which do not block your pores. Protect the natural balance of your skin and offer lasting protection. Dermatological tests have also proven that they are kind to the skin.

Choose between the subtle fragrance of the *Rose Deodorant* and the *Sage Mint Deodorant* with a hint of fresh herbs.

Find your ideal companion.

Sage – *Salvia officinalis*





Rose Deodorant

effective, yet gentle on the skin

Knowing that we are prepared to meet the daily challenges of everyday life with a smile gives us a sense of relaxation and tranquillity. In our creamy Rose Deodorant, we use a carefully formulated combination of gentle, deodorising and nourishing ingredients. Rose water lends an elegant, delicate fragrance while alchemilla essence helps to gently regulate perspiration. To top it all off, when essential rose oil meets high-quality jojoba oil, the skin receives an exceptional kind of care that one can't help but feel happy about.

Our low alcohol roll-on is especially suitable for normal to sensitive skin. It has a harmonising effect, contains no pore constricting aluminium salts and does not stain your clothing.

Usage

Apply the Rose Deodorant to the underarms using a gentle back and forth motion. Repeat application as needed.

Tip

Rose Deodorant harmonises perfectly with the warming and comforting *Rose Nurturing Body Cream*. Those who spend a lot of time on their feet will be thrilled by a foot massage with invigorating *Hydrating Foot Cream* as well as the strengthening power of *Revitalising Leg & Arm Tonic*.

Ingredients

Aqua, Simmondsia Chinensis Seed Oil, Alcohol, Manihot Utilissima Starch, Glycerin, Zinc Ricinoleate, Ricinus Communis Seed Oil, Glyceryl Caprylate, Rosa Damascena Flower Water, Rosa Damascena Flower Oil, Parfum*, Citronello*, Linalool*, Geraniol*, Eugenol*, Limonene*, Farnesol*, Citral*, Benzyl Alcohol*, Alchemilla Vulgaris Extract, Cetearyl Alcohol, Cetearyl Glucoside, Hectorite, Xanthan Gum. *component of natural essential oils



Sage Mint Deodorant

long-lasting, fresh care

Whether we are physically or mentally active, perspiration is of vital importance. It not only regulates our body temperature but also removes impurities and forms the acid mantle as a barrier on the surface of the skin to protect against harmful germs. Our non-oily Sage Mint Deodorant contains sage and witch hazel essences, which are both naturally antimicrobial and astringent. The deodorising combination of an invigorating mint scent with a natural herbal bouquet of sage promises long lasting freshness.

We intentionally avoid the use of pore constricting aluminium salts. Our low alcohol roll-on is very gentle on the skin and does not stain your clothing.

Usage

Apply the Sage Mint Deodorant to the underarms using a gentle back and forth motion. Repeat application as needed.

Tip

The fresh, herbal scent is particularly well matched with the warming yet refreshing *Sage Purifying Bath Essence*, the stimulating *Quince Hydrating Body Milk* as well as the invigorating *Lemon Lemongrass Vitalising Body Wash*.

Ingredients

Aqua, Alcohol, Manihot Utilissima Starch, Triethyl Citrate, Glycerin, Salvia Officinalis Leaf Extract, Hamamelis Virginiana Bark/Leaf Extract, Salvia Officinalis Oil, Mentha Viridis Leaf Oil, Parfum*, Linalool*, Limonene*, Geraniol*, Citral*, Citronello*, Coumarin*, Sodium Silicate, Sucrose Laurate, Algin, Citric Acid, Xanthan Gum. *component of natural essential oils

The magic of touch.

Whether reviving and refreshing or relaxing and harmonising, envelop yourself and your skin in Dr. Hauschka body care products for a true sense of well-being.



A gentle touch, a loving stroke or a kiss on the cheek. You can enrich every one of these touches by making them more conscious: what does contact with your own skin feel like when you are applying a cream or a lotion?

Dr. Hauschka body moisturisers quickly activate the skin's protective function and preserve its natural balance. Your skin is fragranced with a hint of lemon,

quince, lavender, rose or almond. For every lotion, we have developed a completely individual caring basis of high-quality oils and combined this with medicinal plants. *Silk Body Powder* leaves your skin feeling wonderfully silky. Whether reviving and refreshing or relaxing and harmonising, envelop yourself and your skin in Dr. Hauschka body care products for a true sense of well-being.



Lemon Lemongrass Vitalising Body Milk

firms and refreshes

The enlivening, fresh scent of Lemon Lemongrass Vitalising Body Milk awakens and invigorates. This fast absorbing, revitalising body milk is the perfect complement to an active, healthy lifestyle.

Formulation: Extracts of lemon and lemongrass invigorate and refresh the body, leaving it feeling toned and firm. Quince seed extract soothes and hydrates, promoting increased moisture levels while jojoba, sunflower and olive oils replenish, fortify and nourish the skin for all-day hydration.

Usage

Apply Lemon Lemongrass Vitalising Body Milk evenly and massage into your skin.

Tip

We also recommend *Lemon Lemongrass Vitalising Body Wash*, *Lemon Lemongrass Vitalising Bath Essence* and *Lemon Lemongrass Vitalising Body Oil*.

Ingredients

Aqua, Alcohol, Salvia Officinalis Leaf Extract, Prunus Spinosa Fruit Extract, Pyrus Cydonia Seed Extract, Glycerin, Cymbopogon Citratus Extract, Prunus Spinosa Flower Extract, Helianthus Annuus Seed Oil, Arachis Hypogaea Oil, Equisetum Arvense Extract, Olea Europaea Fruit Oil, Citrus Limon Peel Oil, Parfum*, Citral*, Limonene*, Linalool*, Geraniol*, Farnesol*, Coumarin*, Citronellol*, Eugenol*, Daucus Carota Sativa Root Extract, Simmondsia Chinensis Seed Oil, Algin, Xanthan Gum, Cetearyl Glucoside, Cetearyl Alcohol, Hydrated Silica.

*component of natural essential oils



Quince Hydrating Body Milk

refreshes and enlivens

The subtly scented Quince Hydrating Body Milk cools and soothes skin while this easily absorbed lotion encourages natural regeneration, leaving it feeling silky and smooth.

Formulation: Hydrating quince seed extract transfers its natural moisturising properties to the skin. Combined with jojoba and olive oils, quince also helps skin maintain a healthy moisture balance. Extracts of blackthorn and sage fortify, revitalise and firm. Your skin looks and feels smooth, soft and supple.

Usage

Apply Quince Hydrating Body Milk evenly and massage into your skin.

Tip

We also recommend *Sage Mint Deodorant* and *Lemon Lemongrass Vitalising Body Wash*.

Ingredients

Aqua, Pyrus Cydonia Seed Extract, Alcohol, Prunus Spinosa Fruit Extract, Prunus Spinosa Flower Extract, Arachis Hypogaea Oil, Salvia Officinalis Leaf Extract, Glycerin, Olea Europaea Fruit Oil, Daucus Carota Sativa Root Extract, Lysolecithin, Parfum, Citral*, Citronellol*, Limonene*, Geraniol*, Linalool*, Benzyl Benzoate*, Eugenol*, Simmondsia Chinensis Seed Oil, Algin, Xanthan Gum, Lecithin, Silica.

*component of natural essential oils



Lavender Sandalwood Calming Body Cream

soothes and balances

Lavender Sandalwood Calming Body Cream features the smooth, comforting scent of lavender complemented by warm notes of sandalwood. Extracts of lemon balm and wood sorrel balance and renew, while macadamia nut, apricot kernel and avocado oils support and fortify the skin's protective barrier. Skin is left feeling smooth, soft and protected.

Usage

Apply Lavender Sandalwood Calming Body Cream evenly and massage into your skin.

Tip

We also recommend *Moor Lavender Calming Bath Essence* and *Moor Lavender Calming Body Oil*.

Ingredients

Aqua, Olea Europaea Fruit Oil, Alcohol, Macadamia Ternifolia Seed Oil, Glycerin, Pyrus Cydonia Seed Extract, Lavandula Angustifolia Flower Water, Persea Gratissima Oil, Anthyllis Vulneraria Extract, Prunus Armeniaca Kernel Oil, Equisetum Arvense Extract, Helianthus Annuus Seed Oil, Oxalis Acetosella Extract, Melissa Officinalis Flower/Leaf/Stem Extract, Glyceryl Stearate Citrate, Parfum, Lavandula Angustifolia Oil, Santalum Album Oil, Linalool*, Citronellol*, Geraniol*, Limonene*, Farnesol*, Benzyl Benzoate*, Eugenol*, Benzyl Salicylate*, Coumarin*, Citral*, Butyrospermum Parkii Butter, Theobroma Cacao Seed Butter, Hectorite, Cetyl Alcohol, Sucrose Stearate, Sucrose Distearate, Chondrus Crispus Extract, Xanthan Gum.
*component of natural essential oils



Rose Nurturing Body Cream

harmonises and protects

Featuring the fine fragrance of roses, the iconic Rose Nurturing Body Cream offers warmth and protection to the skin and senses. Quickly absorbed, this rich, luxurious product supports the skin's natural barrier function for intensive care and protection. Gentle enough for babies' and children's delicate skin.

Formulation: Rose wax, rose essential oil and precious extracts from wild rose hips and rose petals hydrate the skin and protect against dryness. Organic shea butter is combined with almond and jojoba oils for silky, soft skin.

Usage

Apply Rose Nurturing Body Cream evenly and massage into your skin.

Tip

We also recommend *Rose Nurturing Body Oil*.

Ingredients

Aqua, Rosa Damascena Flower Extract, Prunus Amygdalus Dulcis Oil, Alcohol, Glycerin, Pyrus Cydonia Seed Extract, Simmondsia Chinensis Seed Oil, Butyrospermum Parkii Butter, Lysolecithin, Cetearyl Alcohol, Hectorite, Cera Alba, Rosa Canina Fruit Extract, Rosa Damascena Flower Cera, Rosa Damascena Flower Oil, Parfum*, Citronellol*, Geraniol*, Limonene*, Linalool*, Citral*, Coumarin*, Eugenol*, Benzyl Benzoate*, Farnesol*, Benzyl Salicylate*, Euphorbia Cerifera Cera, Theobroma Cacao Seed Butter, Lecithin, Propolis Cera, Xanthan Gum.
*component of natural essential oils



Almond Soothing Body Cream

calms and balances

Almond Soothing Body Cream awakens the mind and nurtures the senses; while the soft, floral scent of the almond blossom evokes thoughts of the early days of spring, the warm and sensual hints of the almond fruit whisk us away into the colourful life of the Italian summer.

Formulation: Almond kernel oil blended with extracts of soothing St. John's wort and balancing anhyllis smooths, calms and fortifies dry, sensitive skin. Quince and marshmallow extracts balance moisture content, leaving the skin soft to the touch.

Usage

Apply Almond Soothing Body Cream evenly and massage into your skin.

Tip

We also recommend *Blackthorn Toning Body Oil*.

Ingredients

Aqua, Simmondsia Chinensis Seed Oil, Alcohol, Prunus Amygdalus Dulcis Oil, Persea Grattissima Oil, Olea Europaea Fruit Oil, Pyrus Cydonia Seed Extract, Anthyllis Vulneraria Extract, Prunus Armeniaca Kernel Oil, Glycerin, Butyrospermum Parkii Butter, Sucrose Laurate, Citrus Aurantium Amara Flower Water, Glyceryl Stearate Citrate, Macadamia Ternifolia Seed Oil, Helianthus Annuus Seed Oil, Hypericum Perforatum Flower/Leaf Extract, Hectorite, Parfum, Citronellol*, Limonene*, Geraniol*, Coumarin*, Citral*, Linalool*, Farnesol*, Lysolecithin, Althaea Officinalis Leaf Extract, Hippophae Rhamnoides Fruit Extract, Euphorbia Cerifera Cera, Xanthan Gum.

*component of natural essential oils



After Sun

cools and hydrates for a longer-lasting tan

After a day in the sun, your skin can be slightly irritated and warm. Despite using sun cream, it feels drier than usual. Rich, cooling After Sun refreshes and relaxes skin after sunbathing, and on-going use helps maintain your tan for longer. This fast absorbing lotion contains carrot and rosehip, moisture rich extracts of ice plant and quince seeds that leave your skin feeling silky smooth. Marigold and anhyllis soothe sun-stressed skin. Almond oil, shea butter and rose wax provide intensive moisturising care to prevent your skin from drying out.

Usage

Apply After Sun liberally to your skin after sunbathing.

Tip

We also recommend *Revitalising Mask* and *Sensitive Care Conditioner*.

Ingredients

Aqua, Rosa Canina Fruit Extract, Pyrus Cydonia Seed Extract, Alcohol, Glycerin, Prunus Amygdalus Dulcis Oil, Butyrospermum Parkii Butter, Daucus Carota Sativa Root Extract, Mesembryanthemum Crystallinum Extract, Anthyllis Vulneraria Extract, Prunus Armeniaca Kernel Oil, Calendula Officinalis Flower Extract, Cetearyl Alcohol, Hectorite, Cera Alba, Rosa Damascena Flower Wax, Lysolecithin, Simmondsia Chinensis Seed Oil, Xanthan Gum, Parfum, Linalool*, Citral*, Citronellol*, Limonene*, Geraniol*, Farnesol*, Benzyl Benzoate*, Propolis Cera.

*component of natural essential oils



Silk Body Powder

luxurious care from head to toe

A silky-smooth absorbent powder with a soft, fresh scent that stabilises the skin's natural balance. This body powder provides nurturing and luxurious all-day care for all skin conditions. The fine powder composition is free from skin irritating substances. Your body receives a natural matte sheen and even highly sensitive skin is gently protected. Gentian and oak extracts cool and refresh while sage extract supports healthy skin and scalp.

Usage

Apply to clean, dry skin after showering or bathing.

Tip

A diverse range of potential uses make talc-free Silk Body Powder a true master of skin care: it can be used as body and foot powder, gentle deodorant, dry shampoo, for baby care or to ease soreness.

Ingredients

Oryza Sativa Starch, Serica Powder, Silica, Parfum, Linalool*, Limonene*, Geraniol*, Coumarin*, Citronellol*, Citral*, Gentiana Lutea Extract, Quercus Robur Extract, Salvia Officinalis Extract, Solum Diatomeae.

*component of natural essential oils

Rhythmic body oils.



Day and night, light and darkness, warmth and cold, rest and movement – these are natural contrasts that define our lives in rhythmic alternation. They are rhythms that always fascinated Dr. Rudolf Hauschka and form the basis of his unique plant extracts. They also play an important role in the production of our body oils.

To create *Rose Nurturing Body Oil* we place dried Damask rose buds in a container with sunflower oil and gently heat the mixture to 37°C (human body

temperature) over a long period of time. For seven days, the buds enjoy the alternation between rest and movement, just as roses experience in the natural world. The result is a rich rose petal extract which pampers our skin in the *Rose Nurturing Body Oil*. This specialised extraction procedure is also used to create the other five Dr. Hauschka body oils which provide firming, stimulating, balancing, enveloping or harmonising skin care.

Find the best body oil for you and your own rhythm.



Limon Lemongrass Vitalising Body Oil

firms and refreshes

Awaken your body and mind with vitalising everyday body care. Lemon Lemongrass Vitalising Body Oil fortifies and firms the skin while the uplifting, refreshing scent of lemon peel and lemongrass extracts invigorates.

Formulation: Lemongrass, mistletoe, field horsetail and lemon peel are combined with sunflower oil, then carefully blended using unique rhythmic processing methods. During this phase, the mixtures are heated to 37 °C – human body temperature. They are carefully mixed in the mornings and evenings to allow the properties of the nurturing plants to be transferred to the oil.

Usage

For even application, apply to moist skin after bathing or showering. The emulsion created by the water and oil is easily absorbed, sealing in moisture for supple, silky smooth skin.

Tip

For the greatest firming effect on cellulite, regularly massage problem areas with this oil, enjoy a healthy, vitamin-rich diet and exercise regularly.

We also recommend *Limon Lemongrass Vitalising Body Wash*, *Limon Lemongrass Vitalising Bath Essence* and *Limon Lemongrass Vitalising Body Milk*.

Ingredients

Helianthus Annuus Seed Oil, Citrus Medica Limonum Peel Extract, Cymbopogon Citratus Extract, Equisetum Arvense Extract, Viscum Album Leaf Extract, Simmondsia Chinensis Seed Oil, Citrus Medica Limonum Peel Oil, Parfum, Limonene*, Citral*, Linalool*, Geraniol*, Farnesol*, Citronellol*, Eugenol*, Coumarin*.

*component of natural essential oils



Blackthorn Toning Body Oil

warms and fortifies

Supple, toned skin depends upon skin elasticity. Blackthorn Toning Body Oil offers strengthening, warming skin care for all the family. It has even proved successful during pregnancy when it is particularly important to keep skin supple to prevent pregnancy-induced stretch marks. Blackthorn blossom and birch leaf extracts enhance skin elasticity while sun-drenched St. John's wort and jojoba oil support the skin's natural processes of renewal and fortification.

Formulation: Blackthorn blossoms, birch leaves and St. John's wort are combined with sunflower oil, then carefully blended using unique rhythmic processing methods. During this phase, the mixtures are heated to 37 °C – human body temperature. They are carefully mixed in the mornings and evenings to allow the properties of the nurturing plants to be transferred to the oil.

Usage

For even application, apply to moist skin after bathing or showering. The emulsion created by the water and oil is easily absorbed, sealing in moisture for supple, silky smooth skin.

Tip

For a specialised massage that maintains skin elasticity, hold oiled skin between your thumb and index finger, pull it upwards slightly in a pinching motion and then release. Repeat five times per skin area.

We also recommend the *Body Washes*, *Baths* and *Body Moisturisers*.

Ingredients

Helianthus Annuus Seed Oil, Prunus Spinosa Flower Extract, Betula Alba Leaf Extract, Simmondsia Chinensis Seed Oil, Hypericum Perforatum Flower/Leaf Extract, Parfum, Linalool*, Limonene*, Geraniol*, Citronellol*, Citral*, Coumarin*, Farnesol*, Eugenol*.

*component of natural essential oils



Moor Lavender Calming Body Oil

soothes and protects

When you long for warmth and inner strength, Moor Lavender Calming Body Oil envelops your skin like a protective cover, restoring your sense of vitality. The key part of its composition is moor (peat moss) extract, produced using Dr. Hauschka's signature rhythmic processing method that exposes the extract to light and darkness, rest and movement. Invigorated by horsetail and horse chestnut tinctures, this precious formulation is left to develop undisturbed for several weeks. During this period, dormant processes in the moor are reawakened, generating heat and movement. This metamorphosed moor extract stimulates inner mobility and warmth, inviting you to head out into the world, explore and discover. Formulated with natural lavender essential oil, this composition stirs the senses and clears the mind.

Usage

Applied after bathing or showering, Moor Lavender Calming Body Oil pampers the skin, keeping it silky soft and smooth. Shake the bottle until uniform in consistency then apply evenly and massage into the skin. Applying to moist skin after bathing or showering provides the most effective absorption.

Tip

We also recommend *Lavender Sandalwood Calming Body Wash*, *Moor Lavender Calming Bath Essence* and *Lavender Sandalwood Calming Body Cream*.

Ingredients

Olea Europaea Fruit Oil, Aqua, Butyrospermum Parkii Butter, Lavandula Angustifolia Oil, Peat Moss Extract, Sucrose Distearate, Linalool*, Hydrogenated Jojoba Oil, Parfum, Citronellol*, Limonene*, Geraniol*, Coumarin*, Citral*, Farnesol*, Eugenol*, Equisetum Arvense Extract, Aesculus Hippocastanum Seed Extract, Alcohol. *component of natural essential oils



Rose Nurturing Body Oil

harmonises and protects

There are times when your skin and mind long for harmonising, strengthening care. Promote a sense of balance and well being with this delicate, nourishing body oil. Rose Nurturing Body Oil with extracts of damask roses and rose essential oil soothes, calms and protects sensitive skin. Jojoba oil maintains moisture for silky, supple skin. The soft rose scent soothes the senses.

Formulation: Damask roses are combined with sunflower oil and carefully blended using unique rhythmic processing methods to allow the skin balancing properties of the rose to be transferred to the oil. During this phase, the mixture is heated to 37 °C – human body temperature. The base product is carefully mixed in the mornings and evenings to allow the skin balancing properties of the rose to be transferred to the oil.

Usage

For even application, apply to moist skin after bathing or showering. The emulsion created by the water and oil is easily absorbed, sealing in moisture for supple, silky smooth skin.

Tip

We also recommend *Body Washes*, *Baths*, *Rose Nurturing Body Cream* and *Rose Deodorant*.

Ingredients

Helianthus Annuus Seed Oil, Rosa Damascena Flower Extract, Simmondsia Chinensis Seed Oil, Rosa Damascena Flower Oil, Parfum, Citronellol*, Geraniol*, Linalool*, Citral*, Eugenol*, Farnesol*. *component of natural essential oils



Birch Arnica Energising Body Oil

supports before and after exercise

After strenuous activity or a sauna, the skin welcomes revitalisation: Birch Arnica Energising Body Oil's refreshing scent revives the body and awakens the mind, as nourishing plant extracts join jojoba oil to maintain moisture balance for soft, supple skin. Tired muscles are soothed and stiff limbs are warmed for increased flexibility.

Formulation: Birch leaves, arnica, burdock root and nettle are combined with sunflower oil, and then carefully blended using unique rhythmic processing methods. During this phase, the mixtures are heated to 37 °C – human body temperature. The base products are carefully mixed in the mornings and evenings to allow the properties of the nurturing plants to be transferred to the oil.

Usage

For even application, apply to moist skin after bathing or showering. The emulsion created by the water and oil is easily absorbed, sealing in moisture for supple, silky smooth skin.

Tip

We also recommend *Lemon Lemongrass Vitalising Body Wash*, *Lemon Lemongrass Vitalising Bath Essence*, *Lemon Lemongrass Vitalising Body Milk* and *Sage Mint Deodorant*.

Ingredients

Helianthus Annuus Seed Oil, Arnica Montana Flower Extract, Betula Alba Leaf Extract, Urtica Dioica Extract, Arctium Lappa Root Extract, Simmondsia Chinensis Seed Oil, Parfum, Linalool*, Citral*, Limonene*, Coumarin*, Citronellol*, Geraniol*, Farnesol*, Eugenol*, Brassica Nigra Seed Extract.
*component of natural essential oils

Our hands speak volumes.



Hands speak a language of their own: Their gestures can express more than words, and they act as a business card that tells you something about what a person does. Whether at the office, doing housework or gardening, our hands are constantly in use. They are subjected to environmental influences such as dry air, water, cold and sun. Your skin quickly becomes dry, raw and cracked, or you break a nail. Our hands

therefore need special care. The fast absorbing *Hydrating Hand Cream* hydrates your hands with valuable plant oils and carefully selected medicinal plant extracts. *Neem Nail & Cuticle Oil* protects your nails and cuticles. The practical *Neem Nail & Cuticle Pen* is the ideal companion when out and about.

Nurture yourself right down to your fingertips and let the beauty of your hands speak.



Hydrating Hand Cream

nourishes, renews and protects

Hydrating Hand Cream soothes, nourishes and protects hands from cold, harsh or dry conditions.

Formulation: Bryophyllum has intense regenerative and hydrating properties, supporting the skin's natural processes of renewal.

Usage

Apply regularly to soothe, moisturise and protect dry, over worked hands. Hydrating Hand Cream absorbs quickly without greasy residue. Even rough elbows become beautifully smooth.

Tip

To promote strong, healthy nails and to soften cuticles, we recommend *Neem Nail & Cuticle Oil* or *Neem Nail & Cuticle Pen*.

Ingredients

Aqua, Alcohol, Glycerin, Althaea Officinalis Extract, Prunus Amygdalus Dulcis Oil, Anthyllis Vulneraria Extract, Daucus Carota Extract, Cetearyl Alcohol, Cera Flava, Prunus Spinosa Flower Extract, Arachis Hypogaea Oil, Simmondsia Chinensis Oil, Triticum Vulgare Germ Oil, Bentonite, Lactose, Kalanchoe Daigremontiana Extract, Parfum, Limonene*, Linalool*, Citronellol*, Geraniol*, Citral*, Farnesol*, Benzyl Benzoate*, Eugenol*, Benzyl Salicylate*, Lysolecithin, Xanthan Gum.

*component of natural essential oils



Neem Nail & Cuticle Oil

restores and strengthens

Neem Nail & Cuticle Oil penetrates the nail to strengthen and fortify while softening cuticles.

Formulation: Neem leaf extract strengthens keratin, fortifying nails against breakage. Apricot kernel oil penetrates and moisturises nails for greater flexibility. Extracts of chamomile and anthyllis soften and renew cuticles. The strengthened nail grows healthily.

Usage

Massage 1-2 drops into clean, dry nails and cuticles. Allow oil to be absorbed then wipe away excess. For badly damaged nails, repeat twice a day, morning and evening.

Tip

Neem Nail & Cuticle Pen is convenient for travel, the office or the car. For complete hand care, we recommend our fast absorbing *Hydrating Hand Cream*.

Ingredients

Arachis Hypogaea Oil, Melia Azadirachta Leaf Extract, Anthyllis Vulneraria Extract, Prunus Armeniaca Kernel Oil, Chamomilla Recutita Flower Extract, Parfum*, Linalool*, Limonene*, Geraniol*.

*component of natural essential oils



Neem Nail & Cuticle Pen

strengthens and protects

Keep your nails in the best possible condition at all times with the practical, compact and hygienic *Neem Nail & Cuticle Pen*; Whether at home or out and about, your nails can benefit from a mini manicure treatment whenever you have a few moments to spare.

Usage

When pressed gently, the fibre applicator releases just the right amount of *Neem Nail & Cuticle Oil*.

Tip

To keep your *Neem Nail & Cuticle Pen* looking clean, it comes with three spare tips, which are easy to replace. Nail polish can discolour the applicator tip.

Ingredients

Arachis Hypogaea Oil, Melia Azadirachta Leaf Extract, Anthyllis Vulneraria Extract, Prunus Armeniaca Kernel Oil, Chamomilla Recutita Flower Extract, Parfum*, Linalool*, Limonene*, Geraniol*.

*component of natural essential oils



Summer bliss for your skin.

Help your skin enjoy summer to the full with Dr. Hauschka. Allow it to feel liberated, refreshed, light and relaxed. Whether with the invigorating effect of a Body Oil, refreshing feel of Revitalising Leg & Arm Tonic, moisture-regulating effect of Hydrating Foot Cream, protection of Silk Body Powder or subtle shimmer of a Lip Gloss – Dr. Hauschka products enable you to enjoy a summer that lives up to its name.

Even Shakespeare used summer as a symbol of happiness and love. And there's no disputing that the light and warmth of the sun's rays in summer make us feel a pure love of life. It's therefore great news that here at Dr. Hauschka we have lots of handy helpers that heighten these sensations even further and support us throughout the warm season.

Put your feet up.

Whether on hikes, bike rides or long strolls around the city, we put more strain on our feet and legs in summer than at any other time of year. As a result, our feet need care and refreshment. Our **Hydrating Foot Cream** offers intensive skin care and moisture while still absorbing quickly thanks to its creamy consistency.

Revitalising Leg & Arm Tonic is the perfect choice for refreshing the legs. Whether after sport or long periods sitting down, it revives and cares for tired legs, leaving them feeling wonderfully light again. However, it is also effectively invigorating when applied to the arms or neck. The spray head makes applying just the right amount easy.

Head for the tub.

A bath can be particularly refreshing in summer, for example with cool water and **Sage Purifying Bath Essence**. This can reinvigorate you after a hot, strenuous day in the office. **Lemon Lemongrass Vitalising Bath Essence**, on the other hand, tones and refreshes the skin.

However, both Bath Essences are also ideal for a little quick refreshment without filling the tub: for example using a compress or a foot bath. Simply pour a couple of drops onto a damp cloth and place it on your forehead or neck. Alternatively, fill a bowl with cool water and add as much Bath Essence as you desire. Place your feet in the bowl and you will soon feel like new again.

Your Dr. Hauschka esthetician will gladly advise you on other ways in which you can use our Bath Essences.

„Shall I compare thee to a summer's day?“

William Shakespeare, sonnet no. 18



A fresh breeze on your face.

Spray your face with invigorating freshness while on the go. **Facial Toner** is also available in a practical travel and trial size, which fits in any handbag or backpack.

And when the lips have had too much sun or wind and start to feel taut, tingle or are prone to cold sores, **Labimint Acute Lip Care** quickly alleviates the situation.

Your muscles will thank you.

When you head on multi-day hikes or bike rides in summer, your legs need time to get used to the extra exercise. **Birch Arnica Energising Body Oil** activates the skin's metabolism and stimulates circulation. A firm massage with the oil warms and regenerates the tight muscles, preparing them for the next day.

The secret of silk.

Our **Silk Body Powder** does far more than just reliably protect and nourish. Formulated with genuine pulverised pure silk, enriched with medicinal plant extracts of sage, gentian and oak bark, it has many different uses: as a dry shampoo or a light deodorant, for example. Used in closed-toe shoes, it binds moisture and odours; in open-toe shoes, it prevents you from sliding around annoyingly.

For a summery look.

Accentuate your face's sun decks by dusting **Bronzing Powder** onto your forehead, nose, chin and cheeks with the Powder Brush, gently streaking it outwards in circular motions. Apply **Volume Mascara 01 black** to your upper lashes and **Lip Gloss 01 bush plum** to your lips. Your summer look is complete!

Good for more than just you.

Our summer products not only conjure up freshness, they also help improve biodiversity and people's living conditions. After all, the ingredients used offer more than just cosmetic effects:

Jojoba oil

We obtain jojoba from a certified Demeter farm at the foot of the Andes in an extremely arid region of Argentina. The jojoba kernels are cold-pressed and the obtained oil is then shipped to us in Eckwälden. Our local partner is strongly committed to desert farming. After all, overgrazing has turned many of Argentina's steppes into deserts, forcing people to migrate to the cities. Our partner's aim is to use the biodynamic cultivation of jojoba to help revive the desertified areas of land. The cultivation of jojoba enables the groundwater level to rise again, resulting in greater biodiversity and enabling people to find their place once more.

Arnica

We obtain arnica from certified wild collections in the Black Forest, Germany and the Vosges Mountains, France. In consultation with the relevant conservation authorities, some of the

arnica vegetation is harvested while the remaining arnica plants are left to re-propagate. At the same time, we cut back other plants (e.g. shrubs) that would otherwise displace the arnica over time. We therefore make a useful contribution to rural conservation and species preservation.

Castor oil

As organic castor oil was previously unavailable on the world market, in 2007 we decided to trigger a project in India to seal this gap. Ever since then, a number of organically certified smallholder farmers have cultivated castor plants for our partner in the northern Indian region of Kutch, the seeds of which are used to obtain the cold-pressed oil. The additional profit from the sale of this is used to set up social facilities for the workers, to help farmers switch to organic cultivation and gain the relevant certification and to enable farmers to cook with biogas.

Put the spring back in your step.



We usually pay little attention to our feet. They are hidden away in socks and closed shoes, and yet they carry us for many years! Your feet bear your entire body weight while your toes balance your whole body in an act of the utmost precision. It is no wonder that they make themselves felt now and again. If we spend a lot of time on our feet, our feet and legs become tired and can swell. If this is aggravated by unsuitable, tight shoes we may also suffer from blisters, pressure points, calluses or achy legs. Summer heat also puts strain on feet and legs. It is therefore more important

than ever to pamper our feet and legs with supportive skin care.

Hydrating Foot Cream and *Revitalising Leg & Arm Tonic* revive tired feet and legs and help work to prevent swelling. With their silk contents, *Deodorising Foot Cream* and *Silk Body Powder* leave sweaty feet feeling truly refreshed. Both products have a lightly deodorising effect and minimise foot odour.

Take care of your feet and put the spring back in your step.



Hydrating Foot Cream

soothes and refreshes

Whether at work, after sport or in your free time, Hydrating Foot Cream is ideal for daily foot care and an invigorating foot massage. The creamy consistency absorbs quickly to offer intensive care and moisture, especially for dry feet.

Usage

Massage in a small amount of Hydrating Foot Cream to feet and between toes. Use daily on dry skin.

Tip

Hydrating Foot Cream is perfect for foot massages. Tired legs will welcome the refreshing, energising benefits of *Revitalising Leg & Arm Tonic*.

Ingredients

Aqua, Glycerin, Alcohol, Parfum, Hypericum Perforatum Extract, Arachis Hypogaea Oil, Lanolin, Olea Europaea Oil, Prunus Spinosa Fruit Extract, Cetearyl Alcohol, Zinc Oxide, Aesculus Hippocastanum Extract, Simmondsia Chinensis Oil, Bentonite, Lactose, Limonene*, Citral*, Linalool*, Geraniol*, Benzyl Benzoate*, Farnesol*, Citronellol*, Coumarin*, Eugenol*, Benzyl Salicylate*, Xanthan Gum, Lysolecithin, Propolis.

*component of natural essential oils



Deodorising Foot Cream

retains moisture, refreshes and protects

Deodorising Foot Cream with a refreshingly fresh scent invigorates the feet and supports a healthy skin. Natural silk and rice starch directly bind excess moisture with long-lasting effect. They protectively envelop the foot as a fine layer of powder and prevent friction and pressure points. The composition with essential rosemary oil, sage and real European goldenrod regulates perspiration. This creates a healthy foot environment, helping to prevent unpleasant odours.

Usage

Regularly apply a thin layer of Deodorising Foot Cream to the sole of the foot and between the toes without massaging it in.

Tip

For particularly high levels of foot perspiration, we recommend subsequently using *Silk Body Powder*. *Revitalising Leg & Arm Tonic* restores a feeling of lightness to tired legs. *Hydrating Foot Cream* can be used to treat dry, cracked skin on the feet or for a stimulating massage.

Ingredients

Aqua, Glycerin, Oryza Sativa Starch, Solidago Virgaurea Extract, Bentonite, Salvia Officinalis Extract, Parfum, Alcohol, Serica Powder, Rosmarinus Officinalis Oil, Limonene*, Linalool*, Citral*, Geraniol*, Citronellol*, Coumarin*, Propolis.

*component of natural essential oils



Revitalising Leg & Arm Tonic

invigorates and energises

Revitalising Leg & Arm Tonic invigorates and tones the skin. It soothes and minimises water-retention (swelling) and tired legs arms and legs regain a sense of lightness.

Formulation: Rosemary essential oil energises and warms. Borage helps reduce the appearance of varicose veins and cellulite. After a long day of sitting or standing, Revitalising Leg & Arm Tonic refreshes and energises limbs for continued activity.

Usage

Apply Revitalising Leg & Arm Tonic evenly to the legs, feet and arms, massaging towards the heart. Repeat as needed. Allow to absorb before dressing. Wait 30 minutes before putting on compression stockings. For dry skin, blend Revitalising Leg & Arm Tonic with any Dr. Hauschka body oil.

Tip

In addition to Revitalising Leg & Arm Tonic, for tired, swollen feet, we recommend *Hydrating Foot Cream* which offers cool, comforting care. *Deodorising Foot Cream* refreshes and manages excess perspiration.

Ingredients

Alcohol, Ricinus Communis Seed Oil, Borago Officinalis Extract, Aqua, Parfum, Linalool*, Rosmarinus Officinalis Leaf Oil, Limonene*, Citral*, Geraniol*, Citronellol*, Coumarin*.

*component of natural essential oils

Times of intimate bonds.





The spiritual, emotional and physical bond between a mother and her child during pregnancy is a truly unique experience. In the nine months of pregnancy, a mother's body adapts to provide for the growing child. The skin, metabolism and entire sense of self can change during this period and need special attention.

Annette Kiefer has helped many women through this time of life. After a long career as a midwife, she now offers other midwives her knowledge and experience as a WALA specialist consultant.

The early days of pregnancy

The changes in their bodies during the early days of pregnancy in particular leave many women feeling extremely tired. If circumstances beyond their control mean they cannot get the rest and sleep they need, Ms Kiefer recommends they rub their arms and legs with *Revitalising Leg & Arm Tonic* (see p. 117). Fathers also enjoy this refreshing experience if they have had little sleep and work beckons in the

morning. Combined with washing the legs in cold water, *Revitalising Leg & Arm Tonic* boosts venous circulation and has both a preventative and palliative effect on swelling, blockages and the tendency to suffer from calf cramps. The lotion can also be easily applied with a pump dispenser that can be purchased from approved retailers and our Dr. Hauschka webshop.

Preventing stretch marks is an important topic for mothers-to-be. Regular pinching massages with *Blackthorn Toning Body Oil* (see p. 106) boost the skin's elasticity and vitality.

A further valuable companion during the sensitive pregnancy period is *Moor Lavender Calming Body Oil* (see p. 107), as Annette Kiefer explains: "The body oil envelops us like a warm, protective cover and helps guard against harm from our environment. Apply the oil to the chest area as well as the inner wrists. If necessary, it can also be applied to the stomach if the skin there is becoming tight."



Bathing the body and soul

Mothers-to-be particularly enjoy the relaxing sensation of warm water. Many Dr. Hauschka bath products further heighten the sense of wellbeing. For example, *Moor Lavender Calming Bath Essence* (see p. 94) has a soothing effect and promotes sound sleep.

The 'baby honeymoon' period

For six to eight weeks after giving birth, a mother's body has to recover from the pregnancy and the delivery.

Ms Kiefer emphasises the importance of postnatal rest: "This special time, which I like to call the 'baby honeymoon period', should be as pleasant and stress free as possible for the parents so that the child also feels that all is as it should be. *Moor Lavender Calming Body Oil* (see p. 107) again helps parents to distance themselves from external stress factors."

Blackthorn Toning Body Oil (see p. 106) with its strengthening effect is ideal for stomach massages during the postnatal period. Subsequently applied, *Lemon Lemongrass Vitalising Body Oil* (see p. 106) and *Lemon Lemongrass Vitalising Bath Essence* (see p. 94) also help firm the connective tissue.

Hydrating Hand Cream (see p. 110) cares for the hands when stressed by frequent nappy changes and washing, restoring their soft feel for further contact with the baby's delicate skin.

Sensitive little ones

A baby is the epitome of innocence, purity and love, and relies purely on its parents' care. There is little so soft as a baby's skin and babies experience their first contact with their mother and the environment via their skin, through touch. Ms Kiefer explains why she does not generally recommend care products for new borns' healthy skin: "There is little so soft as a

“This special time, which I like to call the ‘baby honeymoon period’, should be as pleasant and stress free as possible for the parents so that the child also feels that all is as it should be. Moor Lavender Calming Body Oil again helps parents to distance themselves from external stress factors.”

Annette Kiefer, midwifery expert

baby’s skin. I recommend simply washing babies with water and bathing them once a week once the umbilical cord has fallen off. Babies are usually 10-14 days old at this point and are delighted to be bathed in a warm bathroom while happily lying in their mother or father’s hands. If the mother has a great deal of breast milk, this can be used as a natural bath essence.”

Silk Body Powder (see p. 104) optimally cares for the folds of skin on the child’s neck and groin area as well as below the mother’s chest. Only a thin layer of powder is required; any excess can be wiped off with a soft cloth or blown away.

Once babies are several months old and have more contact with their environment, skin care products such as the rich *Rose Day Cream*

(see p. 33) can help protect them against the cold wind, for example. Harmonising *Rose Nurturing Bath Essence* is equally suitable for infants and small children (see p. 94).

From three months, a baby massage is a particularly enjoyable form of contact with your child. In this regard, Annette Kiefer highlights the natural qualities of *Rose Nurturing Body Oil* (see p. 107): “The carefully selected, high-quality ingredients and delicate, natural rose fragrance make this body oil the ideal product. It envelops the child in a warming, protective layer.” For sensitive skin, it is also possible to use *Dr.Hauschka Med Ice Plant Body Care Lotion* (see p. 126), which is unperfumed and very well tolerated by infants. Take good care of yourself and your little one and enjoy tender moments of togetherness.



Soothing and balancing, protecting
and harmonising, reliable and caring,
return to natural balance.

Skin care that understands specific needs.

At some point in your life, it is possible that you will need more intensive, focused care for your skin, lips or gums. These are times when you will want the help of a clinical skin care product that provides alleviating protection, cooling care or a radiant smile with healthy gums. This is the precise purpose of Dr.Hauschka Med: to be both soothing and stabilising.

The three Dr.Hauschka Med lines can act as your personal assistants for the specific needs of your skin, teeth and lips.

Knowledge of medicinal plants and scientific expertise

WALA Heilmittel GmbH, the manufacturer of Dr. Hauschka Skin Care, has been using medicinal plants to develop medicines for many years. It is only

natural to use this expertise to develop clinical skin care products. The result is known as Dr.Hauschka Med. We develop the products in close cooperation with experienced natural estheticians, test and research institutes and doctors. Our observation of the human body and the effect of our clinical care is as holistic as our approach to product development.

Intelligently selected ingredients

Many plant-based ingredients have proven to be ideal choices for medicinal care products: for example, we use extracts of horse chestnut bark to strengthen the gums and pressed ice plant juice to soothe even skin with atopic dermatitis and reactivate its natural barrier function. Pressed juices contain the undiluted goodness of the revitalising plants and therefore have excellent efficacy.

For a liberated feeling.

Systematic medical skin care – for a noticeably enhanced quality of life for people with very dry skin and atopic dermatitis.

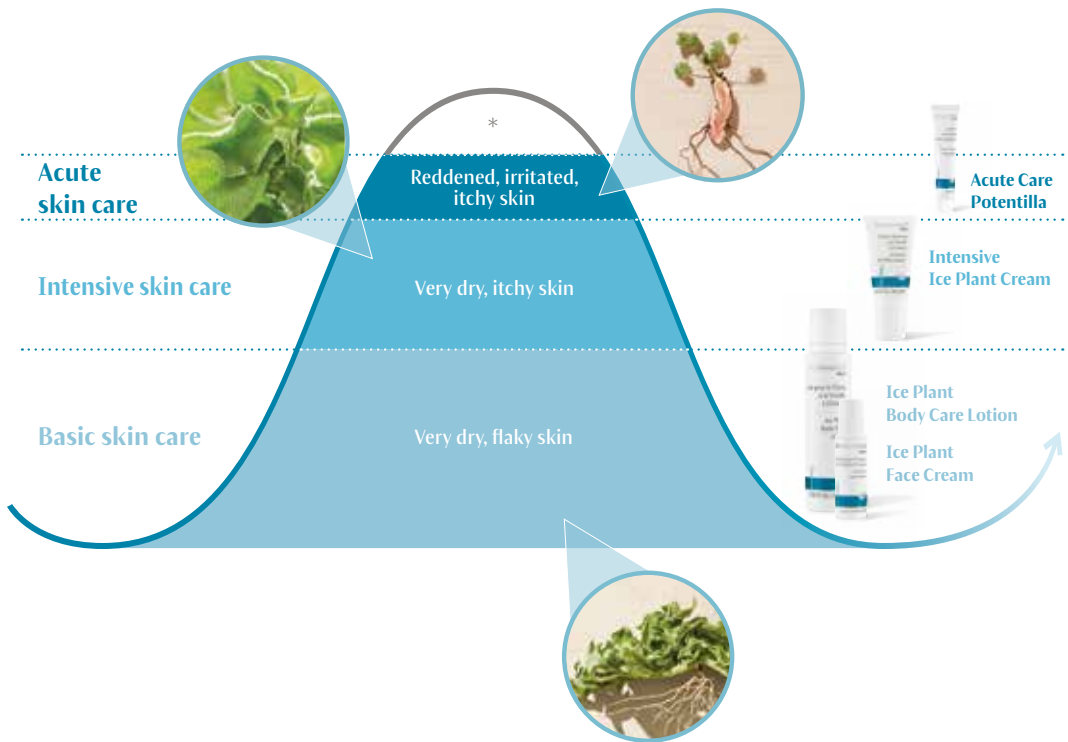


Systematic medical skin care

People with very dry skin and atopic dermatitis need professional skin care – in all situations, every day. Such skin care must be tailored to the skin's individual needs. The systematic medical skin care from Dr.Hauschka Med supports the skin at every phase – for a noticeably enhanced quality of life even after the first use.

Our commitment

Dr.Hauschka Med systematic skin care with formulations made from medicinal plants and natural oils is precisely tailored to the needs of people with very dry skin and atopic dermatitis. The products are intentionally fragrance free and extremely well tolerated even by young children.



The ups and downs of atopic dermatitis

Atopic dermatitis is a recurrent skin condition: phases of seemingly healthy skin alternate with phases in which the skin becomes increasingly imbalanced – until reddened, very itchy skin develops.

* If you are suffering from an acute episode of atopic dermatitis or if you are unsure about your skin condition, please consult a doctor.



Ice Plant Face Cream

When using Ice Plant Face Cream, you do more than just apply a rich product that carefully supports your skin. You also notice that the basic care product is instantly absorbed and your skin relaxes.

- > Reduces tautness and prevents itchiness
- > Fortifies the skin's natural barrier function
- > Absorbs instantly without leaving a greasy film
- > With white poppy oil for the sensitive facial skin
- > Suitable for use as a base for make-up

Usage

Apply 1 to 2 pumps of cream to the face each day. Also suitable as a make-up base.

Tip

We recommend *Ice Plant Body Care Lotion* as a daily skin care product for your body.

Ingredients

Aqua, Simmondsia Chinensis Seed Oil, Mesembryanthemum Crystallinum Extract, Persea Gratissima Oil, Alcohol, Glycerin, Arachis Hypogaea Oil, Cetearyl Alcohol, Prunus Amygdalus Dulcis Oil, Papaver Somniferum Seed Oil, Butyrospermum Parkii Butter, Lanolin, Lysolecithin, Hectorite, Manihot Utilissima Starch, Mangifera Indica Seed Butter, Theobroma Cacao Seed Butter, Chondrus Crispus Extract, Cetearyl Glucoside, Xanthan Gum, Amyris Balsamifera Bark Oil, Rosmarinus Officinalis Leaf Extract.



Ice Plant Body Care Lotion

As part of the daily skin care regime to combat very dry, flaky skin and as supportive basic skin care for atopic dermatitis sufferers. Fortifies the natural barrier function and leaves skin feeling pleasantly cared for.

- > Reduces tautness and prevents itchiness
- > Fortifies the skin's natural barrier function
- > Absorbs instantly without leaving a greasy film

Usage

Apply generously to the entire body on a daily basis.

Tip

We recommend *Ice Plant Face Cream* as a daily skin care product for your face.

Ingredients

Aqua, Mesembryanthemum Crystallinum Extract, Glycerin, Alcohol, Simmondsia Chinensis Oil, Persea Gratissima Oil, Prunus Amygdalus Dulcis Oil, Manihot Utilissima Starch, Cera Alba, Lanolin, Lysolecithin, Mangifera Indica Seed Butter, Butyrospermum Parkii Butter, Daucus Carota Extract, Sucrose Stearate, Sucrose Distearate, Chondrus Crispus Extract, Glyceryl Stearate, Hectorite, Xanthan Gum, Stearic Acid, Amyris Balsamifera Oil, Rosmarinus Officinalis Extract, Sodium Stearoyl Lactylate.



Intensive Ice Plant Cream

Many people are familiar with those agonising times when their skin is extremely dry and itchy, especially in sensitive areas such as the face, the crook of the arm or the hollow of the knee. At these times, Intensive Ice Plant Cream provides extreme nourishment to improve the skin's moisture balance. Skin treated in this way can re-establish its natural barriers more successfully and itches less.

- > Reduces itchiness
- > Helps particularly dry areas of skin to naturally regulate themselves
- > Stabilises the skin's natural barrier function

Usage

Apply to the affected areas of skin several times a day as required.

Tip

Oily, damp compresses with Intensive Ice Plant Cream can help to quickly alleviate itching.

Ingredients

Aqua, Mesembryanthemum Crystallinum Extract, Persea Gratissima Oil, Glycerin, Mangifera Indica Seed Butter, Alcohol, Tricaprylin, Prunus Amygdalus Dulcis Oil, Simmondsia Chinensis Seed Oil, Sesamum Indicum Seed Oil, Lanolin, Cetearyl Alcohol, Bentonite, Butyrospermum Parkii Butter, Daucus Carota Sativa Root Extract, Rosmarinus Officinalis Leaf Extract, Amyris Balsamifera Bark Oil, Lysolecithin, Glyceryl Oleate, Xanthan Gum.



Acute Care Potentilla

What starts with slight redness and itchiness can often quickly become a major issue. Irritated areas of skin that struggle to improve on their own require special care and attention. Acute Care Potentilla restores the balance to irritated skin and helps to sustainably break the cycle of itchiness and scratching. Itching is quickly alleviated – even at the first signs of reddened skin.

- > Soothing skin care for areas of skin prone to inflammation
- > Alleviates itching even at the first signs of reddened skin

Usage

Apply thinly to the affected areas of skin several times a day as required. Allow to absorb fully to avoid discolouration of clothing.

Tip

Once the skin's condition has improved, *Intensive Ice Plant Cream* can sustainably stabilise it.

Ingredients

Aqua, Sesamum Indicum Seed Oil, Alcohol, Glycerin, Simmondsia Chinensis Seed Oil, Potentilla Erecta Root Extract, Ricinus Communis Seed Oil, Glyceryl Stearate Citrate, Butyrospermum Parkii Butter, Theobroma Cacao Seed Butter, Cetearyl Alcohol, Sucrose Stearate, Sucrose Distearate, Xanthan Gum, Amyris Balsamifera Bark Oil, Rosmarinus Officinalis Leaf Extract.

Assisted by the powers of nature.



When the wind and rain chap our otherwise soft lips, a cold exhausts our immune system or work saps all our energy, many people develop itchy, painful cold sores. At times like this, the power of nature can come to their aid: applied at the right moment, *Labimint Acute Lip Care* can prevent unpleasant cold sores from forming. The skin on our lips needs particular care and protection, especially during the formation and

healing phases. *Labimint Acute Lip Care* was specially developed to meet the needs of people prone to cold sores. The unique formulation contains a blend of purely natural ingredients with healing properties that can be instantly enjoyed.

Regular preventative care by applying *Labimint* to healthy lips keeps them silky soft and helps prevent future problems. Stop cold sores before they start.



Labimint Acute Lip Care

At the heart of Labimint Acute Lip Care are the freshly pressed juices of precious calendula and echinacea, which are known for their soothing and regenerative effects. The 100% pure medicinal herb juices are supplemented by an extract from sage, which has purifying properties.

- › Applied early enough, prevents cold sores
- › Soothes tight, tingling lips
- › For velvety soft lips

Usage

At the first sign of tightness or tingling in the lips, apply Labimint Acute Lip Care several times during the day.

Not suitable for infants or small children due to the high essential oil content.

Tip

For everyday lip care, we recommend *Lip Balm*.

Ingredients

Aqua, Calendula Officinalis Extract, Alcohol, Echinacea Pallida Extract, Glycerin, Salvia Officinalis Extract, Arachis Hypogaea Oil, Lanolin, Cetearyl Alcohol, Mentha Piperita Oil, Simmondsia Chinensis Oil, Hectorite, Parfum, Limonene*, Linalool*, Geraniol*, Citronellol*, Xanthan Gum, Lysolecithin.

*component of natural essential oils

The smile of good health.



Your teeth have an important job. By breaking up food, they prepare it to be optimally digested. Healthy teeth are therefore a key prerequisite for stable health. And teeth are true wonders. The tooth enamel that surrounds them is the hardest substance in the human body. The minerals it contains, such as calcium, phosphate, magnesium and sodium compounds, make it so resistant that it can even scratch steel. Despite this, constant use subjects it to great wear. Our upper and lower teeth are in contact about a thousand times a day. Our actual teeth are held in place so firmly by means of their root and the dental fibres in our jaw that they offer very little give when subjected to high forces. The gums surrounding your teeth protect the sensitive tooth neck.

The highly robust nature can still not prevent damage. Food residue left between the teeth is a great breeding ground for bacteria, which form plaque and lead to inflamed gums (periodontitis) or can cause cavities due to acid damage to the tooth enamel.

The best foundation for healthy teeth and strong gums is daily dental care, which prevents plaque from forming in the first place and re-mineralises and thus hardens the tooth enamel. The Dr.Hauschka Med Tooth products with gum-strengthening and anti-inflammatory medicinal plants are the perfect partner. They boost natural salivation, which in turn neutralises the oral environment and stabilises the oral flora.



Fortifying Mint Toothpaste

Strong gums and thorough oral hygiene are essential for healthy teeth. It is therefore important to stabilise the oral flora in order to prevent harmful bacteria from growing in the first place. Regular brushing with a fortifying toothpaste helps to prevent plaque (bacterial film on the teeth), as well as the tartar, gum problems and cavities that may result from it.

- › Proven to have a rapid anti-inflammatory effect
- › When used regularly, removes plaque and helps to prevent tartar, gum inflammation and caries
- › Helps to prevent gum bleeding
- › Helps to create a balanced, stable oral flora
- › Keeps breath fresh

Ingredients

Aqua, Sorbitol, Sodium Silicate, Glycerin, Chondrus Crispus Extract, Kaolin, Citric Acid, Solum Diatomeae/Silica, Parfum, Mentha Piperita Oil, Limonene*, Cinnamal*, Linalool*, Eugenol*, Melia Azadirachta Leaf Extract, Aesculus Hippocastanum Seed Extract, Pistacia Lentiscus Gum, Propolis Cera, Alcohol, CI 75810, CI 77891.
*component of natural essential oils



Sensitive Saltwater Toothpaste

Sensitive teeth with receding gum lines require special attention. They must be cleaned gently to avoid further abrasion but, at the same time, thoroughly enough for the teeth to remain healthy. This is because clean teeth, healthy gums and fortified mucous membranes are the best protection against plaque (bacterial film on the teeth) and the tartar and cavities which may result from it.

- › For sensitive teeth with exposed, sensitive areas of the tooth
- › When used regularly, removes plaque and helps to prevent tartar and cavities
- › Protects the mouth with antimicrobial natural essential oils
- › Fortifies the mucous membranes of the mouth
- › Contains no peppermint or menthol, as recommended by homeopaths

Ingredients

Maris Aqua, Calcium Carbonate, Aqua, Sorbitol, Glycerin, Maris Sal, Hydrated Silica, Xanthan Gum, Chondrus Crispus Extract, Hamamelis Virginiana Distillate, Parfum, Citrus Medica Limonum Oil, Citrus Grandis Oil, Limonene*, Citral*, Geraniol*, Linalool*, Solum Diatomeae, Kaolin, Pistacia Lentiscus Gum, Peat Moss Extract, Xanthophyll.

*component of natural essential oils



Sage Mouthwash

Sage Mouthwash effectively supports teeth cleaning and provides that confident feeling of fresh breath. It ensures good hygiene in places that toothbrushes and dental floss simply cannot reach.

- > Strengthens, firms and tones the gums
- > Helps prevent inflammation in the mouth and stabilise the oral flora
- > The combined cleansing properties of essential oils keep breath fresh
- > Ready to use

Usage

Shake bottle well before use. To open, press the child-proof cap at the marked positions and turn. Gargle thoroughly for 30 seconds with one capful of Mouthwash.

Contains approx. 9 percent alcohol by weight; should therefore not be swallowed and is not suitable for use by children.

Ingredients

Water (Aqua), Alcohol, Sorbitol, Althaea Officinalis Leaf Extract, Salvia Officinalis (Sage) Leaf Extract, Krameria Triandra Root Extract, Calendula Officinalis Flower Extract, Potentilla Erecta Root Extract, Aesculus Hippocastanum (Horse Chestnut) Bark Extract, Melia Azadirachta Leaf Extract, Commiphora Myrrha Resin Extract, Fragrance (Parfum), Limonene*, Eugenol*, Linalool*, Chondrus Crispus Extract, Sodium Silicate, Glycerin, Propolis Wax.

*component of natural essential oils





Deep relaxation, rejuvenated skin,
a moment in time full of light
and lightness.

The art of touch: cosmetics are a form of devotion.

Self-discovery, a revitalising lunchtime break, a self-prescribed treatment or a special reward – you can always find good reason for a Dr. Hauschka treatment. Enjoy the harmony it brings to your skin and the benefits to your entire body for days to come.

It all starts with warm feet.

If this is your first Dr. Hauschka treatment, then do not be surprised: we start by focusing on your feet. In our top-heavy world, your feet are often cold. By welcoming you with a fragrant foot bath, the Dr. Hauschka esthetician washes away the day's tension with warmth and care. Next, lie down, let yourself be warmly covered up and relax into the treatment.

Your body relaxes with you.

Since Elisabeth Sigmund created the foundations for our cosmetics in the 1960s, lymph stimulation has been at the heart of all Dr. Hauschka treatments.

The wafer-thin lymph capillaries play an important role in the removal of metabolic products and excess tissue fluid. When stimulated with gentle massaging and brush strokes, they relax and unblock – oxygen and nutrients can penetrate your cells and your tissue is purified. Your body's self-cleansing processes are wide awake while you relax for the remainder of the treatment.

Taking care of you.

Devotion is a two-sided matter: the Dr. Hauschka esthetician gives you their full attention and professionalism. They are fully trained Dr. Hauschka experts. A skin consultation is part of your treatment and enables you to be pampered with the precise products that correspond to your current skin condition: an ampoule treatment, a mask, fragrant compresses, body oil and body cream.

Get in touch with your inner beauty.



Classic Treatment

Enjoy a special kind of mini-break: a relaxing foot bath, arm and hand massages and fragrant compresses let you breathe deeply and are an ideal way to prepare for the cleansing care that the Dr. Hauschka Skin Care products bring you.

Cleansing and nourishing masks, plus intensive skin care rejuvenation leave you feeling revived and regenerated. As the heart of the Classic Treatment, the subsequent lymph stimulation with fine brushes unblocks, purifies and strengthens your immune system. The Classic Treatment works to leave you feeling cleansed and filled with a sense of happiness, lightness and inner balance.

Duration
120 minutes*

Luxury Treatment

Why not take things even further? Enjoy the Classic Treatment plus the added bonus of a gentle massage to relax your neck and back muscles – for a long-lasting sense of wellbeing.

Duration
135 minutes*

Firming Treatment

Complement the Classic Treatment with smoothing, firming care for the eye and neck areas.

Duration
135 minutes*

*Recommended treatment duration



Revitalising Treatment

Sometimes your skin feels as tired as you do, for example in transitional periods such as when the seasons change. At times like these, the Revitalising Treatment is the perfect remedy: a footbath helps you relax and unwind, Clarifying Clay Mask allows your skin to breathe and the brush-based lymph stimulation unblocks and purifies. The subsequent Rhythmic Conditioner, Face Mask and décolleté massage round off the treatment by pampering your skin.

Duration
90 minutes*

Relaxation Treatment

Forget the stresses of everyday life as you enjoy pure relaxation with a rhythmic arm and leg massage, brush-based lymph stimulation and a décolleté massage.

Duration
90 minutes*

Treatment 'One Hour for Myself'

This customised facial treatment is tailored to your specific needs with high-performing skin care products.

Duration
60 minutes*



Holistic Body Treatment

A treat for the entire body. Rhythmic massage strokes stimulate the lymph flow and promote regeneration. Make this a conscious experience filled with vitality. Rediscover yourself with this treatment and feel great from your head to your toes.

Duration
90 minutes*

*Recommended treatment duration

Restorative Oil Treatment for the Body

Who doesn't want their skin to feel like velvet and silk? This treatment uses heated oil to pamper the body and soul. A relaxing and intensively nourishing treat for the entire body.

Duration
45 minutes*

Holistic Back Treatment

Our backs are often extremely tense. This treatment uses rhythmic massage strokes to release the tension with deep-acting effect. It also includes the head, arms and hands.

Duration
30 minutes*



Back Cleansing Treatment

During this treatment, the skin on your back receives precisely the attention it needs. Deep cleansing and targeted care leave your back so revived and soft you will want to show it off.

Duration
45 minutes*

Strengthening Body Treatment for the Legs

A range of pleasant and effective massage strokes help to detoxify the leg tissue and improve its circulation. The lymph flow is stimulated and the skin tissue is visibly toned.

Duration
60 minutes*

Hand and Foot Treatment

The perfect solution for reviving and rewarding tired and stressed hands and feet; relaxation and care in one. A hand and/or foot bath and careful nail care are followed by a regenerative massage and a nourishing mask.

Duration
40 minutes each*



Cleansing Treatment

An intensive deep cleansing treatment for a radiant complexion. Clarifying Steam Bath opens your pores, Clarifying Clay Mask cleanses and refines your skin and the brush-based lymph stimulation unblocks and detoxifies.

Duration
60 minutes*

*Recommended treatment duration

Clarifying Treatment

An intensive treatment that effectively cleanses and clears the skin with Clarifying Steam Bath and Clarifying Clay Mask. A Rhythmic Conditioner and Mask tailored to your skin are wonderfully soothing while a décolleté massage stimulates the lymph flow. Recommended in a 14-day cycle until the skin has returned to its natural balance.

Duration
60 minutes*

Reviving Treatment for the Eyes

This relaxing and refreshing treatment focused on the eye area is the perfect way to revive tired eyes.

Duration
15 minutes*



Many of our estheticians also offer personalised make-up application – with products from the Dr. Hauschka Make-up range.

To find the addresses of Dr. Hauschka estheticians,
please visit: www.dr.hauschka.com

The foundations of Dr. Hauschka Skin Care – WALA Medicines

WALA Heilmittel GmbH has been tapping into the powers of nature since 1935. In the early days of its history, it was considered pioneering in a society that was barely even aware of natural products. Speedy technical solutions seemed to have taken a business precedence.

But this did not apply everywhere. It was primarily anthroposophical doctors who enthusiastically adopted Rudolf Hauschka's procedure of manufacturing natural medicines without using alcohol as a preservative. Even today, all WALA Medicines for oral use are still alcohol free – an important factor when treating pregnant women and infants.

With the aid of the rhythmic manufacturing procedure, the WALA employees created aqueous plant extracts known as mother tinctures. These form the basis for WALA medicines. Combined with other natural substances, they are used to create effective medicine compositions. To optimally obtain the inner strengths, quality and effect of the medicinal plants we trust in manual work during the harvest and key processing steps. The plants used mainly come from the company's own biodynamically farmed medicinal plant garden where some 150 different cultures are grown. We obtain all other plant raw substances from controlled organic or biodynamic cultivation as well as from controlled wild collections.

Medicines that meet human needs

When treating an illness, anthroposophic medicine does not only ask about the symptoms but rather about the cause. In doing so, it observes people as a whole and their life circumstances. This holistic approach complements the concepts of conventional medicine to the benefit of patients. By stimulating people's natural healing abilities, our anthroposophic medicines help to restore their vital balance and enable sustainable healing.

Today, there are approximately 900 different WALA medicines to treat both acute and chronic illnesses – often through self-medication. The extent of this range and the many different dosage forms allow targeted and customised treatment. The medicines are well tolerated, have comparatively few side effects and are therefore also suitable for older people and children.

Furthermore, as WALA is organised as a foundation, all profits can go towards preserving the medicines, safeguarding the company's future and supporting ecological and social projects.

Complementary skin care

For many years, Rudolf Hauschka considered launching his own skin care range to complement the medicines range – a kind of extension of the preparations to maintain healthy skin. After teaming up with Viennese cosmetologist Elisabeth Sigmund, the first Dr. Hauschka products were launched on the market in 1967.



**We bring you the
healing powers of nature.**

www.walaarzneimittel.de

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www.dr.hauschka-med.de/english

Dr. Hauschka Skin Care products are available from authorised retailers, including natural food stores, natural beauty shops, department stores, pharmacies and Dr. Hauschka Estheticians.

The **addresses** of our over 30 international distribution partners can be found online at www.dr.hauschka.com.

The declarations on the products shall apply.

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